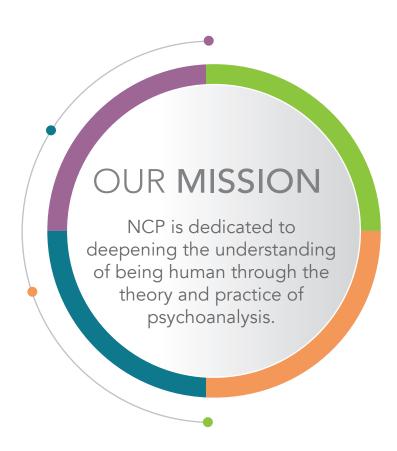


2021 ANNUAL REPORT

June 3, 2021

OUR VISION

Emotional health transforming lives and creating communities where everyone can belong, grow, and thrive.





EDUCATION, TRAINING & RESEARCH

Provide in-depth training and continuing education to psychoanalysts, mental health professionals, and academics.

Develop open, creative, and flexible training programs for the next generation.

Provide lifelong psychoanalytic learning integrating transdisciplinary findings.

Commit to excellence through research and scholarly writings to further psychoanalytic knowledge and practice.

COLLABORATION & SERVICE

Partner with others nationally and internationally to apply psychoanalytic concepts to individuals and society.

Expand the accessibility of affordable psychoanalytically oriented services and support individuals and organizations who provide low fee direct services in the community.

Offer flexible programming to bring psychoanalytic perspectives to the community.

ADVOCACY

Promote a greater awareness of mental health in under-resourced populations.

Develop and support programs that increase access to mental health services.

Examine our role in perpetuating injustice, racism, and unconscious bias.

INCLUSION

Respect a multiplicity of ideas, experiences, and worldviews.

Commit to an inclusive culture where diversity is valued.

Cultivate an open and informed leadership and membership.

BOARD OF DIRECTORS

NEW CENTER FOR PSYCHOANALYSIS ANNUAL REPORT: June 2021

President

Paulene Popek, PhD

Past President

Myra Pomerantz, PhD

Secretary

Gabrielle Taylor, PhD

Treasurer

David Thomsen, MBA

Dean

Jill Model Barth, PhD

Psychotherapy Division Director Lucia Melito, PhD

Child Analytic Committee Chair Susan Donner, MD

Membership Services Director Sandra Landen, PhD

Diversities and Sociocultural Issues Committee Chairs

Michele Gomes, PsyD Joseph Verrone, LCSW

Program Committee Chairs Michael Gales, MD Heather Silverman, MD

PRESIDENT'S REPORT

It has been quite a year. As I look back over the last year, it was hard and scary. As we drift back into something that looks more like what life used to look like, I'm amazed at how well we all did. Thanks to getting Zoom up and running, we kept classes, committees, and meetings going as if nothing had happened (well, sort of). Expenses went down and the market went up, leaving us financially balanced for the first time in years. Programs with a mix of national and international speakers were a big hit, bringing crowds well over 100 (thanks to the Program/Extension Committee). We got good at Zoom (thanks to Ebony). We will continue to benefit from Zoom by allowing students from outside our geographic area to attend classes and inviting international scholars to participate in programs.

Your board members were hard at work in each of their departments in communicating with their students and candidates about changes. I was incredibly proud of them all for their participation in our monthly meetings to problem-solve and keep everything going. We owe a great deal to Cecilia, Cheryl, Tina, and Ebony for their support in keeping our systems afloat. Ebony enabled us to get in and out of Zoom meetings, helping us feel we really conquered it. Tina was Cecilia's right-hand woman who organized procedures, payments, calendar, and policy. Cheryl worked with Jill to pull together the manual and get us through the ACPEinc site visit. And, of course, Cecilia helped me tackle the issues that came up regarding finances, the remodel, and everything else that required attention. I could not have done any of this without the Board and staff behind me. I am so thankful for this incredible team.

NCP is a volunteer organization. We all pitch in to keep our organization going. We are grateful for the efforts of those members who have developed and run programs and projects relevant to supporting psychoanalysis. We especially want to thank the Archive Committee (Co-Chairs Esther Dreifuss-Kattan and David James Fisher), the Research Committee (Co-Chairs Morris Eagle and Linda Goodman), the Child Program (Susan Donner), and the Film & Mind Series (Thomas Brod and Apurva Shah). I also want to acknowledge the Directors of our training programs (Jill Model Barth, Susan Donner, Lucia Melito, and Katharine Gould), their committees, and the many instructors we have who also volunteer to teach in our training programs. Our faculty continues to provide the foundation of our mission. If they are the foundation, the committee chairs are the glue that carry the responsibility of keeping our educational programs intact. And, of course, the cherry on top is our candidates and students.

The work of the Committee on Diversities and Sociocultural Issues has been a welcome addition to NCP. They have been invaluable advisors to faculty and to the Strategic Planning Committee, as well as sponsoring very successful diversity programs. The Strategic Planning Committee worked for two years on a vision and mission, and finally got it done in December 2019. A wonderful group of volunteers who dedicated their time to stay with this task until completed. Our new vision and mission statements, which you are seeing in this report, will guide us forward for the next few years.

Extension Committee Chairs
Elena Balashova-Shamis, PsyD
Luis Nagy, PhD

Senior At-Large Member Kenneth House, MD Julie Tepper, PhD

Junior At-Large Member

Agnes Regeczkey, LMFT, PhD

CAO President

Aimee Martinez, PsyD

Executive Councilor Jeffrey Prager, PhD So, what is ahead? Sometime in September we will enter a newly remodeled building that I do believe will be one more step toward NCP as a *Center* for psychoanalytic studies. The Board will soon select a search committee to begin our job of looking for a new Executive Director. There is no doubt that Cecilia's retirement next year will be difficult for all of us. We will continue to push toward more cohesion between different parts of the organization and look at exploring new training modules. This coming year will be busy, but with our current Board, staff, program leaders, and committee chairs, I feel very positive about what we will be able to accomplish over the next year and I look forward to writing my annual report in 2022. Stay tuned.

Paulene Popek, PhD President

TREASURER'S REPORT

We have a lot to be thankful for financially this year. However, here are some challenges we faced that had an impact on our finances:

- (1) COVID-19. During this multi-year pandemic, we had to learn to offer classes and programs utilizing technology and distant learning as well as administer and operate the organization remotely. This continues to put a strain on our human resources and operating efficiencies. I think last year was a shock and steep learning curve but this year the staff did a great job fine tuning the organization to operate better in a remote environment. The evidence is profitable Zoom programming which boosted the bottom line while trimming costs.
- (2) Turnover. About a year ago our CPA retired, and our part-time bookkeeper left shortly thereafter. There has been a steeper learning curve from our new accounting team. We have also undergone some changes in the way we report and utilize our assets to assist the operations more effectively. This process has been more time consuming than we originally anticipated but we are making progress.
- (3) Repairs, maintenance, and remodeling. It is no secret that our Sawtelle headquarters, which opened in 1976, is aging. The Board approved a budget to modernize and renovate the building and its operations. We feel this investment today will pay dividends in the future.

Along with this year's unique challenges, NCP broke even with the assistance and reliance of our assets. Our annual operating deficit is on pace to be approximately \$350,000. This deficit is a bit smaller than past years because Cecilia and her staff did a great job trimming costs during this unpredictable COVID environment. To correct this deficit and have long term sustainability, NCP <u>MUST</u> focus on attracting more students and more members.

NCP has a strong balance sheet. NCP's net worth increased moderately from last year to approximately \$28 million. As of 2019 the Sawtelle building is valued at \$12 million (suggested by an unsolicited offer), as of the date of this

EDUCATION COMMITTEE

President

Paulene Popek, PhD (ex officio)

Dean

Jill Model Barth, PhD

Past Dean

Doryann Lebe, MD

Admissions Committee

Sidonie Freeman, PsyD

Child Analytic Committee

Susan Donner, MD

Psychotherapy Division

Lucia Melito, PhD (ex officio)

Curriculum

Van Dyke DeGolia, MD

Thesis Committee

Agnes Regeczkey, LMFT, PhD

Progression Committee

Martha Slagerman, PhD

Lynn Kuttnauer

Faculty Committee

Janet K. Smith, PhD

report our stock and bond portfolios are valued at \$9 million, the La Habra, CA apartments at \$6 million and our limited partnership interests in three other apartment complexes at \$800,000. This amount of assets is quite rare for a 260 member (all categories) professional organization.

NCP was able to award \$22,550 in scholarships this year. I'd like to acknowledge the generosity of our members, who during this challenging and uncertain year collectively donated \$73,345 to NCP's various scholarship funds, the Child Clinic Fund, and our Endowment Fund. I also want to give tribute to NCP's major benefactors. They have given over \$100,000 and several have donated over \$1 million. We are indebted to Sue and John Peck, David Coffey, Greta Friend, Arnold Gilberg (he fundraised \$400,000 for Southern Cal), Marylou Walker, Audrey Ostrowsky, Charles See, Beulah and Vic Monke and Peggy Mahon.

As always, I am grateful to our full-time staff: Cheryl, Tina, Ebony and Cecilia. Thank you.

David J. Thomsen, MBA Treasurer

SECRETARY'S REPORT

The team really came together and rose to the occasion of operating remotely, with Zoom, phone calls, and chat operations running smoothly. We did this without skipping a beat, not missing a class. This was a challenge, but we've come closer to our goal of becoming paperless around our processes as a result.

Cheryl was instrumental in working with the Dean for the ACPEinc site visit. The Institute intern, Chris, continued to support her efforts as well as the team. Tina has been creating systems for organizing information and record-keeping, as seen in the membership records and donation reports. She continues to support Cecilia in using online services as we transition-in the new accounting team, helping to bring the organization out of a paper-oriented world. Ebony kept everything together, calmly and proficiently making sure the programs went off without a hitch, opening NCP up to a national and international audience. Stephanie seamlessly organized NCP communications via email messaging, social media, and NCP newsletters, while Vladimir made significant contributions to our archive project.

With the staff, we are continuing to refine policies and create easily managed systems in preparation for a new Executive Director within a year as Cecilia transitions into retirement. The Board has begun the vital discussions about the timeline for the coming year and identifying the role we want our new ED to hold.

At-Large Faculty Representatives Senior

Heather Silverman, MD

At-Large Faculty Representatives Junior

Elena Balashova-Shamis, PsyD

Gerard Sobnosky, LMFT

Clinical Associates Organization

Aimee Martinez, PsyD

Institute Analysis Conference Committee

Julie Tepper, PsyD, MFT (ex officio)

TA/TS Committee

Lynn Kuttnauer, PhD

Diversities and Sociocultural Issues

Joseph Verrone, LCSW

Research Committee

Linda Goodman, PhD

Research Training Committee

Jeffrey Prager, PhD

Strategic Planning Rep

Dahlia Nissan Russ, PsyD

While we are not changing the footprint of the Sawtelle building, the systems will be much improved (HVAC, ventilation, technology for presenting programs). The whole center is getting a fresh look: chairs and carpet in a different hue, a facelift for the kitchen, and a walk-up registration kiosk. Outside, our NCP community will enjoy a new kitchen patio and have improved accessibility with a new ramp from the parking area. These updates will allow us to use the building more fully.

We would like to welcome Christine, the newest member of the staff, and thank her for cheerfully jumping in and eagerly lending her support despite the challenges of beginning her new position at NCP remotely.

Thanks to all the staff for keeping everything going while NCP transitioned into a virtual world.

Respectfully submitted, Gabrielle Taylor, PhD Secretary

DEAN'S REPORT

The Education Committee (EC) is a 17-member committee comprised of the Chairs of each Committee, which manages both the Adult and the Child & Adolescent Psychoanalytic Training Programs, and usually meets the first Thursday of each month. Beginning July 1, 2020, the EC has met monthly except for February, when a sub-committee met to prepare for the upcoming ACPEinc site-visit.

This past year the NCP Psychoanalytic Training Programs have been faced with a pandemic which altered the course of the programs. Beginning in March, all classes were held on Zoom and we moved quickly to establish a distance-learning program. Our amazing administrative team consisting of Cheryl, Cecilia, Tina, Ebony, Chris, and Stephanie pitched in and tirelessly worked to support our students and faculty. A combined second- and third-year class of seven students, two students in the fourth year, 10 post-seminar Clinical Associates, and eight active Child Clinical Associates forged ahead under extraordinary circumstances. In 2020, six Clinical Associates graduated from the Adult Psychoanalytic Training Program. This year, we will welcome the first graduate of the Child program in recent years! We look forward to additional graduates in June.

I wish to express my gratitude to all of the Committee Chairs who have contributed tirelessly to the NCP community. This year, Martha Slagerman (Co-Chair, Progression), Doryann Lebe (past Co-Dean), Gerard Sobnosky and Elena Balashova-Shamis (Junior Faculty Representatives) will be stepping down. They have each contributed so much to the Psychoanalytic Training Programs and they will be sorely missed.

As the NCP by-laws state, the Dean appoints Institute Committee Chairs, the CAO President is voted on by the Clinical Associates, and the Junior and Senior Faculty Members at-Large are voted on by the Faculty.

NEW MEMBERS

FULL

Claudia Feldman, PhD

Sidonie Freeman, PsyD

Sandra Landen, Phd

Kristen Melnyk, MD

Joseph Verrone, LCSW

ASSOCIATE

June Fujii, MD

Richard Mack, MD

AFFILIATE

Biljana Bujko, PhD

Carolyn Carlson, LMFT

Yung Lee Goldson, LMFT

Alison Greiner, LMFT

Teresa O'Rourke-Shapiro, MA, ET/P

Marya Samuelson, LPCC

Gaetano Scognamillo, LCSW

Colette Thomas, LCSW

CORRESPONDING

Jane Hall, LCSW, FIPA

STUDENT

Sarah Seeman

New Committees, Committee Chairs and Acknowledgements

There have been several changes and additions to the EC and to the Committees themselves. This work and transition took place over July and August. I will leave the details to our Committee Chair Reports, but I would like to note some of the key changes here, and formally say thank you to everyone.

Admissions Committee - After four years of holding the position, Sidonie Freeman took on the often-challenging role of Chair of the Admissions Committee when I became Dean. Sidonie expanded this committee and recently formed a Sub-Committee for International Students, chaired by Jeff Prager.

Curriculum Committee - Dahlia Nissan Russ has had the role of Curriculum Chair for 10 years; and was Co-Chair with Julie Tepper for five of those years. Dahlia stepped down as Chair, and Van DeGolia has stepped into that position.

Faculty Committee – the Faculty Committee and the Faculty Development Committee Chairs have been needed for some time. It was decided that one Committee could do the combined work of the two groups and Janet K. Smith accepted the position of Chair of that Committee. She has worked with Heather Silverman, Senior Faculty Representative, and Gerard Sobnosky and Elena Balashova-Shamis, Junior Faculty Representatives.

Progression Chair – Lynn Kuttnauer assumed the role of Co-Chair of the Progression Committee with Martha Slagerman this year, and after many years of leadership service on the Progression Committee, Martha will step down as Co-Chair.

Clinical Associate's Research and Writing Committee is chaired by Agnes Regeczkey. Her background in assisting Reiss-Davis in their recent and successful WASC accreditation efforts will provide the necessary background to assist our candidates in their writing and stimulate interest in psychoanalytic research.

The Former Dean seat on the Education Committee is an approved new position to help ensure smoother transitions. Doryann Lebe has served on the EC for one year in this position.

Strategic Planning Representative – With the robust work of the Strategic Planning Committee, it was felt that a longtime member of the EC should also be on the Strategic Planning Committee to improve communications between that group and the EC. Dahlia Nissan Russ is the liaison on the Education Committee.

Recruitment Committee - Not yet a formal committee of the EC, this committee co-chaired by Michele Gomes and Claudia Feldman was formerly part of the Admissions Committee as a sub-committee. Outreach,

GRADUATES

2020-2021 Graduates of the Psychoanalytic Training programs will be announced at the Annual Meeting

Psychoanalytic Psychotherapy
ADULT PROGRAM 2020-2021
Michael Cheng, MD
Carol Eisen, MD
Gregory Gabrellas, MD, MA
Cynthia Lucas, LCSW
Sheela Masifi, MD

CHILD & ADOLESCENT PROGRAM 2020-2021

Delmira Martinez, LCSW

Elaine Nabel, PsyD

Ashley Pirozzi, MD

Kathryn Weaver, MD

CURRENT TRAINEES

CLINICAL ASSOCIATES

Natalia Boucher, LMFT

Frederick Edo, PsyD, LMFT

Jennifer Flores, MS, MEd, LMFT

Aimee Martinez, PsyD

Tina Nguyen, MD

Jill Smith, MD

Ping (Steven) Sun, PhD

Travis Tanner, PhD, CSW

recruitment, and coordination of the Annual Open House have been some of the duties of this committee.

Clinical Associates Organization President – This year we welcomed Aimee Martinez to the EC. Aimee's energy is infectious. She developed a coffee hour, has held monthly meetings with the Clinical Associates, and has managed to create a cohesive environment amongst the Clinical Associates.

Standing Committees – In addition to the new Committee Chairs, I want to thank all of the Education Committee Chairs, including Susan Donner, Director of the Child & Adolescent Psychoanalytic Training Program; Julie Tepper, IAC; Co-Chairs Joe Verrone and Michele Gomes, Diversities Committee; Co-Chairs Linda Goodman and Morris Eagle, Research Committee; Jeff Prager, Chair, Research Training Committee; Lynn Kuttnauer, Chair, Training & Supervising Analyst Committee; and Clinic Director Lucia Melito.

I want to thank all of the NCP Committee Chairs and their Committee Members for their volunteer work they generously donated to the Adult and Child Training programs. There are so many programs that contributed to our minds and souls this year, I wish I could recognize them all.

Policies and Procedures

Seminar Requirements and Resources – The year started with the creation of a document aimed to guide our active faculty detailing current and new procedures, some because of our need to teach over Zoom. This document and other resource information was sent to the Faculty with the Training Schedule.

Graduation Requirements – The graduation requirements were reviewed, revised, and approved by the Education Committee in 2020 and then distributed in September to faculty and Clinical Associates.

Clinical Associates Manual – The Clinical Associates Manual has been a work in progress over many months and replaces the CA manual from 2016. Each Committee Chair had input into the manual. It has been revised, organized in the standard timeline of one's training experience, and includes an extensive addendum of the Adult Clinic Manual, as well as a copy of all the forms we use and are approved to date. This draft form was distributed in January and will undergo edits in June, in preparation for distribution in September.

Training Analyst and Training Supervisor Procedures (TA/TS) – The procedures for becoming a TA/SA were updated to include a new category: Associate Supervising Analyst. During the ACPEinc site visit, we were informed that ACPEinc policy conflicts with one of the two major changes. Accordingly, ACPEinc. will only accept Certification in Psychoanalysis through an independent accrediting board, such as the American Board of

Mara Thorsen, PhD
Luis Vallejo, MD
Christopher Walling, PsyD

POST SEMINAR
Thomas Cook, PhD
Leon Kaplan, JD
Deborah Lynn, MD
Arsalan Malik, MD, PhD
Joshua Richmond, MPW
Laurence Rose, MFT
Shahin Sahki, MD, PhD
Gerard Sobnosky, LMFT

PRE-MATRICULATED

Jack Brennan, LMFT

Kai Ogimoto, PhD

Steven Razo, PsyD

Sophie Wasson, PsyD

ADULT PP - 1st YEAR STUDENTS

Philip Blumenshine, MD

Charles Eckhard, PhD

Tamer Matter, PsyD

Alison Picard, MA

Joshua Poole, MD

John Poston, PhD

Kevin Simonson, MD

Sarah Oreck, MD

CHILD & ADOLESCENT PP - 1st YEAR STUDENTS

Nan Alvarez-Gray, PsyD

Psychoanalysis and will not accept our current option of the Local External Examination process. Given that, we have revised our pathway to certification and TA/SA appointment to reflect just one means of becoming certified.

Faculty Manual – Our Faculty Manual had not been updated since 2015. Faculty Committee members updated a DRAFT of the manual, including reducing the previous eight designated categories of faculty to three categories: Teaching, Senior, and Guest Faculty. A revised Teaching Application for both Faculty and Senior Faculty streamlined and formalized the process, making it more personal and inclusive to new graduates. This manual is being reviewed and slated to be voted on this summer.

International Students – The pandemic posed many challenges, yet it was an opportunity to invite international students to consider psychoanalytic training at NCP. Online training for International Students was researched and considered. The Dean and Jeff Seitleman had several month-long discussions with psychoanalytic institutes around the country that accepted students from China with successful outcomes. The EC voted to explore admitting international students.

During the recent ACPEinc site visit, we learned that they have considerations which must be addressed prior to approving us to offer training 100% on Zoom. We will know more in the coming weeks about their assessment. In the meantime, the Admissions Committee is forming an International Subcommittee which will investigate any needed policies and procedures for international students, as well as potential needs of both students and our faculty, to ensure optimal success.

Plans for blended (on-site and distance) learning will be discussed in the future.

ACPEinc Site Visit Overview & Update

ACPEinc has completed their site-visit after three weeks of observing our Adult Psychoanalytic Training Program's classes, supervision sessions, five of our seven committee meetings, an IAC, an administration review, and two case presentations from recent graduates. The ACPEinc Site Visitors also attended a Diversity Committee meeting, an NCP Board meeting, and even a Clinical Moments meeting.

A follow up meeting was held on Sunday, May 16, with the Dean and active Institute members to review their findings. A site-visit of the Child & Adolescent program was deferred until ACPEinc can secure a Child Analyst to participate.

Following a positive review, we anticipate provisional approval for two years; this was a new stipulation put in place by their board due to their inability to conduct on-site/in-person visits during the pandemic.

Programs

The Diversities Conference held on September 10-13, 2020 was a big success.

Gregory Barnett, MD

Corinna Klein, LCSW

"Otherness as a Psychoanalytic Subject: Race, Culture, Class and Difference in the Psychoanalytic Encounter" with Anton Hart and Beverly Stoute as the keynote speakers, was timely and received international attention. With over 400 participants world-wide, Ofra Eshel presented her work, including her paper, "The Vanished Last Scream: Winnicott and Bion." Thanks to Dahlia Nissan Russ for putting this program together.

VOLUNTEERS

Again, a warm thank you to all the faculty who have provided excellent teaching and mentoring to our Clinical Associates.

COMMITTEES

A huge thanks to Cheryl Difatta for being my right-hand on all of the dayto-day management of our Training Program, especially during the ACPEinc. site visit. Your input has been invaluable.

Jill Model Barth, PhD

Child and Adolescent Psychotherapy Committee Dean

Katharine Gould, LCSW, Chair

CHILD ANALYTIC COMMITTEE REPORT

Bart Blinder, MD, PhD

Child Faculty: Silvia Bell, Bart Blinder, Van Dyke DeGolia, Ethan Grumbach, Susan Donner, Ben Kohn, Stan Leiken

Sandra Landen, PhD

Active Geographic Child Supervising Analysts: Silvia Bell, Alexandra

Deborah Lynn, MD

Harrison, Rex McGehee, Charles Parks

Anita Saunders, PhD

Child Clinical Associates: Natalia Boucher, Tom Cook, Eli Diamond (LOA), Freddy Edo, Agnes Regeczkey, Elahe Sagart, Mara Thorsen, Joe Verrone, Andrea Weiss

Child Analytic Committee

Susan L. Donner, MD, Chair

Child Analytic Program

Education

Lucia Melito, PhD, Administrator

Clinic Committee

1) Active child analytic cases:

Thorsen (1)-Stan Leiken supervising

Regeczkey (3)- Stan Leiken, Charles Parks and Alexandra

Harrison supervising

Sagart (1)-Silvia Bell supervising

Verrone (2)-Silvia Bell and Susan Donner supervising

Boucher (1)-Van DeGolia supervising

Edo (1)-Pre-IAC, Rex McGehee

Three of these cases are in the 0-21 NCP Clinic

Sidonie Freeman, PsyD, Co-Chair

Clinical Moments Committee

Janet K. Smith, PhD, Co-Chair

Jill Model Barth, PhD

Michele Gomes, PsyD

Lynn Kuttnauer, PhD (Consultant)

- 2) Continuous Child Case Conference 2x/month by Zoom with 2 faculty (Bell, Donner) and 8 child clinical associates (Boucher, Cook, Edo, Regeczkey, Sagart, Thorsen, Verrone, Weiss) attending
- 3) Child Group Didactics this year Theme: The Other and Otherness (Racism and Childism) Zoom teaching during COVID-19 pandemic restrictions. Includes UCLA child psychiatry fellow Manal Khan, who is the

Conference Committee - Stoller Lecture

Dahlia Nissan Russ, LCSW, Chair & Coordinator

Meiram Bendat, JD, PhD, MFT

David James Fisher, PhD

Peter Loewenberg, PhD

Rina Freedman, PsyD

Curriculum Committee

Van DeGolia, MD, Chair

Jill Model Barth, PhD

Claudia Feldman, PhD

Lynn Kuttnauer, PhD

Melvin Lansky, MD

Dahlia Nissan Russ, LCSW

Martha Slagerman, PsyD, PhD

Janet K. Smith, PhD

Travis Tanner, PhD, CSW

Julie Tepper, PsyD, MFT

Mara Thorsen, PhD

Sheryl White-Chase, PhD

Committee on Diversities & Sociocultural Issues

Michele Gomes, PsyD, Co-Chair

Joseph Verrone, LCSW, Co-Chair

Rachel Bartur, LCSW

Elizabeth Diamond, PhD

- first fellow to participate in the new UCLA "Area of Distinction Psychotherapy track: Psychoanalytic Interventions."
- 4) Western Regional Child and Adolescent Psychoanalytic Consortium (On Zoom, sponsored by Rex McGehee of the Denver Psychoanalytic Institute) five NCP child clinical associates (Edo, Regeczkey, Sagart, Thorsen, Verrone) participating
- 5) Expert Child Analyst Weekend Spring 2022 (ongoing collaboration with Program Committee and Extension Committee on child-focused programming)
- 6) Budget for 2022 ACP and IPA online conferences
- 7) Work with Christine Anzieu-Premmeneur (APsaA DPE Child and IPA Infant Psychoanalysis committees) to develop protocol for infant psychoanalytic training cases
- 8) Continuing Plan for Development of low-fee Child Clinic: assessment of volunteer capacities and scope of services, screening protocol, formation of advisory board, expansion of community outreach to schools/other organization for referrals, development of research protocols, fundraiser to be planned 2021-2022

Administration

- 1) 2021-22 Budget proposal submitted to NCP Board of Directors
- 2) Completion of Child and Adolescent Analytic Program Policies and Procedures Manual

Community Outreach

- Ongoing supervision and teaching of Child Psychiatry Fellows at UCLA (DeGolia, Donner, Leiken, Lynn), UC Irvine (Blinder), USC (Gould, Saunders, Regeczkey)
- 2) Donation of Gilmore/Meersand Book on Development to Child Psychiatry Fellows at UCLA, UCLA-Harbor, UC Irvine, USC child and adolescent psychiatry fellowship programs
- 3) School Consultation and Speakers' Panel (e.g., Maple Center, Reiss-Davis, Magic Years Preschool, Stephen S. Wise Temple, Leo Baeck Temple, Association for Child Development Specialists, etc.)
- 4) Outreach to other child-focused mental health organizations
 Blinder-American Psychiatric Association
 Donner-Mentor in AACAP-Psychodynamic Faculty Training and
 Mentorship Initiative program
 Leiken-Chair of Rieger Foundation
 Regeczkey-USCfaculty/ Reiss-Davis Graduate Program
 Saunders-councilor of Association for Child Psychoanalysis
- 5) Continue building towards an NCP 0-25 Consortium (Thrive, CRC, child clinic, etc.)

Fredrick Edo, PsyD, LMFT

Ethan Grumbach, PhD, LCSW

Chiaku Hanson, MSW

Kristen Melnyk, MD

Justin Shubert, PsyD, PhD

Brian Stachowiak, MA, AMFT

Julie Tepper, PsyD, MFT

Mara Thorsen, PhD

Ethics Committee

Meiram Bendat, JD, PhD, MFT, Chair

Robin D'Arvin Frasier, MD

Barbara Friedman Sax, MD

Elyn Saks, JD, PhD, LLD, Hon

David Sones, MD

Fredelle Spiegel, PhD

Louis Weisberg, MD

Richard Weiss, PhD

Extension Committee

Elena Balashova-Shamis, PsyD, Co-Chair

Luis Nagy, PhD, Co-Chair

Thomas Brod, MD, Film & Mind Program Coordinator

Apurva Shah, MD, Film & Mind Program Coordinator

Respectfully submitted,

Susan L. Donner, M.D.

Chair, Child and Adolescent Psychoanalytic Training Program Director, NCP 0-21 Psychoanalytic Clinic

ADULT PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM

Greetings All, From Cyberspace!

The good news: the APP had great Internet connection all year! The bad news: it's lonely out in space :(

It's been an exhausting year with way too many emails, Zoom meetings and communication mix-ups. Humor and understanding saved the day. Some things worked, some didn't. We learned a lot and our minds opened to possibilities never dreamed of before.

EDUCATION

FIRST-YEAR CLASS:

- Zoom worked well
- First fully remote and distance learning class 7 total 5 distant, 2 local; will remain remote next year (2021-2022)
- 8th member, Sarah Oreck, MD, withdrew due to pregnancy
- An impressive cohort formed through interactive course instruction, using WhatsApp between classes, and mentor relationships

SECOND-YEAR CLASS:

- Strong cohort of 5, previous in-person classes
- easy Zoom transition
- 6th member, Evan Perlo, AMFT, withdrew due to COVID

ADAPTIVE BENEFITS:

- Better attendance via Zoom, more comfortable and relaxed for evening classes at the end of workday
- Students and Faculty less fatigue, more energy not having to commute and deal with traffic
- Cohesion built through combining the 2 classes for social gatherings focused on fun and getting to know each other
- Director held monthly Zoom office hours for both classes to drop by, ask questions, socialize

PLAN FOR INCOMING CLASS 2021-22:

 Will remain remote for this year with 1-2 gatherings at NCP to meet and build cohesion

<u>APsaA MEETINGS</u> – Some students attended the virtual winter meetings thanks to generous stipends by NCP. They were impressed!

SCHOLARSHIPS - Great! Some money was given to all who applied.

Faculty Committee

Janet K. Smith, PhD, Chair

Elena Balashova-Shamis, PsyD

Heather Silverman, MD

Gerard Sobnosky, LMFT

Institute Admissions Committee

Sidonie Freeman, PsyD, Chair

Jill Model Barth, PhD

Nanette Karapetian, PsyD, LCSW

Lynn Kuttnauer, PhD

Jeffrey Prager, PhD

Scott Tommey, PhD

Richard Weiss, PhD

Membership Committee

Sandra Landen, PhD, Chair

Outreach & Recruitment Committee

Claudia Feldman, PhD, Co-Chair

Michelle Gomes, PsyD, Co-Chair

Natalia Boucher, LMFT

Nitzan Keynan, LMFT

Aimee Martinez, PsyD

Elaine Nabel, PsyD

Brian Stachowiak, MA, AMFT

<u>FACULTY</u> - Excellent - adapted to Zoom - loved the convenience, missed the in-person dynamics - stellar evaluations

- More members were available to teach because of remote format
- Able to include new instructors who lived further afield because of Zoom format
- Evening classes were easy to fill because of lack of commuting

Lessons learned:

- Co-teaching was problematic with Zoom format—it can get confusing
- Zoom teaching must be dynamic and interactive all-lecture format can be dull
- Instructors must learn the Zoom format Share Screen, Chat Box, Mute, Speaker view, etc.

<u>DIVERSITY/INCLUSIVITY/SENSITIVITY</u> – Mindful focus in all readings, discussions, and interactions

- Faculty need to re-read papers for racist language, out-of-date ideas, insensitivities and inform students in class
- Faculty sensitivity to content of videos and case examples

<u>CURRICULUM</u> – Improving and restructuring to reflect the mission goals of inclusivity, diversity, sensitivity, and fairness

- New 5-week Diversity course taught by BIPOC instructor
- Bruce Gainsley was able to teach remotely the History of Psychoanalytic Psychotherapy
- Shirah Vollmer taught an ad hoc 5-week Sunday evening Freud class for the 1st year class due to high demand
- One-week session on Zoom etiquette and one week on the Myths of Psychoanalysis – ice breaker sessions
- Eight new instructors added

<u>APP COMMITTEE</u> – Awesome, cohesive, working group – Zoom worked well

- Monthly meeting attendance improved and will probably continue to meet mostly virtually
- Members teach, mentor, work together on policy, admissions, curriculum, faculty, recruitment, problem solving
- Retired: Bruce Gainsley and Marvin Osman from teaching and committee. Thank you for developing and building the APP!!!

BUDGET - Zero dollars spent from June 2020 - April 2021.

COMMUNITY OUTREACH

OPEN HOUSE:

- 13 attendees for the APP, 6 were appropriate. Needs improvement MAPLE CENTER:
 - April 2020 Director presented 90-minute workshop to 40 interns on "What is Psychoanalytic Psychotherapy?"

Program Committee

Michael Gales, MD, Co-Chair

Heather Silverman, MD, Co-Chair

Elena Balashova-Shamis, PsyD

Thomas Brod, MD

Rina Freedman, LCSW

Jennifer Langham, PhD

Luis Nagy, PhD

Sule Ozler, PsyD, PhD

Paulene Popek, PhD

Joshua Richmond, MPW

Progression Committee

Lynn Kuttnauer, PhD, Co-Chair

Martha Slagerman, PsyD, PhD, Co-Chair

Jill Model Barth, PhD

Elena Bezzubova, PhD

Susan Cofsky, PsyD

Nanette Karapetian, PsyD, LCSW

Margaret Rubin, PhD

Jane L. Rubin-Gerstein, PsyD, LCSW

Julie Tepper, PsyD, MFT

Psychotherapy Committee

Lucia Melito, PhD, Director

UCLA:

• April 2020 - Director presented workshop to residents on "Recognizing and Treating Male Depression"

<u>GRADUATION</u> - Outdoor luncheon at Cage Hall's home for the 5 students and 12 APP members - no guests.

"Thank you" doesn't begin to cover the debt of gratitude the APP has to 3 fabulous women, Cecilia, Ebony and Christine! Christine Morse joined us in March 2021 as the new APP administrator and she is great! These 3 women truly held the program together and kept us tethered via endless "Zoom links," website uploads, phone calls, flyers, and emails. They did an amazing job working tirelessly for many hours and under loads of stress. We appreciate you!!! Bravo!!!

Respectfully submitted, Lucia Melito, Ph.D. Director, APP

CHILD & ADOLESCENT PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM (CAPP)

Current CAPP Faculty: Katharine Gould, LCSW, Anita Saunders, PhD, Mark Thompson, MD, Rachel Bartur, LCSW, Lauren Barrett, PhD, Deborah Lynn, MD, Roslyn Menitoff, LCSW, Fay Gawryn, PhD, Stan Leiken, MD, Sandra Landen, PhD, Jill Greenwald, JD, MFT, Barton Blinder, MD, Ethan Grumbach, PhD, Andrea Weiss, PhD, Carol Silbergeld, LCSW, Joseph Verrone, LCSW, Carolyn Carlson, LCSW

First Year Students: Nan Alvarez-Gray, PsyD, Corrina Klein, LCSW, Gregory Barnett, MD

Second year students: Delmira Martinez, LCSW, Ashley Pirozzi, MD, Kathryn Weaver, MD, Elaine Nabel, PsyD, all graduated with an in-person dinner and ceremony at the home of Katharine Gould with three faculty members in attendance on Thursday evening, May 27, 2021.

Lauren Barrett, Jill Greenwald, Joe Verrone, and Carolyn Carlson, all graduates of NCP programs, are now teaching courses in CAPP. Three applicants for the 2021-2022 CAPP Class are psychiatrists from Charles R. Drew University of Medicine and Science. In accord with NCP's desire to cultivate diversity, CAPP students continue to represent a cross-cultural mix. Additionally, they are working as clinicians with a wide range of at-risk and diverse populations.

The past year and a half of conducting life online informed the extraordinary demands upon children, adolescents, parents, and their families, who became the holding environment normally provided by schools. This continues to be very challenging.

Turning Points in Child Work (the fourth evening of each month, October-

Rina Freedman, PsyD, LCSW

Linda Goodman, PhD

Timothy McCajor Hall, MD, PhD

Daniel Kaushansky, PsyD

David Mann, PhD

Marvin Osman, MD (retired)

Lisa Oxman, MFT

Julie Tepper, PsyD, MFT

Colette Thomas, LCSW

Leslie Tuchman, LMFT

Doug Wilson, PhD

Research Committee

Morris Eagle, PhD, Co-Chair

Linda Goodman, PhD, Co-Chair

Barton Blinder, MD

Beverly Feinstein, MD

Andrei Novac, MD

Sule Ozler, PsyD, PhD

Joshua Pretsky, MD

Richard Rosenthal, MD

Jeffrey Seitelman, MD, PhD

Heather Silverman, MD

Andrea Weiss, PhD

Research Training Committee

Jeffrey Prager, Chair

May) continues to be a successful forum where first- and second-year students and graduates present case material for discussion among their peers and faculty. Each student meets with a faculty member/mentor for help organizing a summary of an on-going treatment before their presentation to the group.

Respectfully submitted, Katharine Gould, LCSW, Director, CAPP Program

OUTREACH & RECRUITMENT COMMITTEE REPORT

Co-Chairs: Claudia Feldman & Michele Gomes

Members: Aimee Martinez, Natalia Boucher, Brian Stachowiak, Elaine Nabel, Nitzan Keynan

The RC goal is to outreach equally for all programs, and cultivate an open, creative, diverse, and inclusive Institute where everyone can belong, grow, and thrive.

YEAR ACTIVITIES

- In preparation for the 2021 OH, the RC coordinated outreach events for the mental health community targeting licensed and pre-licensed clinicians. RECRUITMENT COMMITTEE MEMBERS PRESENTED AT:
 - The Maple Counseling Center Alumni Association (presentation by Aimee Martinez)
 - University of San Diego (2 presentations by Natalia Boucher)
 - LA LGBT Center (2 presentations by Brian Stachowiak & Michele Gomes)
 - Reiss Davis (presentation by Susan Donner facilitated by Elaine Nabel)
 - Counseling West (presentation by Brian Stachowiak & Claudia Feldman)

2. OPEN HOUSE ADVERTISEMENT

- A comprehensive social media campaign via Facebook, Instagram, and LinkedIn that included OH advertisements, profiles on the OH panel, and profiles on NCP's program directors
- Segmented emails to target the analytic community, potential applicants, psychoanalytic-curious clinicians, and international students
- Post OH: Follow up "Thank You" email with links to all NCP programs & program directors, addition of "Enrollment Now Open" banners on the NCP homepage, and "Enrollment Now Open" emails sent to the entire NCP mailing list

3. OPEN HOUSE RESPONSES

- 124 RSVPs from prospective students plus 42 RSVPs from NCP members
- OH Attendees: 80+. The number varied throughout the event.

Strategic Planning Committee

Paulene Popek, PhD, Chair

Esther Dreifuss-Kattan, PhD

Michele Gomes, PsyD

Ethan Grumbach, PhD

Leon Kaplan, JD

Sandra Landen, PhD

Suzanne Dworak Peck, LCSW

Cecilia Peck

Myra Pomerantz, PhD

Dahlia Nissan Russ, PsyD

Gabrielle Taylor, PhD

David Thomsen, MBA

Training & Supervising Analysts Committee

Lynn Kuttnauer, PhD, Chair

Thesis Committee

Agnes Regeczkey, PhD, Chair

INSTRUCTORS/

PRESENTERS

Adult Psychoanalytic Training Program

Joseph Aguayo, PhD

Howard Bacal, MD

It's difficult to have an exact number on Zoom

4. OPEN HOUSE ANALYTICS

Data from a snapshot of a specific moment on Zoom in which we registered 51 attendees. From this sample we had:

- First time attending NCP OH: 31
- Licensed Attendees: 25
- Types of Licenses: 13 Psychologists, 8 MDs, 2 LMSW, 1 research
- We did not have a good system to count international students

Data from the first breakout room (snapshot of a specific moment on Zoom):

- APT: 42 (29 new to NCP, 7 licensed clinicians)
- CAPT: 6
- APT Res: 4
- APP: 13
- CAPP: 3

5. POST OPEN HOUSE RESULTS

- Admissions committee received 9 emails from prospective applicants (APT)
- Info from Administrator: 38 people (6 from CAPA/international) requested info on the April 19th event (follow up meeting for potential applicants)
- APP: different from last year, the program director didn't report a good outcome from the OH in terms of inquiries
- CAPP: RC didn't receive feedback from the program

6. RECOMMENDATIONS FOR 2021/2022

- Develop outreach events for MFT and MSW clinicians untapped, and under-represented licenses in the OH
- APT + APT res + CAPT: Streamline communication with AC and NCP Admin to have a well-defined plan to approach potential applicants (perhaps an AC subcommittee or a point person to contact potential applicants)
- APP + CAPP: help program directors more closely with advertisement/social media
- Overall stronger Social Media campaign including a dedicated person during the OH prep season who will immediately post & send out segmented emails (a week's delay makes a big impact for this task)
- Help Program Directors plan their breakout room (RC, and/or volunteers)
- Continue to cultivate NCP audience, and continue to collect data from our attendees -- this should be part of ongoing NCP effort. We suggest each program director to have a point person to collect data in their breakout room. Use Zoom analytics to collect more OH data.
- New RC member, Cage Hall is joining the committee to increase targeted print & digital marketing
- Brainstorm different formats for next OH, considering that we might be back in person (hybrid model?). Possibility of having two separate Open Houses: Child and Adult programs.

Jill Model Barth, PhD

Silvia Bell, PhD

Finally, the RC would like to thank our committee members for their participation, energy, and creativity. We're also grateful to NCP staff for all

Meiram Bendat, JD, PhD, MFT

Gordon Berger, PhD

Elena Bezzubova, PhD

Sharon Blum, PhD

Thomas Brod, MD

David Brooks, PhD, PsyD, **FIPA**

Susan Cofsky, PsyD

Van DeGolia, MD

Susan Donner, MD

Morris Eagle, PhD

Beverly Feinstein, MD, PhD

Claudia Feldman, PhD

David James Fisher, MD

Rina Freedman, PsyD, LCSW

Michael Gales, MD

Arnold Gilberg, MD, PhD

Michele Gomes, PsyD

Ethan Grumbach, PhD

Carol Hekman, PhD

Christine Hradesky, MD

Nanette Karapetian, PsyD, **LCSW**

Ronnie Linda Kaye, PhD, MFT

Deborah Kirschbaum, PsyD, PhD

Robin L Kissell, MD

their help and support.

MEMBERSHIP DIVISION REPORT

We are pleased to report that the membership of NCP remained strong and stable during this challenging COVID year. We have added a vibrant and diverse group of graduates from all our programs to the membership this year.

We are very excited to welcome as active Full Members the following new psychoanalysts who graduated from our Adult Psychoanalytic Training (APT) Program June 2020:

- 1. Claudia Feldman, PhD
- Sidonie Freeman, PsyD
- Sandra Landen, PhD
- 4. Kristen Melnyk, MD
- Joseph Verrone, LCSW

We are pleased to welcome two Psychoanalytic Psychotherapy Associate Members:

- 1. June Fujii, MD
- Richard Mack, MD

We also welcome back our 2019 and 2020 graduates of the Adult Psychoanalytic Psychotherapy Program and Child & Adolescent Psychoanalytic Psychotherapy Program who are new Psychoanalytic

Psychotherapy Affiliate Members:

- Biljana Bujko, PhD
- Carolyn Carlson, LMFT
- 3. Yung Lee Goldson, LMFT
- 4. Alison Greiner, LMFT
- 5. Teresa O'Rourke-Shapiro, MA, ET/P
- 6. Marya Samuelson, LPCC
- Gaetano Scognamillo, LCSW 7.
- Colette Thomas, LCSW

The membership welcomes a new Corresponding Member: Jane Hall, LCSW, FIPA.

In our Student Member (undergraduate or graduate student) category we welcome Sarah Seeman.

For a total of 17 new members in 2020-2021.

2020-2021 MEMBERSHIP STATISTICS

Full Active Members -- 107

Ben Kohn, MD

Lynn Kuttnauer, PhD

Doryann Lebe, MD, PhD

Stanley Leikin, MD

David Leviadin, MD

Peter Loewenberg, PhD

Barnet Malin, MD

Kristen Melnyk, MD

Glenn Mowbray, PsyD, MFT

Joseph Natterson, MD

Regina Pally, MD

R. James Perkins, MD

Myra Pomerantz, PhD

David G. Power, PhD

Jeffrey Prager, PhD

Joshua Prestky, MD

Warren Procci, MD

Agnes Regeczkey, PhD

Joshua Richmond,

Dahlia Nissan Russ, PsyD

Elyn Saks, JD, PsyD

Bella Schimmel, MD

Jeffrey Seitelman, MD, PhD

Justin Shubert, PsyD, PhD

Shahrzad Siassi, PhD

Heather Silverman, MD

Janet K. Smith, PhD

Clinical Associates -- 25

NCP Psychotherapy Students -- 22

Psychotherapy/Professional Affiliates -- 22

Psychoanalytic Psychotherapy Associates -- 16

Corresponding -- 5

Student Member -- 2

Honorary -- 8

Emeritus -- 34

Inactive/Retired Members -- 18

Total Membership: 259

(Total Membership from 2019-2020 was: 251)

IN MEMORIAM

Sadly, we lost some beloved members of our community:

Richard Kettler, June 2020 Howard Hansen, October 2020 Richard Rosenstein, November 2020 Maimon "Mike" Leavitt, January 2021

In April and May, the Membership Division hosted NCP Town Hall Meetings to discuss the adaptation to COVID and to keep our community connected. In the wake of the pandemic, we utilized the NCP Newsletter to keep members informed and updated about Institute news, including Board Meeting summaries. We also brought together our membership for a lively and creative virtual holiday party in December, which included a cocktail hour and a fun interactive virtual escape room, enjoyed by many members and their guests.

Goals for the following year include:

- researching and exploring ways of making our membership fees more accessible
- facilitating dual membership for members of other institutes
- continuing our community outreach and follow-up from our virtual programs to add undergraduate and graduate students and other interested professionals to our membership

Respectfully submitted, Sandy Landen, PhD Chair, Membership Division

STRATEGIC PLANNING REPORT

The committee is a resourceful and good working group. Originally, an inperson weekend retreat was scheduled for Spring 2020 to work with outside consultant Lowel Aplebaum on the creation of new Vision and Mission statements. Despite the cancellation of the in-person aspect due to COVID, the retreat moved forward in an online format on Sunday mornings, spread out over the summer. After a much hard work and productive collaboration, Gabrielle Taylor, PhD

Julie Tepper, PsyD, MFT

Mark Thompson, MD

Scott Tommey, MD

Richard Tuch, MD

Joseph Verrone, LCSW

Shirah Vollmer, MD

Louis Weisberg, MD

Andrea Weiss, PhD

Richard Weiss, PhD

Sam Wilson, MD

Garret Wyner, PhD, PsyD

Child & Adolescent Psychoanalytic Training Program

Silvia Bell, PhD

Bart Blinder, MD

Van Dyke DeGolia, MD

Ethan Grumbach, PhD

Susan Donner, MD

Ben Kohn, MD

Stan Leiken, MD

Adult Psychotherapy Program

Marissa Anders-Kim, MD

Jill Model Barth, PhD

Orna Benjamin, PhD

Thomas Brod, MD

Athena Carrillo, MFT

Frank Clayman-Cook, PhD

the group agreed on a Vision, Mission, and four pillars of the mission.

- In the late fall, the Board of Directors and full membership adopted the new Vision and Mission, which will help guide NCP's activities and decisions for the years to come.
- The group also discussed ways the Board, Education Committee, and Strategic Planning Committee can function more transparently with one another, so as to be inclusive around tasks being addressed.
- A recommendation was made for the formation of task forces integrating the three leadership groups named above in order to address 3-5 important areas of growth at NCP.
- The committee also established an Executive Director hire timeline to prepare for Cecilia's departure in Summer 2022.
- Zoom allowed business to go on as usual, meeting once a month despite the pandemic. All meetings were conducted with full attendance.

Respectfully Submitted, Gabrielle Taylor, PhD

REPORT FROM THE COMMITTEE ON DIVERSITIES AND SOCIOCULTURAL ISSUES

The Committee on Diversities and Sociocultural Issues has had a productive year, working to honor our mission to hold ourselves responsible for the messages that we communicate about Diversity and Sociocultural Issues both within the New Center for Psychoanalysis and towards the broader community.

To that end, here are a few of the projects we have worked/are working on:

- I. We hosted a several days long Zoom conference with Anton Hart, PhD, and Beverly J. Stoute, MD, titled, "Otherness as a Psychoanalytic Subject: Race, Culture, Class and Difference in the Clinical Encounter." This conference included: teaching students (both the psychoanalytic and psychotherapy programs), meetings with NCP leadership and the Diversities Committee, a Saturday community program, and a Sunday Faculty Workshop (again with both the psychoanalytic and psychotherapy programs). We had very healthy attendance for these events, including: 247 attendees for the Saturday community program and 45 faculty for the Sunday Faculty Workshop.
- 2. Per request from the Faculty Committee, we taught Diversities courses for Faculty in May and June of this year. The Diversities course (which includes race, culture, class, whiteness, ethnicity, and intersectionality) took place on May 20 and May 27 from 7:30pm-9:30pm. Faculty for the Diversities Course were Rina Freedman, LCSW, PsyD, Michele Gomes, PsyD, and Joseph Verrone, LCSW. The Gender and Sexuality course will take place on June 17 and June

Susan Cofsky, PhD

Lance Dodes, MD

Morris Eagle, PhD

Rina Freedman, PsyD, LCSW

JD Fuller, LCSW

Bruce Gainsley, MD

Michael Gales, MD

Linda Goodman, PhD

Jill Greenwald, JD, MFT

Timothy "Cage" Hall, MD, PhD

Carol Hekman, PhD

Lee Herzog, PsyD

Christine Hredesky, MD

Ronnie Linda Kaye, PhD

Martha Koo, MD

Tae Soon Kim, MD

Lynn Kuttnauer, PhD

Jill Lummus, PhD

Barnet Malin, MD

Lucia Melito, PhD

Robert Moradi, MD

Glenn Mowbray, PsyD

Duc Nguyen, MD

Lisa Oxman, MFT

Dan Plotkin, MD

Joshua Pretsky, MD

Warren Procci, MD

- 24, also from 7:30pm-9:30pm. Faculty for the Gender and Sexuality Course are Ethan Grumbach, PhD, Justin Shubert, PsyD, PhD, and Julie Tepper, PsyD, MFT.
- 3. We submitted criteria to the NCP Board for a Diversities Merit Scholarship, which would award scholarships to BIPOC (Black, Indigenous and People of Color) and/or LGBTQ students who are entering the Psychoanalytic Training Program and the Adult and Child Psychoanalytic Psychotherapy Programs.
- 4. Joseph Verrone and Eli Diamond taught the Gender & Sexuality course in the Child & Adolescent Psychoanalytic Psychotherapy Program in 2021. Michele Gomes and Joseph Verrone taught the Diversities Course in the Adult Psychoanalytic Training Program in 2020. The Gender & Sexuality class, as well as the Diversities class, were not taught in the analytic program in the 2020-2021 academic year because there is not a third-year class. Brian Stachowiak is teaching Gay and Lesbian Affirmative Psychoanalytic Perspectives in the Adult Psychoanalytic Psychotherapy Program in May.
- 5. In collaboration with Jeffrey Prager and Paulene Popek, we drafted the NCP Commitment to Anti-Racism statement in response to racialized violence in the United States and the disproportionate impact of the COVID pandemic on communities of color. We recognized the need for deliberate efforts on the part of NCP to examine our practices and procedures that perpetuate or fail to disrupt and dismantle racism.
- 6. We continued to serve as consultants for members and committees experiencing issues related to diversities.
- 7. We welcomed new members to the committee including a current Clinical Associate (Freddy Edo), a recent graduate from the analytic program (Kristen Melnyk), a recent graduate from the adult psychotherapy program (Chiaku Hanson), and another graduate as well as faculty member for the adult psychotherapy program (Brian Stachowiak).

CLINICAL ASSOCIATES ORGANIZATION REPORT

In March of 2020, our classes and cases were abruptly moved online. Over a year later and we still haven't seen our fellow classmates or instructors in person. That being said, the pandemic did not stop the CA's and Postseminar CA's from staying involved at NCP and in the community!

- The school year started off with an online Dean's Brunch. All
 Clinical Associates were given a Postmates gift card by the Dean for
 them to select their personalized brunch. The CAO president
 developed an online psychoanalytic scavenger hunt which provided a
 fun way for faculty, staff, and students to connect and learn a little
 more about each other.
- Multiple Clinical Associates and Post-seminar Candidates took advantage of the generous partial registration grant given to help

Elyn Saks, JD, PsyD

Jeffrey Seitelman, MD

Edward Shafranske, PhD, ABPP

Gerard Sobnosky, LMFT

Brian Stachowiak, MA

Julie Tepper, PsyD

Mark Thompson, MD

Mara Thorsen, PhD

Richard Tuch, MD

Sean Vazzana, LMFT

Lisa Vitti, PhD

Shirah Vollmer, MD

Louis Weisberg, MD

Richard Weiss, MD

Doug Wilson, PhD

Garret Wyner, PhD

Child and Adolescent Psychotherapy Program

Lauren Barrett, PhD

Rachel Bartur, LCSW

Barton Blinder, MD

Carolyn Carlson, LCSW

Gloria de la Cruz, LCSW

Fay Gawryn, PhD

Katharine Gould, LCSW

Jill Greenwald, JD, MFT

Ethan Grumbach, PhD

- offset the cost of attending the APsaA conference online in February.
- Multiple Clinical Associates act as clinical supervisors at clinics around LA, including: Wright Institute Los Angeles, Maple Counseling Center, and Airport Marina.
- Travis, Natalia, and Tina all participated as panel members for NCP's 2021 Open House. Their contributions and conversation sparked lively interaction among the guests.
- Travis has taken on his first training case and will be having an IAC
 for his second this summer! Natalia and Aimee both hold 2 training
 cases. Chris and Gerard are both working on their 3rd training cases.
 Deborah has met her requirements and is eager to complete her
 reports!
- Without the transitional time and space before and after class to chat with fellow CA's, it was important to find alternative ways of connecting. Candidates + Coffee was established as a bi-weekly before class check-in. This gave students an opportunity to connect and share experiences with the CAO president and help bridge the gap between students and administration.
- Various students have also participated in the two online Happy Hours hosted by the CAO President.
- The CAO established a quarterly newsletter sent to all Clinical Associates and Post Seminar Candidates highlighting CA achievements, timely conferences/ events, relevant updates, and opportunities for the CA's to be involved in the analytic community.
- NCP's head of communications and the CAO have coordinated on various online projects this year, including the Open House, Faculty Features, and Student Features.
- New voting procedures have been established for the CAO elections. The nomination process began in May.
- The CAO President will continue to work on planning a multiinstitute Student Case Conference event for fall 2021.

Individual Achievements

Some of the current Clinical Associates shared with me the following updates about their work:

Natalia Boucher, LMFT- 2nd year - maintains a full-time private practice seeing adults, couples, teens, and children in Santa Monica. She has been busy and involved during this quarantine year!

Natalia's Presentations:

"A Virtual Playroom"

- Dec. 4th for: NCP which had over 200 attendees worldwide!
- Jan. 30th for: The Maple Counseling Center
- Feb. 20th & 27th for: UCSD Extension Program- Play Therapy program
- April 30th for: Alliant International University, Irvine Campus-Couple and Family Therapy Program

Sandra Landen, PhD

Stan Leiken, MD

Deborah Lynn, MD

Roslyn Menitoff, LCSW

Anita Saunders, PhD

Carol Silbergeld, LCSW

Mark Thompson, MD

Joseph Verrone, LCSW

Andrea Weiss, PhD

Extension & Scientific Meetings Program

Nicola Abel-Hirsch

Joseph Aguayo, PhD

Seth Alt, PhD

Raymond Bakaitis, PhD

Elena Balashova-Shamis, PsyD

Anthony Bateman, MA, FRCP

Natalia Boucher, LMFT

Thomas Brod, MD

Lawrence Brown, PhD

Sira Dermen

Lance Dodes, MD

Ioshua Durban

Fredrick Edo, PsyD, LMFT

Ofra Eshel

Peter Fonagy, PhD

Rina Freedman, PsyD, LCSW

She started an online library for therapists and is adding books slowly, and continues to add resources to The Therapist's Tool Box.

Both links below:

https://docs.google.com/spreadsheets/d/16s8XvDrRaFkFMbE3ovaiiPxwRe FaisDKQmyi0kkslo/edit?usp=sharing

https://nataliaboucher.wixsite.com/thetherapisttoolbox

Natalia is excited to move to a new bigger office next month. In other exciting news, her daughter is heading to school at Berkeley this fall!

Travis Tanner, CSW, PhD- 3rd year – splits his time between teaching and seeing patients—an arrangement that works very well for him! He has this to say about his experience, "I teach a course at Tulane titled "The Society of the Spectacle" that explores why some people become attached to bad objects. It combines cultural theory, literature, and psychoanalysis. I'm developing a new course for next year, building off this one, that uses Andre Green's concept of the negative to investigate why for some the negative is more real than the positive, and how this makes choosing life over death difficult."

In August of 2020, Travis became a Certified Social Worker (CSW). He has also discovered during quarantine that he is a cat person and has adopted a quarantine kitty!

Christopher Walling, PsyD- 3rd year – has been a busy bee during pandemic life! On top of his 3 training cases and full private practice, he has this to say about some of the collaborations currently in progress: "Jessica Benjamin, PhD and I are co-authoring a paper together for the Journal: Contemporary Psycho-Neuro-endocrinology (CPNE) at the invitation of my colleagues Sue Carter, PhD and Steve Porges, PhD. I continue to engage in several research collaborations through my clinical research fellowship at the Traumatic Stress Research Consortium (TSRC) under the leadership of Stephen Porges, PhD at Kinsey Institute."

Here are some of his recent and in-progress publications:

- Walling, C.G. (2020). Book Review: Body Psychotherapy in the 21st Century, *International Body Psychotherapy Journal*, Vol. 19 (2).
- Walling, C.G. (2021). Autonomic Reactivity in Lesbian, Gay, Bisexual, and Transgender Populations. Manuscript in preparation.
- Walling, C. G. (2021). Advances in Traumatic Stress Treatment: Somatic Experiencing Informed Psychotherapy. Manuscript in preparation.
- 4. **Walling, C.G., Benjamin, J. (2021).** Love and Fear. Special Issue of the *Journal of Contemporary Psychoneuroendocrinology*. Manuscript in preparation.

In addition, Chris participated in various presentations:

"Yoga Therapy Research: Applications of Psyche & Soma," Embodied Philosophy (Online), New York, NY, 2020.

Sidonie Freeman, PsyD

Michele Gomes, PsyD

Ethan Grumbach, PhD

Anton Hart, PhD, FABP, FIPA

Carol Hekman, PhD

Robert Hinshelwood

Ronnie Linda Kaye, PhD, LMFT

Robin Kissel, MD

Jennifer Langham, PhD

Howard Levine, MD

Peter Loewenberg, PhD

John Lundgren MD

Deborah Lynn, MD

Aimee Martinez, PsyD

Albert Morell, PhD

Margaret Matson, MA, PsyD, LMFT

Glenn Mowbray, PsyD, MFT

Debra J. Myers, MD, PsyD

Luis Alejandro Nagy, PhD

Klara Naszkowska, PhD

Joseph Natterson, MD

Andrei Novac, MD

Daniel Pick, PhD, FIPA

Paulene Popek, PhD

Jeffrey Prager, PhD

Warren Procci, MD

"Maintaining Your Brain Health Amidst COVID-19," Alzheimer's Research & Prevention Foundation, ONLINE, Los Angeles, CA, 2020.

"Contemporary Somatic Psychology," Embodied Philosophy, New York, NY, Online Webinar Series.

"Somatic Experiencing Research at The Traumatic Stress Research Consortium," Somatic Experiencing Research Committee Virtual Salon, Online, 2021

"Somatic Experiencing Psychotherapy for Pain," Chronic Illness & Pain Medicine Online Group, Los Angeles, CA, 2021

Film & Mind Presentation: "Ma Rainey's Black Bottom & Social Psychoanalysis," New Center for Psychoanalysis, Los Angeles, CA, 2021

Although he is very busy, Chris was able to find the time for Netflix as well as gaining two new puppies!

Aimee Martinez, PsyD - 4th year – is excited to open her new office in West Hollywood and welcome patients back in the summer. She continues to work with her 2 training cases and is in process to a third! She co-created the Therapeutic Identity and Professional Development Track at WILA and will be named core-faculty at WILA in fall 2021.

She continues to present on mental health in the workplace at corporations around California with NCP graduate Dr. Sidonie Freeman.

Aimee is also an active member of Disrupt the Silence (along with several other NCP members), a group of anti-racist clinicians and academics who are committed to disrupting the silence in academic and clinical institutions that have implicitly and explicitly perpetuated racism.

Deborah Lynn, MD- Post-Seminar – has completed her required hours for training cases and is eager to write her final reports! At UCLA she is a volunteer clinical faculty and teaches child psychiatry fellows once a week. In addition, she is teaching once a week at Reiss-Davis Child Center where she works with advanced graduates in a child psychology program. She is also collaborating with Gita Zarnegar, PhD at The Center for Authenticity. An additional creative venture she says has been raising 14-year-old twins during a pandemic!

Gerard Sobnosky, LMFT- Post-Seminar – has found multiple ways to be involved at NCP beyond his clinical work. He is a member of the Education and Faculty Committees. In addition, he taught Case Conference for the 1st year APP program and was a discussant at NCP's Film & Mind presentation of *Sound of Metal*. In addition to NCP, he is part of the psychoanalytic community at large, including:

• IPSO: As VP Elect for North America, he worked regularly with

Agnes Regeczkey, PhD, LMFT

Joshua Richmond, MPW

Hannah Roggenkamp, MD

Trudie Rossouw, MRCPsych

Merav Roth, PhD

Dahlia Nissan Russ, PsyD, LCSW

Desy Safan-Gerard, PhD

Apurva Shah, MD

Pranav Shah, MD

Matt Shatzman, MA

Justin Shubert, PsyD, PhD

Jill Smith, MD

Gerard Sobnosky, LMFT

Bettina Soestwohner, PhD

Bhaskar Sripada, MD

Martha Stark, MD

John Steiner, MD

Beverly J. Stoute, MD, FABP, FAPA

Julie Tepper, PsyD

Richard Tuch, MD

Joseph Verrone, LCSW

Margot Waddell, PhD

Christopher Walling, PsyD

John Wayne, PhD

Peter Wolson, PhD

IPSO Executive Committee planning upcoming events and programming for IPA/IPSO Biennial Congress in July 2021; Expanded the North American network of IPSO Representatives and started quarterly meetings with them, and now the group is planning several online projects.

 For APsaA: he was elected Candidate Director-at-Large and works on the APsaA Candidates Council as Treasurer.

Respectfully submitted, Aimee Martinez, PsyD CAO President

NCP CLINIC REPORT

We made it through this pandemic year and we're doing fine! It was a big shift with lots of adjusting, but we are now on an even keel and running smoothly. Like all of us at NCP, the Clinic is filled with hope for a better year to come! As the numbers show, interest in low-cost analysis is growing in the community and NCP fulfills its mission of service and inclusion by providing this important mental health service.

The difficulties of the year made it challenging, at first, to track, collect and deposit remittance checks onsite at NCP due to the sporadic mail delivery. It was worked out by October 2020 and a process established.

At the time of this writing there are not any Clinical Associates who are able to take on a Clinic case. Either they have one, are busy with private cases, or are not yet ready. It is anticipated that this will change when the new class begins in the fall and gets up and running. Emails were sent multiple times throughout the year to all members inquiring if any would be interested in low-fee analytic cases. Two replied and were referred cases. Communication with the Clinical Associates was consistently maintained via email and phone.

In November 2020, the Clinic Manual was updated. Lucia and Dean Model Barth worked together on it. The monthly clinic report is sent to Dean Model Barth and the Education Committee, the Progression Committee and Cheryl Difatta.

May 2020-March 2021

Fees collected: \$8,698 - down \$3,892 - 4 fewer active cases this year

Total calls: 119- increase from 107 **Inquiries:** 73- down from 77

Intakes: 46- increase from 30

Applications mailed: 22- increase from 16 **Applications received:** 9- increase from 5

Community referrals: 62 (Wright, Maple, Rose, Airport Marina, SCCC) -

increase of 28

Member low-fee referrals: 2

Five active Clinic cases: N. Boucher, C. Walling, J. Smith, S. Ping, G.

DONORS 2020-2021

Elena Balashova-Shamis

Jill Model Barth

Nicholas Bartlett

Silvia Bell

Meiram Bendat

David Bender

Barton Blinder

Sheldon Bloch

Lisa C. Bode

Thomas Brod

Geoffrey & Sarah Cocks

Greta Couper

Darren Del Castillo

Cheryl A. Difatta

Helen Desmond

Susan Donner

Esther Dreifuss-Kattan

Beverly Feinstein

Claudia Feldman

David James Fisher

Jennifer Flores

Rina Freedman

Iune Fujii

Bruce Gainsley

Michael Gales

Arnold Gilberg

Sobnosky

Two completed Clinic cases: A. Martinez, G. Sobnosky
Four Clinical Associates still needing to fulfill Clinic requirement: J. Flores,
F. Edo, T. Nguyen, L. Vallejo

Two Clinic cases began: Steven Ping Sun and Natalie Boucher Two applicants decided not to follow through on low-fee analysis. Two applicants were evaluated as inappropriate for training purposes.

As always, a huge thank you and much gratitude to all of our members who offer their time and expertise for Clinic evaluations, supervision and referrals. Being virtual has made it easier for members to participate!

Respectfully submitted, Lucia Melito, PhD Clinic Administrator

PROGRAM COMMITTEE REPORT

Our report is organized according to the four goals we established for ourselves at this time one year ago. As you may see, we have had considerable success in meeting these goals. It might be said that this last year of crisis has been lined with opportunity, at least for the Program Committee. May it be said at the outset that it is difficult to exaggerate the tremendous amount of energy and enthusiasm expended by committee members, whether as individuals or as part of the several group processes.

Goal #1 - Exploit new technology to bring exceptional thinkers and clinicians, worldwide, to NCP.

Mission accomplished. With remarkable consistency our team brought a steady stream of notable international speakers to NCP membership as well as to non-members who responded to our advertisements.

- Summer speakers were Margot Waddell, Daniel Pick, Merav Roth, and John Steiner. These events were co-sponsored with PCC under the direction of Jenny Langham.
- In January we had a weekend with Ofra Eshel and David Power organized by Dahlia Russ.

A pattern has been established that will very likely continue for many years, even after we have returned to in person auditorium presentations for more local speakers. It is no longer remarkable to have two hundred to four hundred registrants at a meeting. While we bow before the gifts of technology, we also feel we have adapted to the limitations of a two-dimensional world. We now often have ten or more committee members at a given meeting sharing our thoughts with one another in lively fashion. However, we also appreciate the importance of continuing to maintain and develop human connectedness.

Goal #2 - Compensate for the inevitable shortfalls of the two-dimensional new technology by constituting a wide variety of activities with broad intellectual, clinical, and social reach.

Michele Gomes

Linda S. Goodman

Jill Greenwald & Jonathan Liebman

Ethan Grumbach

Timothy M. Hall

Carol Hekman

Leslie Horton

Kenneth House & the House Family Foundation

Robin & Gary Jacobs Family Fund

Leon Kaplan

Ronnie Kaye

Margaret Keene

Deborah L. Kirschbaum

Lynn S. Kuttnauer

Ann Labe

Sandra J. Landen

Melvin Lansky

Doryann Lebe

Mark Leffert

L. David Levi

Peter Loewenberg

Tamar Loewenberg

David F. Mann

Aimee Martinez

Lucia Melito

Kristen Melnyk

In keeping with this goal, we prioritize the importance of continuing to develop and maintain human connectedness to counter technically generated distance.

- In October we held a two-part series to reflect on the build up to the
 federal election itself. In both events, priority was placed on offering
 attendees the opportunity to ask questions and register their own
 thought and feelings.
- We also worked out a plan so that at least part of the Regional Bion Conference could be held online via NCP.
- A special occasion honoring Peter Loewenberg was also organized through our committee.
- Most recently committee efforts were contributory to a post-humous event honoring Mike Leavitt. We anticipate that the committee will continue to participate in organizing such events going forward.
- This summer we will have a not-for-CE July movie night featuring a discussion by Alain Cohen of the movie Contagion by Steven Soderbergh.

Goal #3 - Move quickly to create our own internal supply chain for quality programming: think global, but work on feeding ourselves.

- We are pleased to report that a number of our members presented over the past year: Tom Brod, Andrei Novac, Joe Natterson, Jeff Prager, and Rich Tuch all gave excellent, extremely well-attended presentations. We look forward to a presentation by Jimmy Fisher this fall.
- We are also grateful for the strong contributions of Pete Wolson, a member of LAISPS, to our political series.
- We remain open to hosting presenters with different subject interests and theoretical perspectives from all local institutes.

Goal #4 - Encourage and support younger members and candidates by offering them opportunities for public presentations and discussion of their work.

- We are grateful to Rich Tuch for offering us the opportunity to meet candidate Matt Shatzman from the St. Louis APsaA institute. Rich and Matt co-authored the paper presented to us and both were participants in a very lively discussion with a large Zoom audience.
- Our committee is very fortunate to have Josh Richmond as a committee member. Josh is active in our meetings with many thoughtful and diplomatic perspectives and opinions. He has arranged for a meeting in January 2022 with researcher and clinician Diane Diamond, PhD on her work with the severe neuroses. He is also looking to organize meetings on "Democracy in America" with international speakers and a special program on the work of Alexis de Tocqueville.

Goal #5 - Lastly, a previously unexpressed goal: May our committee function somewhat like an independent newspaper, in the particular sense of being beholden to no single theoretical perspective, no matter how compelling that point of view may be. The history of psychoanalysis is replete with a seemingly endless series of theories of mind, each in turn held to be the key to understanding and providing an absolute prescription for treatment. Better that you see our committee offering fare that is reliably varied, open to a

Julie Jaffee Nagel

Luis Nagy

Andrei Novac

Lynne Oliva

Cecilia Peck

Suzanne Peck

Myra Pomerantz

Paulene Popek

Jeffrey Prager & Debora Silverman

Joshua Pretsky

Agnes Regeczkey

James Rosenblum

Dahlia Nissan Russ

Anita Saunders

Jeffrey K. Seitelman

Heather Silverman

Martha Slagerman

Fredelle & Steven Spiegel

Gabrielle Taylor

Julie Tepper

Ebony Towner

Richard Tuch

Tina Walters

Andrea Weiss

Richard Weiss

Samuel Wilson

Peter Wolson

broad range of analytic perspectives. Our mast head might run: "don't be too sure," or even, "subvert the dominant paradigm."

As always, our committee remains open to reactions to our activities and to suggestions for programs. Oh, if you have noticed how smoothly our productions have run over the last year, that is only because of the composure, the cool, the expertise, and the hard work of Cecilia Peck, Ebony Towner, and Tina Walters.

Respectfully submitted,

Mike Gales, co-chair and Heather Silverman, co-chair. Elena Balashova-Shamis, Tom Brod, Rina Freedman, Jenny Langham, Sule Ozler, Paulene Popek, Josh Richmond, Dahlia Nissan Russ

RESEARCH COMMITTEE REPORT

The NCP Research Committee [NCP-RC] might be more accurately called the NCP Research Education Committee in that our mission includes two related purposes: 1) to discuss psychoanalytically relevant research papers among ourselves, and 2) to encourage the inclusion of clinically relevant research papers in selected courses in both the Psychoanalytic Training Program and the Psychoanalytic Psychotherapy Program where instructors are open to this idea. From time to time, we've also helped to develop or cosponsor programs with a strong research interest or emphasis.

In addition to our primary mission, this year we were invited to review and give feedback on an early draft of an English version Manual for the "MODE" study on Psychoanalysis and Psychoanalytic Long Term Therapies of Chronic[ally Depressed] Patients [with a history of early trauma]. NCP-RC member Bart Blinder will submit a summary of our discussion to principal investigator Marianne Leuzinger-Bohleber.

When APsaA established the Department of Psychoanalytic Education [DPE], the leadership saw that there was need to enhance a research component in programming at the National Meeting. It seems our local group caught national attention and co-chairs of the NCP Research Committee Morris Eagle and Linda Goodman were invited to develop and co-chair the DPE Research Education Section. In time, our local NCP-RC has also come to function as something of an advisory group to the DPE Research Education Section.

One of the most exciting developments resulting from the linking of the NCP-RC and APsaA's DPE Research Education Section is an ongoing collaborative project to develop a web presence for Research Education Resources. This collaborative web presence is hosted on the NCP website with a direct link from the APsaA's website DPE Resources. Because the NCP website has had the capacity to host Vimeo videos, the DPE/NCP Research Education Section has been able to archive our national DPE Research Education Dialogue programs. Together, we've accomplished something that neither of us could have done alone. Together, we've

Heidi Wong

Garret Wyner

Farshad Yadegar

Vivien Zighelboim

Zukin Family Foundation

NCP COMMUNITY

ORGANIZATIONS

PARTNER

UC Interdisciplinary Psychoanalytic Consortium Lake Arrowhead Retreat

Center for Reflective

Rose City Center

THRIVE Infant-Family Program

Valley Community Counseling Clinic

Wright Institute

Los Angeles

mounted panels that address important topics relevant to research education with outstanding speakers. This year we mounted our fourth program, "The Role of Mentalization and Reflective Function in Psychoanalytic Treatment: TFP & MBT," chaired by Linda Goodman with outstanding presenters Elizabeth Allison, Peter Fonagy and Otto Kernberg, and excellent discussants Morris Eagle and Diana Diamond.

This program was recorded and in time will join our three earlier programs on the NCP Research Education web presence for viewing by NCP and APsaA members as well as the community at large. One can view these programs by going to the NCP homepage and clicking on Archives/Library/Research. The drop-down menu will allow one to select Research Education. As before, we are grateful for the assistance of the NCP Board and the Education Committee for supporting this project, and funding technical assistance and the NCP Vimeo capability.

Respectfully submitted, Linda Goodman & Morris Eagle Co-Chairs, Research Committee

REPORT OF THE EXECUTIVE COUNCILOR

To: Members, New Center for Psychoanalysis From: Jeff Prager, Ph.D., NCP Representative to the ApsaA Board Re: Report of the Proceedings of the APsaA Board of Directors, 2020-1

Because the American Psychoanalytic Association has re-structured its organization to be an exclusively membership one and disbanded the Board of Professional Standards as an independent source of decision-making and authority, a good deal of this past year has been to specify the functions of the organization and to transform itself from a bicameral organization to a unicameral one. The APsaA Board of Directors represents the sole and final authority of all decisions made by the organization. Serious efforts were made to strengthen the communication from the Board to local organizations, including the establishment of an orientation for those who are new representatives to the Board. This, then, is the first report from NCP's representative to the Board of Directors. NCP should no longer refer to this position as an Executive Councilor but as a member of the APsaA Board of Directors.

Accelerated by the pandemic and Zoom meetings, the Board of Directors has formally shifted away from a twice-yearly meeting coinciding with the winter and spring meetings of the American to remote meetings occurring approximately every six weeks. During the course of this year, many important issues were addressed and considered in the spirit of more actively serving the members of the organization. Because it no longer serves a regulatory role for its members or for its affiliate-Institutes and Societies, the Board has engaged many of the most thorny issues of membership and governance (long ignored because of the systemic conflicts within the organization) with the hope of giving guidance to its members as individual

NCP STAFF

Executive Director

Cecilia Peck

Institute Administrator

Cheryl Difatta

Program Coordinators

Christine Morse

Ebony Towner

Executive Assistant

Tina Walters

Intern

Chris Reyes

Communications and Social Media Manager

Stephanie Carbone

Archive Historian

Vladimir Melamed

psychoanalysts, and as engaged in the important task of psychoanalytic education. I will list only some of the highlights of this past year that also demonstrate the range of issues currently on the table.

- I. Of important local interest especially, the Institute for Contemporary Psychoanalysis formally applied for affiliate status with APsaA. ICP is now an affiliate member of the American, making it the second Institute in Los Angeles to fully participate in the American. Many of its members have applied for membership to the American and have been admitted.
- 2. In a major report submitted to the Board entitled "Reimagining APsaA Membership," those who are eligible for membership to the American has expanded significantly. In addition to those who have trained at American-affiliated Institutes, psychoanalytic therapists, academics, researchers and community advocates can now apply. If admitted, they would be granted full membership with all the same rights granted to existing members.
- 3. Largely as a response to the Black Lives Matter movement that has swept the country and heightened attention to the organization's history of turning a blind eye to the underrepresentation of Black Americans in its membership and to frequent charges of racial bias at both the national and local levels, the Dorothy Holmes Commission on Racial Equality was created. It is charged with investigating the causes of such representation and charges leveled at the organization. A full report on systemic racism within our own organization and necessary steps for improvement is expected in approximately one and one-half years.
- 4. A report was issued from the Institute Requirements and Review Committee (IRRC) recommending revisions of Standards for Psychoanalytic Education. These recommendations were passed with some minor wording changes by the Board of Directors. I highlight here two of the most significant changes concerning standards.
 - a) "...candidates are expected to work with at least 2 cases reflecting a diversity of identity characteristics including, but not limited to, gender, sexual orientation, age, religion, race, ethnicity, culture, disability and socioeconomic status." This replaces the standard of control cases including at least one male, and one female patient. NCP has already adopted a similar standard as adopted above.
 - b) Greater leniency has been granted for modification when necessary for both remote and condensed analysis. This leniency expands beyond those necessarily granted because of the pandemic, extending post-pandemic to enable, when necessary, the broadening of the frame.
- 5. With the creation of a Training Analyst Survey Task Force, the Board conducted a carefully constructed survey which was sent to all members. There was a robust response rate when compared to other surveys conducted by the American and even compared to percentage of members who vote for the major offices. I include only some of the significant results. The full Report is available from the American.
 - a) 68% of respondents (n=1421) believe that analysts of candidates in training should meet some specific criteria, while 29% believe that any trained analyst in good standing can be the analyst of a





- b) 47% of respondents believe that criteria for TA status should be a result of collegial discussion from one's own institute and 44% from other institutes
- c) 27% of respondents support some form of certification from an independent entity.
- d) 73% of respondents agree that criteria should be determined by one's local institute.

Respectfully submitted,

Jeff Prager, Ph.D., NCP Representative ApsaA Board of Directors





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> "Life's not just being alive, But being well"