

### **COVID Policy**

#### What you need to know about NCP's updated COVID Policy:

- 1. For individuals up-to-date on vaccinations, indoor masking is optional. For those not up to date on vaccines, indoor masking is required.
- 2. The SMQ entry form is no longer required. In its place, guests are required to sign in and attest to being free of COVID symptoms and exposure.
- 3. COVID testing is strongly recommended for those who visit the NCP facility within 5 days of travel.
- 4. Facility Capacity is limited to sixty (60), excluding event personnel.
- 5. Eating is not permitted inside the facility. Staff is prepared to support outdoor eating arrangements.

Dear NCP community:

As NCP moves into Spring 2023, we are updating our COVID Policy to reflect new information and city and state mandates.

The New Center for Psychoanalysis continues to prioritize the health and safety of the community, we are working on loosening policies when appropriate. Adherence to policies and procedures now means progress to fewer restrictions mid-term and hopefully no restrictions long-term. With that aim in mind, the following policy and procedures have been created, taking into consideration the Equal Employment Opportunity Commission (EEOC), Health Insurance Portability and Accountability Act (HIPAA), Los Angeles County Department of Public Health (LACDPH), California Department of Public Health (CDPH), and Center for Disease Control (CDC) guidelines.

All staff, students, faculty, members, and guests who physically access the New Center for Psychoanalysis facility must adhere to the NCP COVID Policy. We rely on each community member to take responsibility for their health and safety to support the community's safety.

Board Approved 1.17.2023

NCP protocols are as follows:

# 1. For individuals up-to-date on vaccinations, indoor masking is optional. For those not up to date on vaccines, indoor masking is required.

Indoor masking is optional for students, members, and guests of the NCP facility who are up to date on inoculations. Proof of being up-to-date on inoculations must be provided upon entering the facility (two shots and the Omicron booster, if eligible per LACDPH).

For individuals not up to date on COVID vaccinations, wearing a mask indoors is required. Masking for all is encouraged, and masks are available—free of charge.

Frequent visitors to the facility will have the option to allow NCP to record vaccination status for reference and quicker entry into the facility. The previous list of vaccination status will no longer be applicable as of the issuing of this updated policy. Proof of current vaccination status will need to be reissued.

To protect NCP staff from illness, it is NCP's policy for staff not to be in close contact with students or faculty in a closed, confined space. Conversations should occur outside or in a well-ventilated space with all parties masked.

To support a safe learning environment, staff will continue to offer all classes in a hybrid format and as much programming in a hybrid format as possible.

## 2. The SMQ entry form is no longer required. In its place, guests are required to sign in and attest to being free of COVID symptoms and exposure.

#### **Symptom Monitoring Questions:**

- In the past 24 hours, have you experienced any of the following (not due to allergies or other chronic medical conditions): If you answered YES, please do not visit NCP.
  - Fever (at or above 100.4 Fahrenheit or 38 degrees Celsius)
  - Used medicine to reduce fever
  - Feeling feverish
  - o Chills

- Cough
- Difficulty breathing or shortness of breath
- Sore throat
- Muscle or body aches
- Diarrhea
- Severe fatigue
- Headache
- Loss of sense of taste or smell
- Nasal congestion
- Nausea
- Vomiting
- Have you had a positive COVID test in the past 10 days?
   If you answered YES, please do not visit NCP.
- Are you currently staying at home because of illness, concern over COVID exposure, or because you were placed into quarantine by your provider or public health officer?
   If you answered YES, please do not visit NCP.
- To the best of your knowledge, have you been exposed to someone who has tested positive for COVID in the past 10 days?
   If you answered YES, please do not visit NCP.

Information required on the sign-in sheet:

- 1. First and Last Name
- 2. Date of visit
- 3. Arrival and departure time from the facility
- 4. Signature acknowledging the reading and understanding of the above-mentioned Symptom Monitoring Questions

## 3. COVID testing is strongly recommended for those who visit the NCP facility within 5 days of travel.

If you have flown or had extensive travel in the last 5 days, we encourage you to take a COVID test with a 24-hour window of visiting NCP.

Please only visit the facility if the results are negative.

#### 4. Facility Capacity is limited to sixty (60), excluding event personnel

In-person capacity is capped at sixty (60) individuals inside simultaneously. Staff and event personnel are in addition to the sixty (60) person cap. There is no attendance cap on outdoor events.

### 5. Eating is not permitted inside the facility. Staff is prepared to support outdoor eating arrangements.

Eating will not be permitted inside the facility to encourage wearing masks indoors. Staff will assist with setting out outside areas for catered events. Two pop-up tents, 3 six foot tables, 5 round cocktail tables, and chairs as needed with the previous arrangement. The garden lights are available upon request. The patio off the kitchen is always available for outdoor seating.

#### **COVID Reporting Responsability:**

If individual tests positive for COVID within 10 days of visiting the facility, they must email <a href="mailto:healthandsafety@n-c-p.org">healthandsafety@n-c-p.org</a> to inform the staff of their infection and provide information about those who may have come into contact with it and the date they learned about their infection.

Staff will inform any individual or cohort who may have had contact with the infected person. The name of the individual with COVID will not be shared.

NCP administration reserves the right to update or change this policy at any time in accordance with best practices, assumed community risk, and local government guidelines.

Thank you for your continued patience and understanding.

Sincerely,

Amber McClarin
Executive Director
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