## READING LIST

For Psychoanalytic Training

Candidates and Psychoanalysts

by .

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of

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The "Index Psychoanalyticus" by John Rickman, published in 1926, contains 4739 numbers. If such an "Index" were brought up to date (which would be highly desirable), the figure of its numbers would certainly be nearer to 20 000 than to 10 000. Orientation about this mass of literature is by no means easy. — The candidates are told that they have to read. Mostly they are not told what to read. Everybody agrees that it is necessary to know the whole of Freud. But even about the order in which Freud's writings are best read, there is no agreement, much less about what has to be read besides Freud. — The following list endeavors to repair this lack.

269 papers can be read at least more easily than 20 000.

Concerning the choice of these 269 papers, I expect the reproach of having been arbitrary. Since I have no answer to this, I shall simply admit it. Probably the chapters I-V will find more agreement, whereas the choice in VI is certainly very subjectively colored. "Subjectively" meaning: According to my (own) scientific convictions.

As a kind of explanation for my choice, I only want to add:

- (1) I included especially papers which brought something really new into psychoanalysis, particularly if the new points they introduced were generally accepted later on. Besides, I included papers which gave summaries.
- (2) Concerning viewpoints which I am either skeptical about, or which I consider comparatively unimportant, I have at least included one representative paper for each of them.

  If the reader does not agree with my criticism, he will have the opportunity to become acquainted with these other points of view by reading this one representative, and will find mention of more literature of the direction in question in the one paper quoted.
- (3) Papers concerning subjects of specialized interest only have not been included. The list is meant as an introduction into psychoanalytic thinking. The scientific worker has to look for specialized literature.
- (4) Since my psychoanalytic training was obtained in Germany, I included from earlier times more German papers which had impressed me. I do not know equally well the older American literature. Maybe that therefore certain papers have been omitted that should have been included.

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# LIST OF ABBREVIATIONS

A. I	,American Imago
C.P	Freud, Siegmund, Collected Papers. The International Psychoanalytic Press, London, 1924
Im	
I,	.International Journal of Psychoanalysis
	Journal of Abnormal Psychology
	Nervous and Mental Disease Monograph Series
	.Nervous and Mental Disease Publishing Co.
Paed	Zeitschrift fuer Psychoanalytische Paedagogik.
Q	The Psychoanalytic Quarterly
R	Psychoanalytic Review
Υ	Jahrbuch fuer Psychoanalytische Forschungen
Z	Internationale Zeitschrift fuer Psycho- analyse
Zentr	Zentralblatt fuer Psychoanalyse.

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#### CHAPTER I.

### The Basic Writings of Freud

l. Introductory Lectures to Psychoanalysis. Boni & Liveright, New York, 1920.

Freud's lectures remain absolutely the standard "introduction"; there is no better way to become acquainted with psychoanalysis.

2. New Introductory Lectures in Psychoanalysis. Garden City Publ. Co. New York, 1933.

The "New Lectures" were intended by Freud as a direct continuation of the old ones. Therefore, they are included at this point, although it may be that several points may remain unclear to a reader who really has not yet read anything else. -- Nr. 2 may be read again after a more thorough acquaintance with psychoanalysis.

3. The Problem of Lay Analysis. Brentano, New York, 1927.

A very simple and informative summary of the psychoanalytic science and method, and of psychoanalytic ways of thinking.

- 4. Fragment of Analysis of a Case of Hysteria. (C.P. III)
- 5. Analysis of a Phobia of a 5-year-old Boy. (C.P.III)

Before any further theory is studied, one has to become acquainted with Freud's case histories. "Dora" and "Little Hans" are the more simple ones.

6. Three Contributions to the Theory of Sex. N.M.D.Publ. Co. New York, 1930.

The biological basis of psychoanalysis.

- 7. On The Psycho-Pathology of Every-Day Life. Macmillan, New York, 1914.
- 8. Selected Papers on Hysteria. N.M.D.M.S. Nr. 4, New York.

Contains the case histories of the classic book of Bremer and Freud: "Studien ueber Hysterie", and besides, all important older papers about hysteria, (Partly also in C.P. I)

- 9. Notes upon a Case of Obsessional Neurosis. (C.P.III)
- 10. Psychoanalytic Notes upon an Auto-Biological Account of a Case of Paranoia. (C.P.III)
- 11. From the History of an Infantile Neurosis. (C.P.III)

  "Rat-man" Schreber and "Wolf-man" continue the classic case histories.
- 12. On Psychoanalysis. American Journal of Psychology, 1910.

  Lectures at Clark University.
- 13. An Outline of Psychoanalysis. I. XXI, 1940.

  These two general descriptions, after the reading of the case histories, may be appreciated.
- 14. The History of the Psychoanalytic Movement. (C.P.I)
- 15. Recommendations for Physicians on the Psychoanalytic Method of Treatment. (C.P.II)

A few papers of Freud about technique or rather the basis of technique may now become comprehensible. They continue:

- 16. Further Recommendations in the Technique of Psychoanalysis. (C.P.II)
- 17. Turnings in the Ways of Psychoanalytic Therapy. (C.P.II)
- 18. Formulations Regarding the Two Principles in Mental Function-ing. (C.P.IV)

With this paper, a thorough study of the newer development of psychoanalytic theory may be started; this line is followed up by:

- 19. On Narcissism. ; An Introduction. (C.P.IV)
- 20. Beyond the Pleasure Principle. Int. Psychoanalytic Press, London, 1922.
- 21. Group Psychology and the Analysis of the Ego. Int. Psychoanalytic Press, London, 1922.

- 22. The Ego and the Id. Hogarth Press, London 1927.
- 23. The Problem of Anxiety. The Psychoanalytic Quarterly Inc.
  Albany, N.Y. 1936.
- 24. An Auto-Biographical Study. Hogarth, London 1935.

Containing an "auto-biography" less about Freud's life than about his creation of psychoanalysis.

- 25. Delusion and Dream in Jensen's "Gradiva". New York, Moffart, Yard and Co., 1917.
- 26. Leonardo da Vinci. A Psycho-Sexual Study of an Infantile Reminiscence. New York, 1916.

These two books are the first applications of psychoanalytic interpretation to artists and artistic works; they make charming reading, may serve as a recreation after the severe theory, and besides, the reader will learn a great deal of psychoanalysis.

27. Character and Anal Erotism. (C.P.II)

The first application of psychoanalysis to charactero-logy.

28. The Interpretation of Dreams. Macmillan, New York. First Edition, 1913.

"The Interpretation of Dreams" makes difficult reading. The material is not presented in a very lucid manner. The theory of dreams can be learned much more easily from the second part of the "Introductory Lectures". Nevertheless, the reading of the "Interpretation of Dreams" -- the classic work of Freud's research, and the foundation of scientific psychoanalysis -- has to be done by any analyst, in a particularly thorough manner.

#### CHAPTER II

#### Other Writings by Freud

I agree with the frequently-given opinion that every analyst should have read all of Freud. However, there are a few papers which either do not concern psychoanalysis at all, or else have been published more for biographical than for scientific reasons. Therefore, a few papers are omitted in the following list, which is arranged in chronological order. --All papers which were included in Nrs. 1-28 are of course not mentioned again.

- 29. A Reply to Criticisms on the Anxiety Neurosis. (C.P.I)
- 30. The Etiology of Hysteria. (C.P.I)
- 31. My Views on the Part Played by Sexuality in the Etiology of the Neuroses. (C.P.I)
- 32. Wit, and its Relations to Unconscious. Moffard, Yard & Co. New York, 1917.
- 33. Obsessive Acts and Religious Practice. (C.P.II)
- 34. The Sexual Enlightenment of Children. (C.P.II)
- 35. Civilized Sexual Morality and Modern Nervousness. (C.P.II)
- 36. On the Sexual Theories of Children. (C.P.II)
- 37. Hysterical Fancies and their Relation to Bi-Sexuality. (C.P.II)
- 38. The Relation of the Poet to Day-Dreaming. (C.P.IV)
- 39. General Remarks on Hysterical Attacks. (C.F.II)
- 40. The Anti-thetical Sense of Primal Words. (C.P.IV)

- 41. The Future Chances of Psychoanalytic Therapy. (C.P.II)
- 42. Observations on "Wild" Psychoanalysis. (C.F.II)
- 43. Psychogenic Visual Disturbance According to Fsychoanalytical Conceptions, (C.P.II)
- 44. Contributions to the Fsychology of Love. (C.P.IV)
- 45. Types of Neurotic Nosogenesis. (C.P.II)
- 46. The Employment of Dream Interpretation in Psychoanalysis. (C.P.II)
- 47. The Dynamics of the Transference. (C.F.II)
- 48. Totem and Taboo. Dodd, Mead & Co. New York, 1918.
- 49. The Pre-Disposition to Obsessional Neurosis. (C.P.II)
- 50. Fausse Reconnaissance. (Deja Raconte) in Psychoanalytic Treatment. (C.P.II)
- 51. A Note on the Unconscious in Psychoanalysis. (C.P.IV)
- 52. The Occurrence in Dreams of Material From Fairy Tales. (C.P. IV)
- 53. The Theme of the Three Caskets. (C.F. IV)
- 54. The Moses of Michelangelo. (C.P.IV)
- 55. A Case of Paranoia Running Counter to the Psychoanalytical Theory of the Disease. (C.P.II)
- 56. Instincts and Their Vicissitudes. (C.P.IV)
- 57. Repression. (C.P.IV)
- 58. The Unconscious. (C.P.IV)
- 59. Thoughts for the Times on War and Death. (C.P.IV)
- 60. Some Character Types met with in Psychoanalytic Work. (C.P.IV)
- 61. On the Transformation of Instincts with especial Reference to Anal Erotism. (C.P. II)
- 62. Meta-Psychological Supplement to the Theory of Dreams. (C.P. IV)

- 63. Mourning and Melancholia. (C.P.IV)
- 64. One of the Difficulties of Psychoanalysis. (C.P.IV)
- 65. A Childhood Recollection from "Dichtung und Wahrheit". (C.P. IV)
- 66. A Child is Being Beaten, (C.P. II)
- 67. The Uncanny. (C.P.IV)
- 68. Introduction to "Psychoanalysis and the War Neuroses" International Psychoanalytic Press, London, 1921.
- 69. The Psychogenesis of a Case of Homosexuality in a Woman. (C.P. II)
- 70. Certain Neurotic Mechanisms in Jealousy, Paranoia, and Homosexuality. (C.P. II)
- 71. Dreams and Telepathy. (C.F.IV)
- 72. The Infantile Genital Organization of the Libido. (C.P.II)
- 73. A Neurosis of Demoniacal Possession in the 17th Century.
- 74. Neurosis and Psychosis. (C.P.II)
- 75. The Passing of the Oedipus Complex. (C.P.II)
- 76. The Economic Problem In Masochism. (C.P.II)
- 77. The Loss of Reality in Neurosis and in Psychosis. (C.P.II)
- 78. A Note upon the Mystic writing Pad. I.XXI, 1940.
- 79. On Negation, I, IV, 1923.
- 80. Some Psychological Consequences of the Anatomical Distinction Between the Sexes. I, VIII, 1927.
- 81. Die okkulte Bedeutung des Traumes. Im. XI, 1925. (To my knowledge, not translated into English.)
- 82. Die Widerstaende gegen die Psychoanalyse, Im. XI, 1925. (To my knowledge, not translated in English)
- 83. Psychoanalysis, Freudian School. Article in "Encyclopedia Britannica", 13th Edition, III, pp. 253-255.

- 84. Humor, I, IX, 1928
- 85. Fetishism, I, IX, 1928.
- 86. The Future of an Illusion. Hogarth Press, London, 1928.
- 87. Female Sexuality, I, XIII, 1932. Also published under the title "Concerning the Sexuality of Women". Q.I, 1932.
- 88. Libidinal Types. I, XIII, 1932, and Q.I, 1932.
- 89. The Acquisition of Power over Fire. I, XIII, 1932. Also under the heading: "The Acquisition of Fire", Q.I, 1932.
- 90. Civilization and Its Discontent, Norton, New York, 1930.
- 91. Analysis Terminable and Interminable. I, XVIII, 1937.
- 92. Constructions in Analysis. I, XIX, 1938.
- 93. A Disturbance of Memory on the Acropolis, I, XXI, 1941.
- 94. Moses and Monotheism. Alfred A. Knopf, New York, 1939.

#### CHAPTER III.

Basic Writings by Abraham, Ferenci and Jones.

Besides Freud, these three men especially have contributed to the erection of psychoanalysis. Fortunately, their most important papers have been collected and published in book form. The papers contained in these books are not enumerated individually in the following list:

#### Karl Abraham:

- 95. Selected Papers. London Institute of Psychoanalysis and Hogarth Press, 1927.
- 96. Dreams and Myths. N.M.D.M.S. XV, New York 1913.

Of clinical papers not contained in (95) and (96), the following deserve special mention:

97. Sollen wir die Patienten ihre Traeume aufschreiben lassen? Z.I. 1913.

This interesting little paper was neither included into the "selected papers", nor translated into English.

98. The History of an Impostor in the Light of Psychoanalytic Knowledge. Q. IV, 1935.

## Sandor Ferenczi

- 99. Contributions to Psychoanalysis. R.J. Badger, Boston 1916.
- 100. Further Contributions to the Theory and Technique of Psychoanalysis. London Institute of Psychoanalysis and Hogarth Press, 1926.

101. Thalassa. The Psychoanalytic Quarterly Inc. Albany, N.Y.

A rather fantastic but extremely stimulating attempt to apply psychoanalytic thinking to phylogenetic speculations, very characteristic for Ferenczi's way of thinking.

102. (Together with S. Hollos) Psychoanalysis and the Psychic Disorder of General Paresis. N.M.D. Publ. Co. New York, 1925.

From the papers published after the mentioned books, the following may be mentioned as representative for the writings of the "old Ferenczi":

103. Child Analysis in the Analysis of Adults. I, XIII, 1932.

104. Gedanken ueber das Trauma. Z. XXI, 1934.

#### Ernest Jones:

105. Papers on Psychoanalysis. First Edition: New York, Wood and Co., 1913.

The "papers" went through several editions, later editions adding new papers, but unfortunately also omitting old ones.

- 106. Essays in Applied Psychoanalysis. Psychoanalytical Press, London, 1923.
- 107, On the Nightmare. Hogarth Press, London, 1931.
- 108. The Treatment of Neuroses. New York, Wood and Co. 1920.

The following papers are, to my knowledge, not included in (105) or (106).

- 109. The Origin and Structure of the Super-ego. I. VII, 1926.
- 110, Fear, Guilt and Hate. I. X, 1929.
- 111. The Phallic Phase, I. XIV, 1933.
- 112. The Early Female Sexuality, I, XVI, 1935.
- 113. Love and Morality. I. XVIII, 1937.

#### CHAPTER IV.

#### Other Classic Papers on Psychoanalysis

114. Brill, A.A. Psychological Factors in Dementia Praecox, an Analysis. I.f. Abn. Ps. 1908.

The first psychoanalytic paper published by Brill.

115. Brill, A.A. A Few Remarks on the Technique of Psychoanalysis. Medical Review of Reviews, 1912.

The first paper on psychoanalytic technique published in America.

116. Ferenczi, Sandor. Referat ueber die Notwendigkeit eines eigenen Zusammenschlusses der Anhaenger der Freudschen Lehre, und Vorschlaege zur Gruendung einer staendigen internationalen Organisation. Zentr. I, 1910.

The paper which introduced the foundation of the International Psychoanalytic Association: The paper was not translated into English.

117. Freud, Anna. The Relation of Beating Fantasies to a Day-Dream. I, IV, 1923.

A very interesting clinical study which was the first publication of Anna Freud.

118. Hug-Hellmuth, Hermine. A Study of the Mental Life of the Child. Washington, N.M.D.Publ. Co. 1919.

The first book about Child Psychoanalysis.

119. Jung, C.G. Diagnostische Assoziationsstudien. I.A. Barth, Leipzig, 1906.

Jung's famous experiments, introducing the conception of "complex".

120. Poetzl, Otto. Experimentell erregte Traumbilder in ihren Beziehungen zum indirekten Sehen. Zeitschrift fuer die gesamte Neurologie und Psychiatrie, XXXVII, 1917.

A frequently-quoted experimental confirmation of some of Freud's findings.

121. Rank, Otto. Der Kuenstler. Wien und Leipzig, Deuticke. Leipzig 1907.

The famous first book by Rank, not translated into English.

122. Rank, Otto. Das Inzestmotiv in Dichtung und Sage. Deuticke, Leipzig und Wien, 1912.

A voluminous collection, proving the importance of the Oedipus Complex.

- 123. Rank, Otto and Sachs, Hanns. The Significance of Psychoanalysis for the Mental Sciences. N.M.D.M.S. XXIII, New York 1915.
- 124. Silberer, Herbert. Bericht ueber eine Methode, gewisse symbolische Halluzinationserscheinungen hervorzurufen, und zu beobachten. Y.I. 1909.

The famous early study about pre-conscious thinking and symbolism, not translated into English.

125. Tausk, Victor. On the Origin of the Influencing Machine in Schizophrenia. Q. II, 1933.

The most thorough old psychoanalytic study about schizophrenia.

#### CHAPTER V.

#### General Presentations

Most of the following books contain more or less the same material. It is not absolutely necessary that every analyst should read all of them.

- 126. Alexander, Franz. The Medical Value of Psychoanalysis. Norton, N.Y. 1932.
- 127. Bibring, Edward. The Development and Problems of the Theory of Instincts. I, XXI, 1941.

A concentrated and excellent presentation of the psychoanalytic theory of Instincts.

128. Brill, A.A. Psychoanalysis, its Theories and Practical Application. Philadelphia, W.B. Saunders, 1913.

The book, since that time, has gone through many new editions.

- 129. Brill, A.A. Fundamental Conceptions of Psychoanalysis. New York, Harecourt, Brace and Co. 1921.
- 130. Coriat, Isador H. What is Psychoanalysis? N.Y. Moffatt, Yard and Co, 1919.
- 131. Deutsch, Helene. Psychoanalysis of the Neuroses. Hogarth Press, London, 1933.
- 132. English and Person. Common Neuroses of Children and Adults. N.Y. Norton, 1937.
- 133. Fenichel, Otto. Outline of Clinical Psychoanalysis. N.Y. Norton, 1934.
- 134. Fenichel, Otto. Problems of Psychoanalytic Technique. The Psychoanalytic Quarterly Inc. Albany, N.Y. 1939.
- 135. Freud, Anna. Introduction to Psychoanalysis for Teachers. Allen & Unwin, London, 1931.

136. Freud, Anna. The Ego and the Mechanisms of Defense. Hogarth Press, London, 1937.

The most important and best introduction into the problems of psychoanalytic ego-psychology.

- 137. Glover, Edward. Psychoanalysis. John Bale Medical Publications, London, 1939.
- 138. Glover, Edward. An Investigation of the Technique of Psychoanalysis.

A questionnaire sent to the members of the British Psychoanalytic Society, about the ways of their actual proceeding in psychoanalytic practice. The answers are not very revealing, but the questions may be well used as material for the discussion of problems of psychoanalytic technique.

139. Hartmann, Heinz. Die Grundlagen der Psychoanalyse. Georg Thieme, Leipzig, 1927.

A very impressive philosophical study on the theoretical basis of psychoanalysis. Not translated into English.

- 140. Hendrick, Ives. Facts and Theories of Psychoanalysis. Kegan, London, 1913.
- 141. Hitschmann, Eduard. Freud's Theories of the Neuroses. Kegan, London, 1913.

The first attempt at a textbook of Psychoanalysis.

- 142. Jelliffe, Smith Ely. The Technique of Psychoanalysis, N.M.D. Publ. Co. New York, 1914.
- 143. Kubie, Lawrence. Practical Aspects of Psychoanalysis. Nor-ton, N.Y. 1936.
- 144. Lorand, Sandor, and Collaborators. Psychoanalysis Today. Co-vici-Friede, N.Y. 1933.
- 145. Low, Barbara. Psychoanalysis. Allen & Unwin, London, 1920.
- 146. Menninger, Karl. The Human Mind. Knopf, New York, 1938.
- 147. Nunberg, Herman. Allgemeine Neurosenlehre auf Psychoanalytischer Grundlage. Huber-Bern 1932.

- 148. Pfister, Oscar. The Psychoanalytic Method. N.Y. Moffatt, Yard and Co. 1917.
- 149. Reich, Wilhelm. Charakter Analyse. Selbstverlag des Verfassers. Wien, 1933.

Though many objections have been raised against this book, we consider it very interesting and important, and the best introduction to the problems of dynamics and economics of character analysis. Every analyst who is able to read German should read it.

150. Sterba, Richard. Freud's Libido Theory. Norton N.Y. 1942.

A good summary.

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#### CHAPTER VI.

#### Special Papers.

The choice of the papers quoted in this chapter is certainly more or less arbitrary; see the introductory remarks.

### Psychoanalytic Psychology

The Ego and Its Development.

151. Balint, Alice. Liebe zur Mutter und Mutterliebe. Z. XXVI, 1939.

A good description of the primitive phases of love; not translated into English.

152. Fenichel, Otto. Fruehe Entwichlungsstufen des Ichs. Im. XXIII, 1937.

A summary of psychoanalytic knowledge of the development of the ego; not translated into English.

153. Fenichel, Otto. The Ego and the Affects. Psychoanalytic Review, XXVI, 1939.

Explaining the psychoanalytic conceptions about affects and emotions.

- 154. Fenichel, Otto. Organ-libidinoese Begleiterscheinungen der Triebabwehr. Z. XV, 1928.
- 155. Grotjahn, Martin, Dream Observations in a two-year, fourmonths-old Baby. Q. VI, 1938.

Observations which are of paramount importance for the theory of dreams.

156. Isaacs, Susan. The Psychological Aspects of Child Development. Evans Brothers, London, 1935.

This book is quoted as a representative of many books by Isaacs and her followers about child psychology.

157. Isakower, Otto. A Contribution to the Pathopsychology of Phenomena Associated with Falling Asleep. I, XIX, 1938.

A paper, basic for the research of the early developmental phases of the ego.

- 158. Isakower, Otto. On the Exceptional Position of the Auditive Sphere. I, XX, 1939.
- 159. Rado, Sandor. An Anxious Mother. I, IX, 1928.

A study concerning the economical factor in ego-psychology.

About the psychology of narcissism. Not translated into English.

On narcissism in consciousness of nature; not translated into English.

162. Sachs, Hanns. One of the Motive Factors in the Formation of Super-ego in Women. I, X, 1929.

On the exceptional role of oral erotism in female development.

163. Schilder, Paul. Das Koerperschema. Berlin 1933.

On the relations of the mental "ego" and the body.

164. Schmidt, Vera. Die Entwicklung des Wiss-Triebes bei einem Kinde, Im. XVI, 1930.

The best clinical description of the development of curiosity out of oral (and other) instinctual demands; Not translated into English.

- 165. Simmel, Ernst. Doctor-game, Illness, and the Profession of Medicine. I, VII, 1926.
- 166. Waelder, Robert. The Principle of Multiple Function. Q.V, 1936.

On the ways of ego functioning.

167. Waelder, Robert. The Psychoanalytic Theory of Play, Q, II, 1933.

A clear summary of Freud's conceptions concerning playing.

168. Waelder, Robert. Zur Frage der Psychischen Konflikte im fruehesten Lebensalter. Z. XXII, 1936.

An interesting criticism of the theories of Melanie Klein and her followers, unfortunately not translated into English.

#### General Mechanisms

- 169. Deri, Frances. On Sublimation. Q. VIII, 1939.
- 170. Fenichel, Otto. Ueber respiratorische Introjektion. Z. XVII.
- 171. Fenichel, Otto. The Scoptoplilic Instinct and Identification. I, XVIII, 1937.
- 172. Kubie, Lawrence S. A Critical Analysis of the Conception of a Repetition Compulsion. I, XX, 1939.
- 173. Staercke, August. The Castration Complex. I, II, 1921.

  The most thorough study of nature, origin and vicissitudes of this complex.
- 174. Tausk, Viktor. Compensation as a Means of discounting the Motive of Repression, I, V, 1924.

#### Theory of Sex

- 175. Andreas-Salome, Lou. Anal und Sexual. Im. IV, 1916.
  - A very informative study about the relations of pregenitality to genitality, - unfortunately not translated into English.
- 176. Bibring-Lehner, Grete. Ueber die phallische Phase und ihre Stoerungen. Paed. VII, 1933.
  - A comprehensive summary of Freud's views on this subject,
- 177. Deutsch, Helene. Zur Psychologie der weiblichen Sexualfunktionen. Wien, Int. Ps.A. Verlag, 1925.
- 178. Fenichel, Otto. Weiteres zur Prae-Oedipalen Phase der Maedchen. Z, XX, 1934.
- 179. French, Thomas. Psychogenic Material Related to the Function of the Semi-circular canals. I, XX, 1929.

The most significant of the few papers which deal with the very important chapter of "equilibrium sexuality". (Besides, there are several papers by Schilder about this subject.) 180. Harnik, Jeno. The Various Developments Undergone by Narcissism in Men and Women. I, V, 1924.

Concerning sex differences in narcissism and exhibitionism.

- 181. Kubie, Lawrence S. The Fantasy of Dirt. Q, VI, 1937.
- 182. Landmark, Johannes. Ueber den Trieb-Begriff. Im. XX, 1934.

  Important critical thoughts about the Instinct Theory, unfortunately not translated into English.
- 183. Reich, Wilhelm. Die Funktion des Orgasmus. Int. Ps. A. Verlag, Wien, 1927.

A very interesting book, concerning expecially the economics of orgasm and the importance of its disturbances for the psychology of neuroses. Not to be confused with the English book of the same title, which Reich published in 1942.

184. Sterba, Richard. Ueber den Oedipus-Komplex beim Maedchen. Paed, VII, 1933.

A very good summary, in German language, about Freud's view on female sexuality.

## General Problems

185. Fenichel, Otto. Der Begriff "Trauma" in der heutigen Psychoanalytischen Neurosenlehre. Z. XXIII, 1937.

Considerations about the dynamics and economics of neuroses; not translated into English.

- 186, French, Thomas, Reality and the Unconscious. Q. VI, 1937.
- 187. French, Thomas. Reality-Testing in Dreams. Q. VI, 1937.

Two interesting papers, picked out as representatives for a number of others, in which French tries to describe processes studied by psychoanalytic egopsychology in the fashion of Lewin's dynamic psychology.

188. Hartmann, Heinz. Ich-Psychologie und Anpassungs-Problem. Z. XXV. 1939.

A thorough investigation of the "adaptation" functions of the ego, which are mostly neglected by psychoanalysis.

# Special Neuroses

There exists already a lot of literature about any of the . special neuroses; whoever is interested in a special neuroses has to study special literature.

In the following, only a few publications are enumerated, which, for one reason or another, would be profitable to read for any analyst.

## Anxiety Hysteria

- 189. Bornstein, Berta. Phobia in a child 2 Years old. Q. IV.

  A casuistic report, very important for the theory of children's neuroses.
- 190. Deutsch, Helene. The Genesis of Agoraphobia. I, X, 1929.

  An attempt at a new and very interesting interpretation of agoraphobia.

## Perversions

- 191. Deutsch, Helene. On Female Homosexuality. Q, I, 1932.

  On the differences between male and female homosexuality.
- 192. Glover, Edward. The Relation of Perversion Formation in the Development of Reality Sense. I, XIV, 1933.

Quoted as a representative of a rather numerous type of paper, in which some London analysts try to re-shape certain views of Freud's psychology of neuroses.

193. Sachs, Hanns. Zur Genese der Perversionen. Z. IX, 1923.

Introduction of an economic theory of perversions, not translated into English.

### The So-called "Psychopathies"

194. Reich, Wilhelm. Der triebhafte Charakter. Int.Ps.A. Verlag, Wien, 1925.

Impulsive characters are not lacking a super-ego, but have a pathological super-ego.

195. Reich, Wilhelm. Der masochistische Charakter. Z. XVIII, 1932.

A very important attempt to explain masochism within the frame of the pleasure principle; not translated.

#### Addictions.

196. Rado, Sandor. The Psychical Effects of Intoxication. I. IX, 1928.

An important paper, which not only opened the psychoanalytic research of addictions, but simultaneously introduced the viewpoints of "self-esteem" and "narcissistic needs".

197. Wulff, M. Ein interessanter oraler Symptomenkomplex, und seine Beziehungen zur Sucht. Z. XVIII, 1932.

Wulff describes a very frequent type of a female oral neurosis.

## Stammering

198. Coriat, Isador. Stammering. N.Y. and Washington, 1928.

A thorough monograph.

## gchizophrenia

199. Bibring, Edward. Klinische Beitraege zur Paranoia-Frage. Z. XIV, 1928, and XV, 1929.

Very constructive and basic case histories and theoretical discussions; not translated into English.

200. Mack-Brunswick, Ruth. A Supplement to Freud's History of an Infantile Neurosis. I. IX, 1928.

Extremely interesting for anybody who knows Freud's history of the "wolf-man".

201. Mack-Brunswick, Ruth. Die Analyse eines Eifersuchtswahns. Z. XIV, 1928.

Model of a "pre-Oedipal" neurosis.

202. Ophuijsen, V. I.H.W. On the Origin of the Feeling of Persecution. I. I, 1920.

Investigating the projective origin of the delusion of persecution; published simultaneously with a very similar paper by Staercke, which we quote as Nr. 204.

203. Rickman, John. The Development of the Psychoanalytical Theory of the Psychoses. A Survey. Supplement to the Int. Ps. A. J. London 1926.

A very good survey of the whole literature.

- 304. Staercke, August. The Reversal of the Libido-Sign in Delusions of Persecution. I. I, 1920.
- 305. Waelder, Robert. Schizophrenic and Creative Thinking. I. VII, 1926.

Makes use of psychoanalytic findings in schizophrenias for a study of the psychology of thinking.

### Manic-Depressive Psychoses

206. Deutsch, Helene. Zur Psychologie der chronischen Hypomanie. Z. XIX, 1933.

The most illuminating psychoanalytic publication about mania.

- 207. Gero, George. The Conception of Depression. I, XVII, 1936.

  The paper does not limit itself to a discussion of the "conception" of depression, but studies its function and dynamics.
- 208. Rado, Sandor. The Problem of Melancholia. I. IX, 1928.

  A supplement to Freud's theory of melancholia.

### Organ Neuroses

209. Alexander, Franz, and co-workers. The Influence of Psychological Factors upon Gastro-Intestinal Disturbances. Q. III, 1934.

The analysis of gastro-intestinal disturbances, especially of peptic ulcer, gives a good example of the way in which psychogenic and somatic factors work together in organ neuroses.

210. Kardiner, Abraham. The Bio-Analysis of the Epileptic Reaction. Q. I, 1932.

Including the whole problem of "traumatic neuroses".

211. Saul, Leon. Psychogenic Factors in the etiology of the Common Cold. I, XIX, 1938.

An interesting attempt to apply the principles developed by Alexander for gastro-intestinal disturbances, to the field of common colds.

- 212. Symposium on Essential Hyper-Tension. Psychosomatic Medicine, I, 1939.
- 213. Symposium on the Neurotic Disturbances of Sleep. I. XXIII, 1942.

## Technique of Psychoanalysis

The bibliography of psychoanalytic technique is to be found in Fenichel's book, which we quoted as Nr. 134. -- Since this book tried to compile the problem of technique in a general way, we include it in Chapter IV. -- The following papers, again, seem to be valuable to any analyst for one reason or another.

- 214. Fliess, Robert. Metapsychology of the Analyst. Q. XI, 1942.

  An attempt to understand theoretically what is going on inside the analyst while he is working.
- 215. Freud-Issue of the Menninger Bulletin. The Menninger Bulletin, I, 1937.

Gives a detailed description of the technique in which psychoanalysis is used clinically at the Menninger Sani-tarium.

- 216. Glover, Edward. Lectures on Technique in Psychoanalysis. I. VIII, 1927, and IX, 1928.
- 217. Glover, Edward. The Therapeutic Effect of Inexact Interpretation. I, XII, 1931.

This paper contains the beginning of a psychoanalytic theory of the effectiveness of any non-analytic psychotherapy.

- 218. Numberg, Herman. The Will to Recovery. I. VII, 1926.
- 219. Reik, Th. Surprise and the Analyst. Kegan & Co. London, 1936.
- 220. Simmel, Ernst. Psychoanalytic Treatment in a Clinic. I. X, 1929.

About the use of psychoanalysis in a clinic.

- 221. Sterba, Richard. The Fate of the Ego in Psychoanalytic Therapy. I. XV, 1934.
- 222. Sterba, Richard. The Dynamics of the Dissolution of the Transference-Resistance. Q. IX, 1940.

Two papers about the theory of interpretation and of handling the transference.

223. Symposium on the Theory of the Therapeutic Results of Psychoanalysis. I, XVIII, 1937.

This symposium makes very interesting reading, and shows how divergent the opinions of some analysts still are in respect to basic problems.

## Children's Analysis

Again: Children's analysts have to read quite a lot of special literature which we do not quote. — The reading of the following two numbers, however, will be of advantage to any analyst.

- 224. Bornstein, Steff. A Child Analysis. Q. IV, 1935.

  An extraordinary case history.
- 225. Freud, Anna. Introduction to the Technique of Child Analysis. N.M.D. Publ. Co. New York 1928.

### Esthetics

Two papers by Kris and Sachs respectively should not be referred to the chapter on "Applications", but are certainly Psychoanalysis proper:

- 226. Kris, Ernst. Bemerkungen zur Bildnerei der Geisteskranken. Im. XXII, 1936.
- 227. Kris, Ernst. Ego-Development and the Comic. I. XIX, 1938.
- 228. Sachs, Hanns. The Creative Unconscious. Cambridge, Mass. Sic-Art Publishers, 1942.
- 229. Sachs, Hanns. Beauty, Life and Death. A.I. II, 1941.

### Future of Psychoanalysis

230. Sachs, Hanns. The Prospect of Psychoanalysis. I. XX, 1939.

Remarks on the possible development of our science, which are certainly interesting for any present-day analyst.

#### CHAPTER VII.

#### Applications

Again it must be stressed: The following is not a bibliography of the field of application of psychoanalysis to different sciences. Only a few papers are quoted, which ought to be read by any analyst, to give him an understanding of the applicability of analysis.

### Psychology

231. Bernfeld, Siegfried. The Psychology of the Infant. Kegan, London, 1929.

A textbook of the psychology of the small child, written from the psychoanalytic viewpoint.

232. Homburger, Erik. Configurations in Play. Q. VI, 1937.

Homburger's observations are the basis of a psychoanalytic "Psychology of Space".

# Mythology, Psychology of Religion.

233. Rank, Otto. The Myth of the Birth of the Hero. N.M.D.M.S. XVIII, London, 1913.

The classical psychoanalysis of a myth.

234. Rank, Otto. Psychoanalytische Beitraege zur Mythenforschung. Int. Ps. A. Verlag, Wien, 1919.

A collection of the more important mythological papers by Rank. Not translated.

- 235. Reik, Th. The Ritual. Psychoanalytic Studies. Norton, New York, 1931.
- 236. Reik, Th. Der eigene und der fremde Gott. Int.Ps.A. Verlag, Wien, 1923.

Two volumes of Reik's papers on religion psychology. The second one has not been translated.

## Sociology, History

237. Abraham, Karl. Amenhotep IV. Q. IV, 1935.

The first and very interesting attempt to psychoanalyze a historical figure.

- 238. Fenichel, Otto. The Drive to Amass Wealth. Q. VII, 1938.
- 239. Fenichel, Otto. Psychoanalysis of Anti-Semitism. A.I. I, 1939.

Two attempts to apply psychoanalysis to socialogical problems in a correct fashion; they may be interesting from a methodological point of view.

240. Fromm, Erich. Zur Entstehung des Christus-Dogmas. Im. XVI, 1930.

A criticism of the first and too naive applications of psychoanalysis to history, done in a very positive way: by an attempt to make an own study in a better way; not translated.

241. Fromm, Erich. Ueber Methode und Aufgabe einer analytischen Sozialpsychologie. Zeitschrift fuer Sozialforschung, I, 1932.

A program how to do a psychoanalytic social psychology.

242. Malinowski, Bronislav. Mutterrechtliche Familie und Oedipus-Komplex. Im. X, 1924.

On the sociological determination of the Oedipus complex. - Probably the same problems are discussed in the English paper: "Psychoanalysis and Anthropology" published in "Psyche" IV, 1924, which I have not read.

243. Reich, Wilhelm. Der Einbruch der Sexualmoral. Verlag fuer Sexualpolitik, Berlin, 1932.

A book which might be very questionable in some details, but at least shows a very excellent and remarkable way of putting the problems of psychoanalytic sociology.

244. Sachs, Hanns. Caligula. Elkin, Matthews and Marrott, London, 1931.

An extremely interesting book, which not only tries to analyze the historical figure of Caligula, but which uses this figure for a general study on psychoanalytic characterology.

### Criminology

245. Alexander, Franz, and Staub, Hugo. The Criminal, the Judge, and the Public. Allen-Unwin, London, 1931.

The first monograph on psychoanalytic criminology.

## Pedagogics

There is already an enormous amount of literature on so-called "psychoanalytic pedagogics", and for eleven years, the "Zeitschrift fuer Psychoanalytische Paedagogik" has been published. — Two basic writings, however, certainly should be studied by everybody:

- 246. Aichhorn, August. Wayward Youth. Putnam, London, 1936.
- 247. Zulliger, Hans. Psychoanalysis in Public School Practice.
  American Journal for Ortho-Psychiatry, 1939-40.

### Psychological "Sources"

248. Hug-Hellmuth, Hermine. A Young Girl's Diary. London, Allen and Unwin. 1921.

Freud called this dairy "a little jewel".

#### CHAPTER VIII

Problematic Books, 'Important in the History of Psychoanalysis

Certainly the literature of the so-called "dissenting movements" should not be included here in detail. However, the basic books, or the papers which introduced the secession, should certainly be studied by anybody who talks about it. - Besides, the following chapter includes publications which represent certain trends within psychoanalysis which are not generally accepted, but about which every student of psychoanalysis should at least have some information.

249. Adler, Alfred. The Neurotic Constitution. Moffatt, Yard and Co. N.Y. 1917.

This older book of . Adler's may be quoted as a representative of his school.

250. Eitingon, Max. Ueber das Unbewusste bei Jung, und seine Wendung ins Ethische. Z. II, 1914.

A paper written on the request of Freud, which introduced the secession of Jung.

251. Fromm, Erich. Escape from Freedom. Farrar & Rinehart, New York, 1941.

In studying the psychological problems on the basis of present-world difficulties, Fromm introduces a new and simpler form of "psychoanalysis", polemizing against instinct and libido-theories.

252. Horney, Karen. New Ways in Psychoanalysis. W.W. Norton, New York, 1940.

The best representative of Karen Horney's new teachings.

253. Jung, C. G. Wandlungen und Symbole der Libido. Deuticke, Wien, 1912.

The book which brought Jung's secession.

254. Kardiner, Abraham. The Individual and His Society. Columbia University Press, New York, 1939.

A "psychoanalytic" anthropology and sociology without instinct -- and libido-theory.

255. Klein, Melanie. The Psychoanalysis of Children. Hogarth Press, London, 1932.

The textbook of the so-called "British School of Psychoanalysis".

- 256. Rado, Sandor. Fear of Castration in Women. Q. II, 1933.

  The first paper by Rado which degressed from Freud in basic questions.
- 257. Rank, Otto. The Trauma of Birth. Kegan, London, 1929.

  The beginning of Rank's fantastic theories.
- 258. Roheim, Geza. Psychoanalysis of Primitive Cultural Types. I. XIII, 1932.

Roheim, who certainly is no "secessionist", but, as a clinician, a reliable follower of Freud, in this book applies psychoanalysis to anthropology, in a way which seems to the reviewer, — as he has repeatedly publicly stated — so dubious that he prefers to include it here instead of in Chapter VII.

259. Stekel, Wilhelm. Die Sprache des Traumes. Bergmann, Wiesbaden, 1911.

540 pages of symbol interpretation, characteristic for Stekel's way of thinking, which has been expressed in so many books, the reading of one of which certainly is entirely sufficient.

#### CHAPTER IX

#### Periodicals.

Since the outer circumstances set an end to the Revue Francaise de Psychoanalyse, the Rivista Italiana di Psichoanalisi, and the Japanese psychoanalytic journals, only the following five periodicals are now entirely dedicated to psychoanalysis:

- 260. International Journal of Psychoanalysis.
- 261. Internationale Zeitschrift fuer Psychoanalyse und Imago, (Imago Publ. Co. London) which is still edited in London in German language.
- 262. The Psychoanalytic Quarterly.
- 263. The Psychoanalytic Review.
- 264. The American Imago.

The following four journals are very favorable to psychoanalysis, and often publish psychoanalytic papers:

- 265. American Journal for Ortho-Psychiatry.
- 266. Psychiatry.
- 267. Psychosomatic Medicine.
- 268. British Journal of Medical Psychology.
- 269. Bulletin of the Menninger Clinic.

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