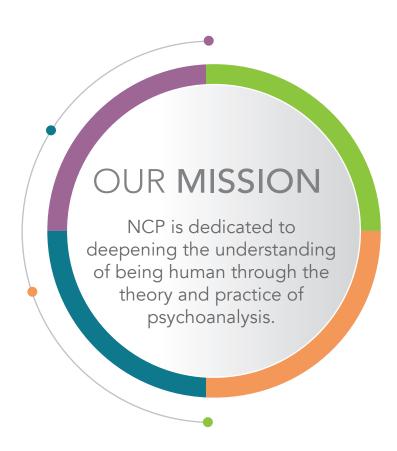


## 2023 ANNUAL REPORT

June 2, 2023

# OUR VISION

Emotional health transforming lives and creating communities where everyone can belong, grow, and thrive.





# EDUCATION, TRAINING & RESEARCH

Provide in-depth training and continuing education to psychoanalysts, mental health professionals, and academics.

Develop open, creative, and flexible training programs for the next generation.

Provide lifelong psychoanalytic learning integrating transdisciplinary findings.

Commit to excellence through research and scholarly writings to further psychoanalytic knowledge and practice.

### **COLLABORATION & SERVICE**

Partner with others nationally and internationally to apply psychoanalytic concepts to individuals and society.

Expand the accessibility of affordable psychoanalytically oriented services and support individuals and organizations who provide low fee direct services in the community.

Offer flexible programming to bring psychoanalytic perspectives to the community.

### **ADVOCACY**

Promote a greater awareness of mental health in under-resourced populations.

Develop and support programs that increase access to mental health services.

Examine our role in perpetuating injustice, racism, and unconscious bias.

### **INCLUSION**

Respect a multiplicity of ideas, experiences, and worldviews.

Commit to an inclusive culture where diversity is valued.

Cultivate an open and informed leadership and membership.

#### **BOARD OF DIRECTORS**

## NEW CENTER FOR PSYCHOANALYSIS ANNUAL REPORT: June 2023

President

Paulene Popek, PhD

Past President

Myra Pomerantz, PhD

Secretary

Gabrielle Taylor, PhD

Treasurer

David Thomsen, MBA

Dean

Jill Model Barth, PhD

Psychotherapy Division Director

Lucia Melito, PhD

Child Analytic Committee Director

Susan Donner, MD

Membership Services Director

Luis A. Nagy, PhD

Diversities and Sociocultural Issues Committee Chairs

Joseph Verrone, LCSW

Michele Gomes, PsyD

#### PRESIDENT'S REPORT

I've been on the Board for the past 17 years in some capacity or another. A little hard to believe. The workings, debates, and problems kept me engaged but it was the people that were the best. The Board has a long history of dedicated members who have led programs or departments with devotion and passion. I have great respect for all of them. However, I believe it is now time for me to go. I have many people to thank. To the Board for their loyalty, support, and participation in the many discussions and decisions we have made during these last few years. To Cecilia who worked tirelessly with me on so many complicated issues, i.e., the BPPE, Covid, and the remodel. To Amber who has gone above and beyond my expectations in understanding our organization and helping us become more organized. To Jill and the EC for the openness to work more closely with the Board. To the Diversity Committee and Strategic Planning Committee for their insights and forward thinking on issues that pertain to the health and growth of our Center. I'm proud to be a part of a group of leaders and committee members who work hard to fulfill the needs of our Center. The Presidency has been an invaluable experience that has helped me grow, learn to tolerate disagreements, weather conflicts, and build relationships with so many people. I value our staff particularly Cheryl and Tina, who I have had the privilege to work more closely with, and who are dependable and hardworking, and a delight.

We have been through a lot these past few years and for the most part many things have worked out in our favor. However, not everything worked out the way I would have wished. It was hugely disappointing to learn that the BPPE changed their ruling to not accept research analysts under our current exemption. Our attempts to build a task force and hire lawyers to mediate with the BPPE didn't work out the way we hoped. The Board is moving forward to apply as Approved Non-Accredited which will enable us to include research analysts as well as add additional programs to NCP. I thank Cheryl for taking a leadership role in the work involved in completing the application.

The Covid years were hard. However, our staff worked to keep NCP zoom friendly and in the long run we not only kept operating, but we also prospered with our zoom programs. The remodel. After the membership and Board approved funds for necessary and long overdue repairs of the building, we got an update. It took longer than anticipated, cost more than we hoped, and was more involved than initially thought, but the result was spectacular. We kept the spirit of the building and made it more beautiful. We still have work to do. The BPPE application is a lot of work. We need to develop more policy and procedures and create a catalog with a defined curriculum for each of our training programs. It will require extra work on the part of all Program Leaders and their committees, but it will help us in clarifying issues that often are unclear and change every time new leaders are installed. Another challenging issue is with finances. Expenses continue to rise, and it will be important for us as an organization to work hard at establishing spending priorities and budgets as well as continue to find ways of increasing revenue to ensure the longevity of our Institute.

Program Committee Chair Heather Silverman, MD

Senior At-Large Member Kenneth House, MD Julie Tepper, PhD

Junior At-Large Member
Agnes Regeczkey, LMFT, PhD

CAO Co-Presidents
Jennifer Flores, LMFT, MS,
MEd

Natalia Boucher, LMFT

Director, APsA Board of Directors

Sandra J. Landen, PhD

Lastly, we must become more mindful of the dangers of our actions and interactions toward others. I've witnessed groups who have felt unheard, disrespected, dismissed, or left out hurt, angry and discouraged. As a group we must continue to work toward better and clearer communications and embrace an ethic of respect and openness to all voices. I encourage all of us to work hard and take steps to avoid splitting ourselves into silos and developing attitudes that one group knows more than another group. The more we become aware and address problems, conflicts, and hurt feelings, the more inclusive and tolerant we become. This organization has the potential to be a real leader in the coming years of psychoanalysis.

Thank you again for all you do for NCP. I'm proud to be a member of this Institute and to have served as I have these past several years.

Paulene Popek, PhD President

#### TREASURER'S REPORT

We have a lot to be thankful for financially this year. However, here are some challenges we faced that had an impact on our finances:

- (1) **Construction.** Two fiscal years ago the board approved a budget to modernize and renovate the building and its operations. We have a wonderful facility, but the cost was steep and continues to be. We have spent approximately \$1.5mm over the last two years, all of which came out of our savings, which reduces the amount we can use to support operations in future years.
- (2) Flat revenues and continued increase of expenses trend. Revenue showed a slight 5% gain to just above \$400,000 for the year. The more concerning trend is the increasing expenses. Expenses went above the million-dollar mark for the first time in NCP's history: an increase of a little over 15%. The combination of flat revenues and accelerated expense increases will put the endowment and the organization in jeopardy over time. The operation had a deficit of approximately \$600,000. However, planned distributions from our savings accounts offset about two thirds of that shortfall. As many of you know, NCP relies on our savings to support operations. We wouldn't exist without it. We increased our percentage distributions from 4% to 5% last fiscal year, but it is still not enough to cover the shortfall. Every year that NCP takes more money out of its endowment to support operation is another year we accelerate the depletion of our savings. It is my recommendation to seriously look at increasing revenue (donations, membership, programs, tuition) and trim expenses as much and as quickly as possible.

#### Footnotes:

There has been a steeper learning curve from our new accounting team and the way it works with Amber's team. This process has been more time consuming than we originally anticipated, but we are making progress. One recent breakthrough was to integrate NCP's website and Stripe with Quickbooks online. This process eliminates human error and time-consuming back and forth emails.

NCP continues to have a very strong balance sheet. NCP's net worth went down modestly over the past year to approximately \$26 million (from \$28

## EDUCATION COMMITTEE

President

Paulene Popek, PhD (ex officio)

Dean

Jill Model Barth, PhD

Admissions Committee

Sidonie Freeman, PsyD

Child Analytic Committee

Susan Donner, MD

Curriculum

Van Dyke DeGolia, MD

Progression Committee

Deborah Kirschbaum

Faculty Committee

Janet K. Smith, PhD

At-Large Faculty Representatives, Senior

Heather Silverman, MD

Carol Heckman, PhD

At-Large Faculty Representative, Junior

Travis Tanner, PhD, LMSW

million in 2022). As of 2019, the Sawtelle building is valued at \$12 million (suggested by an unsolicited offer); as of the date of this report our stock and bond portfolios went down to \$7.7 million (from \$9 million a year ago at this time); the La Habra, CA apartments are valued at \$6 million; and our limited partnership interests in three other apartment complexes remains at \$800,000. This amount of assets is quite rare for a 270 member (all categories) professional organization.

I'd like to acknowledge the generosity of our members, who collectively donated \$54,762 to NCP's various scholarship funds, the Child Clinic Fund, and our Endowment Fund. I also want to give tribute to NCP's major benefactors. They have given over \$100,000 and several have donated over \$1 million. We are indebted to Sue and John Peck, David Coffey, Greta Friend, Arnold Gilberg (he fundraised \$400,000 for Southern Cal), Marylou Walker, Audrey Ostrowsky, Charles See, Beulah and Vic Monke, and Peggy Mahon.

As always, I am grateful to our dedicated staff and gracious and benevolent volunteer community. Thank you.

David J. Thomsen, MBA Treasurer

#### SECRETARY'S REPORT

NCP welcomed a number of new staff this year: Amber McClarin stepped in as Executive Director and Christian Bold took on the role of Administrative Manager of the Psychotherapy Programs. Both began at the start of the fiscal year. In the fall, we welcomed audio/visual technician Byrd Brown Stanton, who took on coordination of the extension programs. In early 2023, we were able to hire Alison Davis for the position of Clinic Coordinator. And most recently, assisting with administrative tasks, Michael Mikel, who will be with us for the duration of Amber's maternity leave.

We also saw some beloved staff transition out of their roles: Cecilia Peck moved into retirement, but still functioned as a consultant. Ebony Towner briefly ran the Clinic before leaving NCP to start her own practice. We're grateful to have had Myra Pomerantz's help with the Clinic during the interim between Ebony and Alison.

The staff has transitioned into the newly updated facility and supported programs and committees with in-person, virtual, and hybrid events, including the implementation of new technologies to best meet the needs of the diverse audiences. The COVID policy has evolved over the year to address changing safety standards, as well as to integrate flexibility for members returning to in-person events.

A fully functioning building welcomed hybrid classes in the fall of 2022. Unfortunately, in October there was a burglary. (Insurance covered the costs of damage and the stolen items.) As a result, a security alarm and additional cameras were installed as added protection for the property. Additionally, a security gate for the parking lot was approved and construction began in May of 2023. With the substantial rain we experienced this winter came several leaks in the roof. Impacted areas include the auditorium, the Greenson room, classroom 3, the Executive Director's office, the women's

Clinical Associates Organization

Natalia Boucher, LMFT

Jennifer Flores, LMFT, MS, MEd

Institute Analysis Conference Committee

Julie Tepper, PsyD, MFT and Dahlia Nissan Russ, PsyD, Co-Chairs (ex officio)

Diversities and Sociocultural Issues

Joseph Verrone, LCSW

Research Committee

Barton Blinder, MD

Research Psychoanalyst Committee

Aranye Fradenburg, PhD

Strategic Planning Rep

Heather Silverman, MD

Clinic Coordinator

Alison Davies, LCSW

restroom, and the south wall area outside the tech closet, as well as the east wall of the basement which houses the electrical panel. The damage is currently being assessed for repairs.

Respectfully submitted, Gabrielle Taylor, PhD Secretary

#### **DEAN'S REPORT**

The Education Committee (EC) is a 19-member committee comprised of the chairs of each committee which manages the Adult, and the Child & Adolescent Psychoanalytic Training Programs and usually meets the first Thursday of each month. Beginning July 1, 2022, the EC has met monthly except for February, when a subcommittee met for a private session. For the 3<sup>rd</sup> consecutive year, the NCP Psychoanalytic Training Programs have faced a pandemic which has altered the course of the NCP training program. All classes were held on Zoom in 2022-23, with one cohort occasionally meeting in person. Our amazing administrative team consisting of Cheryl, Amber, Tina, Chris, and Christine pitched in and tirelessly worked to support our students and faculty.

NCP has twenty-two Clinical Associates (please see sidebar): a first-year class of eight students; six students in their second year; five students in their fourth year; nine post-seminar Clinical Associates (three on LOA); three CAPT-only students. Seven enrolled Clinical Associates are international students. This year, two Clinical Associates graduate from the Adult Psychoanalytic Training Program.

I wish to express my gratitude to all of the committee chairs who have contributed tirelessly to the NCP community. Several EC members will be stepping down. They have each contributed so much to the Psychoanalytic Training Programs and they will be sorely missed. This year, Heather Silverman (Sr. Faculty Representative), Travis Tanner (Jr. Faculty Representative), Jennifer Flores and Natalia Boucher (CAO Co-Presidents), and Jill Model Barth (Dean) will be leaving their EC positions. A newly appointed Dean and two Junior Faculty Representatives will be joining the EC. As the NCP bylaws state, the Dean and the Junior and Senior Faculty Representatives are voted on by the Faculty. The Dean appoints Institute Committee Chairs; the CAO President is voted on by the Clinical Associates.

#### New Committees, Committee Chairs and Acknowledgements

There have been several changes and additions to the EC and to the Committees themselves. I will leave the details to our Committee Chair Reports, but I would like to note some of the key changes here, and formally say thank you to everyone.

Admissions Committee – Sidonie Freeman took on an even greater role as international students were admitted, beginning in 2021. Expanding the applicant pool involved adding more interviewers and interviews to meet this demand. Sidonie formed a Sub-Committee for International Students, chaired by Luis Nagy.

Curriculum Committee – Van Dyke DeGolia and his committee have revised the curriculum to keep in step with the needs of the Clinical Associates and

#### **NEW MEMBERS**

#### **FULL**

Kati Breckenridge, PhD, PsyD

Cheryl Goldstein, PhD, PsyD

Gerard Sobnosky, LMFT

Nathan Szajnberg, MD

#### **AFFILIATE**

Rachel Bartur, LCSW

Laurie Grotstein, LMFT

Elizabeth Horstmann, MD

Nitzan Keynan, LMFT

Tamer Mattar, PsyD

Alison Picard, MA, LMFT

Joshua Poole, MD

Annia Raja, PhD

#### **STUDENT**

Jenna Cheng, DO

Melissa Julian, MA, PhD

Nicholas McElroy, BA, MA

Violet Yeager, DO, MSPH

to keep current with evolving psychoanalytic developments nationally and internationally. A notable accomplishment has been to offer more coteaching opportunities by pairing Senior Faculty with new Faculty. Early planning of course scheduling and teaching assignments was implemented in 2022 and continue in 2023.

Faculty Committee - The Faculty Committee is chaired by Janet Smith. Heather Silverman is the Senior Faculty Representative and Travis Tanner is the Junior Faculty Representative. They have worked to offer Faculty assistance with the blended in-person and Zoom-only classes. This year Janet organized an informational session to encourage new TA/Sas to become certified by the ABAP and then submit applications to NCP.

**Progression Chair** - Debbie Kirschbaum has completed her first year as Progression Chair. She has continued to reorganize the way electronic student records are maintained. Supervisors and advisors now have access to students' files online, streamlining progression tracking.

Strategic Planning Representative – Jill Model Barth and Heather Silverman are the liaisons on the Education Committee and have bridged a gap between these two committees. Jill and Heather will remain on Strategic Planning. Recruitment Committee – This committee, co-chaired by Aimee Martinez and Natalia Boucher, played an active role in coordinating the annual Open House. They did an excellent job in integrating all of the NCP programs so that each program benefits from the recruitment efforts. Aimee and Natalia will be stepping down from their roles.

**Research Psychoanalyst Committee** – Aranye Fradenburg Joy replaced Jeff Prager on the EC. Aranye has engaged an active RPC Committee. This committee is involved with the BPPE application process to obtain approval that will re-instate training for Research Psychoanalysts at NCP.

Research Training Committee – Co-Chairs Bart Blinder and Andrei Novac were very active and brought a new excitement to our center. The were prolific presenters at APsA and will be presenting their MODE research at IPA this summer in Cartagena. A huge congratulations to this vibrant committee.

Clinical Associates Organization Co-Presidents – Co-Presidents Jennifer Flores and Natalia Boucher, with Aranye Fradenburg Joy, too active roles on the Board and the EC; Natalia attended the Board meetings and Jennifer attended the EC. This needed consistency will continue next year when a new Co-President takes over. I am hoping the coffee hour and monthly meetings will continue to create a cohesive environment amongst the Clinical Associates. Jennifer and Natalia's monthly book club continues and is open to all members. Mike Gales and Heather Silverman are cofacilitators.

Diversities Committee – The EC voted to approve "diversities of supervisors" proposal: Last year, Joe Verrone and Michele Gomes, Co-Chairs, submitted a detailed proposal to consider outside supervisors for those who identify as being part of a diverse group and find no suitable supervision options within NCP. The Education Committee has approved this in an effort to meet the needs of clinical associates who identify as such. It is the first step in the process of making full use of NCP supervisors and faculty while recognizing that sometimes diversity or other expertise in a particular area is needed. Consequently, support may be needed if a clinical associate needs to look outside NCP for supervision.

**Standing Committees** – In addition to the new Committee Chairs, I want to thank the Education Committee Chairs, including Susan Donner, Director

#### GRADUATES

Psychoanalytic Training

ADULT PROGRAM 2022-2023

Elizabeth Diamond, PhD

Deborah Lynn, MD

Aimee Martinez, PsyD

Laurence Rose, LMFT

Gerard Sobnosky, LMFT

Christopher Walling, PsyD

Psychoanalytic Training

CHILD & ADOLESCENT PROGRAM 2022-2023

Elahe Sagart, MD

Psychoanalytic Psychotherapy

ADULT PROGRAM 2022-2023

Allen Chen, MD

Andrew Davidowitz, MD, MS

Leigh Jameson Goodrich, MD

Kevin Jon Ing, MD

Michael Kanell, MD

Kyrie Larcher, LCSW

Emily Ma, LCSW

Sophie Rosseel, MD

Silpa Somepalli, MD

CHILD & ADOLESCENT PROGRAM 2022-2023

Wyndy Bailey, MD

Clarence Glenn, III, MD, MBA

Manal Farrukh Khan, MD

of the Child and Adolescent Analytic Program; Julie Tepper and Dahlia Nissan Russ, IAC; and Myra Pomerantz, temporary Clinic Director. I want to thank the NCP Committee Chairs and their Committee Members for the volunteer work they generously donated to the Adult and Child Training programs. There are so many programs that contributed to our minds and souls this year, I wish I could recognize them all.

#### Highlights of Policies and Procedures

Seminar Requirements and Resources – Informal faculty training continued to guide our active Faculty, detailing current and new procedures, some because of our continued need to teach over Zoom. This document and other resource information was sent to the Faculty with the Training Schedule.

Graduation Requirements – The graduation requirements approved by the Education Committee in 2020 and included in the Clinical Associates Manual over 2021 and 2022 continue to provide the template for guiding the graduates. In 2023, the Progression Chair will provide even more specific guidelines.

Clinical Associates Manual – The revised Clinical Associates Manual was completed in January 2021 with the input of the Committee Chairs. It has been revised, organized in the standard timeline of one's training experience, and includes an extensive addendum of the Adult Clinic Manual as well as a copy of all the forms we use and are approved to date. The last program-wide distribution was in September 2021. In the fall of 2023 revisions to the manual will again be distributed to incoming Clinical Associates and Faculty.

Training Analyst and Training Supervisor Procedures (TA/TS) – The procedures for becoming a TA/TS were updated in 2022 to include two new Training Supervisor categories, Associate Supervising Analyst and Waiverapproved Supervising Analyst, permitting senior NCP members to obtain a one-time waiver if they complete an application demonstrating analytic immersion; this is in line with the TA requirement to obtain a waiver. Obtaining a TS appointment is for one case only and then the senior member needs to become certified. Currently, certification in psychoanalysis is through an independent accrediting board, the American Board of Psychoanalysis. We have revised our pathway to certification and a TA/TS appointment to reflect just one means of becoming certified.

**TA/SA Subcommittee** – Since June 2022 there has not been a TA/SA Chair. A TA/SA Sub-Committee group was formed and approved by the EC; Jill Model Barth, Ethan Grumbach, Carol Hekman, and Janet Smith have served on this sub-committee.

Faculty Manual – Faculty Committee members continued to update a draft of the faculty manual, including reducing the previous eight designated categories of faculty to three categories: Teaching, Senior, and Guest faculty. A revised Teaching Application for both Faculty and Senior Faculty streamlined and formalized the process, making it more personal and inclusive to new graduates. The manual is still incomplete.

**International Students** – We now have seven international students who are thriving at NCP.

The pandemic posed many challenges to our training program for the past three years, yet it was also a unique opportunity to invite international students to obtain psychoanalytic training at NCP. While we lost an inperson presence, we gained a rich opportunity to fulfil Peter Loewenberg's dream of establishing a Pacific Rim presence at NCP. Our international students have brought a depth and cultural diversity in ways that have enlivened learning at NCP. Online training will continue and a blended online/in-person presence will likely remain as the new pathway for training

#### CURRENT TRAINEES

CLINICAL ASSOCIATES in the Adult Psychoanalytic Training Program

First Year APT

Philip Blumeshine, MD

Megan Gray, PsyD

Yangzi (YoKo)Huang, Counselor

Dan (Daisy) Li, Counselor

Jayce Long, PsyD

Sarah Sicher, MD

Zhande (Adder) Yang, Counselor

Jiang (Carmen) Yating, Counselor

Second Year APT

Jack Brennan, LMFT

Hung Chu (Julia) Luk Yan, Counselor

Andrei Novac, MD

Steven Razo, PsyD

Jieling (Vivi) Wang, Counselor, **LMFT** 

Guoyu (Jade) Yu, Counselor

Fourth Year APT

Natalia Boucher, LMFT

Fredrick Edo, LMFT, PsyD

Jennifer Flores, LMFT, MS, **MEd** 

Tina Nguyen, MD

Luis Vallejo, MD

at NCP in the future; discussions and options for its execution will continue as needed.

#### ACPEinc Site Visit Overview & Update

The ACPEinc site visit is now complete for our Adult Psychoanalytic Training (APT) program. In 2022, ACPEinc informed NCP that they did not become an accrediting body as anticipated. Several of their board members resigned. As their future is uncertain, NCP's Board approved the renewal for a final cycle. On April 26, 2023, ACPEinc sent an email to the leadership informing NCP that when their accredited programs finish their current accreditation cycle, ACPEinc will cease operations and dissolve their corporation.

Again, a warm thank you to all the faculty who have provided excellent teaching and mentoring to our Clinical Associates.

A huge thanks to Cheryl Difatta for being my right-hand on all the day-today management of my duties as Dean. Cheryl, I could not have done this job as Dean without you. Please know how valuable you are.

Jill Model Barth, PhD Dean

#### CHILD & ADOLESCENT PSYCHOANALYTIC TRAINING PROGRAM REPORT

#### Thank You and Acknowledgements to:

NCP Child and Adolescent Supervising Analysts: Silvia Bell, Van Dyke DeGolia, Susan Donner, Stan Leiken

Current Geographic Child Supervising Analysts: (none)

NCP Child Study Group Faculty: Bart Blinder

Child Study Group Curriculum Committee: Bart Blinder, Susan Donner, Van Dyke DeGolia, Agnes Regeczkey, Joseph Verrone, Tina Walters Child Study Group Guest Lecturers: Kirsten Dahl (Western New England), Amanda Hutchison (Denver)

Big Thank You to the 40 donors who gave a total of \$32,141 to the Child Clinic!

#### Child Analytic Program

Child Clinical Associates and status of child analytic cases:

Natalia Boucher (child case #1)

Tom Cook (LOA-Fullbright in Palestine 2022-23)

Eli Diamond

Freddie Edo (term. child case #1; child case #2 in development) Tina Nguyen (child case #1; child cases #2 and #3 in development)

Elahe Sagart (all 3 case reports being written, graduation 2023)

Mara Thorsen (LOA-term. child case #1)

Joseph Verrone (cases #1 and #2 ongoing; #3 in development

Andrea Weiss (all 3 case reports being written)

Travis Tanner (joining)

Two of these cases are in the 0-21 NCP Clinic

Post Seminar

Thomas Cook, PhD

Angel Cienfuegos, MD

Jill Smith, MD

SUN Ping (Steven), PhD

Travis Tanner, PhD, LMSW

Mara Thorsen, PhD

CLINICAL ASSOCIATES in the Child & Adolescent Psychoanalytic Training Program

Natalia Boucher, LMFT

Thomas Cook, PhD

Elizabeth Diamond, PhD

Frederick Edo, PsyD, LMFT

Tina Nguyen, MD

Mara Thorsen, PhD

Joseph Verrone, LCSW

Andrea Weiss, PhD

STUDENTS in the Adult Psychoanalytic Psychotherapy Program

First Year APP

Adanna Eke, LCSW

Katherine Gaydos, LCSW

Mel Herst, LMFT

Rebecca Hirsch, LCSW

Laura Kendell, MD

Kaley Leshem, LCSW

Weei LoAllen, MD

Irving Lopez, LCSW

Ruqayyah Malik, MD

The Child Study Group Curriculum Committee collated a large list of resources and then Susan Donner and Joe Verrone chose topics and readings. Of note, Susan and Joe were invited to an APSA Committee on

1. 2022-23 Child Group Didactics - Theme: Gender

Gender and Sexuality (COGS) Zoom seminar in December 2022 to present NCP's integrative approach that has included classical psychoanalytic texts with more contemporary revisions, including articles from development, neurodiversity, and queer theory.

Child Clinical Associates present a case relevant to the readings and thus having to write a summary, dynamic formulation and vignette of analytic process.

CE credits – two hours per Child Study Group session, total 22 hours per year.

Topics of Monthly Readings and Case Vignettes - Current Controversies, Psychoanalysis' history of gender, Masculinities, Femininities, Gender in early childhood, latency and adolescence, Gender and Autism Spectrum, Medical, Surgical and Psychoanalytic Aspects of Transitioning, TransKids

Group composition – attendance ranging from 13-22 (average 17). Child study group (beyond NCP students and faculty) includes several UCLA child psychiatry faculty and fellows in the new UCLA "Area of Distinction (AOD) Psychotherapy track: Psychoanalytic Perspectives." Sessions are hybrid and/or Zoom-only.

- Continuous Child Case Conference twice monthly by Zoom
   Two Faculty Bell, Donner
   Eight Child Clinical Associates Boucher, Diamond, Edo, Nguyen,
   Sagart, Tanner, Verrone, Weiss
   Phenomenal group process with great presentations and group
   engagement.
- 3. Western Regional Child and Adolescent Psychoanalytic Consortium (on Zoom, sponsored by Rex McGehee of the Denver Psychoanalytic Institute) Two NCP child clinical associates (Edo, Verrone) participating
- 4. Expert Child Analyst Weekend Spring 2022 June 16-18 With Christine Anzieu-Premmereur, MD, PhD
  - Scientific Meeting: Adult case From Action to Somatic Eruption to Emotions
  - CAPT study group supervision with Freddie Edo presenting
  - Extension Meeting: Babies and Toddlers on the Couch?

#### <u>Administration</u>

- 1. 2022-23 Budget proposal submitted to NCP Board of Directors
- 2. Increased IAC frequency given more child cases—Thank you to the EC!
- 3. Quarterly Child Clinic Reporting—Thank you Amber!
- 4. NCP Support for Child Clinic Call screening—Thank you Myra and Amber

Yon Park, MD

Jenna Rodman, LCSW

Carolina Vargas, LMFT

Miriam Winthrop, MD

Second Year APP

Alan Chen, MD

Andrew Davidowitz,

Leigh Goodrich, MD

Kevin Ing, MD

Michael Kanell, MD

Kyrie Larcher, MSW, LCSW

Emily Ma, ACSW

Sophie Rosseel, MD

Silpa Somepalli, MD

STUDENTS in the Child & Adolescent Psychoanalytic Psychotherapy Program

First Year CAPP

Gabrielle Amoils, MFT

Jody Churko, LMFT

Clare Knudson, PhD

Maria Levine, MD

Nithya Ravindran, MD

Ewurama Sackey, MD

Trevor Shaddox, MD, PhD

Amy Woods, MD

Second Year CAPP

Wyndy Bailey, MD

Clarence Glenn, MD

Manal Khan, MD

#### Ongoing Community Outreach

- Ongoing supervision and teaching of Child Psychiatry Fellows at UCLA (DeGolia, Donner, Leiken, Lynn), UC Irvine (Blinder), USC (Gould, Saunders, Regeczkey)
- 2. Charles Drew Medical School (Blinder, Prager, Verrone)
- 3. Donation of Gilmore/Meersand Book on Development to Child Psychiatry Fellows at UCLA, UCLA-Harbor, UC Irvine, USC, and Drew child and adolescent psychiatry fellowship programs
- 4. Discussions with Cheerful Helpers' Preschool about coordinating psychoanalytic work with preschoolers in 3 modes:
  - Reflective Network Therapy for in-class treatment
  - On-site early AM sessions
  - Private office sessions
- 5. Discussions with Stephen S. Wise Temple's new Aaron Milken Early Childhood Center for Psychoanalytically Informed Early Intervention and Prevention
- 6. Outreach to other child-focused mental health organizations
  - Blinder American Psychiatric Association, multi-center research project with CHLA, discussion of affiliation with CDU
  - Boucher Association for Child Psychoanalysis Board of Councilors
  - Donner Mentor in AACAP-Psychodynamic Faculty Training and Mentorship Initiative program
  - Leiken Chair of Rieger Foundation
  - Regeczkey USC faculty/Reiss-Davis Graduate Program

#### Other Projects

• Ongoing work with APsA DPE Child and IPA COCAP committees to develop syllabi for infant psychoanalytic training cases, training guidelines for candidates and supervisors, study groups, etc.

#### Wish List for Child Clinic

- Fundraising for Child Clinic
- Pre- and post-treatment psycho-educational and neuropsychological testing
- Expansion of community outreach to schools/other organizations for referrals, development of research protocols

Respectfully submitted,

Susan L. Donner, M.D.

Director, Child and Adolescent Psychoanalytic Training Program Director, NCP 0-21 Psychoanalytic Clinic

#### NCP CLINIC REPORT

Following Lucia Melito's retirement from the Clinic last year, after many years of dedicated service, the Clinic was initially coordinated by Ebony Towner, followed by former NCP President Myra Pomerantz with the support of Amber McClarin during 2022-2023. We thank all of them for their important contributions! We are also very grateful for the NCP members who offer their time and expertise to conduct Clinic evaluations. Finally, we

#### **VOLUNTEERS**

#### **COMMITTEES**

Child and Adolescent
Psychotherapy Faculty Forum
Katharine Gould, LCSW, Chair
Rachel Bartur, LCSW
Bart Blinder, MD, PhD
Gloria de la Cruz-Quiroz,
LCSW
Fay Gawryn, PhD
Sandra Landen, PhD
Deborah Lynn, MD
Roslyn Menitoff, LCSW

Anita Saunders, PhD Joseph Verrone, LCSW

Andrea Weiss, MD

Child Analytic Committee
Susan L. Donner, MD, Chair
Silvia Bell, PhD, FABP
Bart Blinder, MD, PhD
Van Dyke DeGolia, MD
Agnes Regeczkey, LMFT, PhD
Joseph Verrone, LCSW

Clinical Moments Committee

Janet K. Smith, PhD and

Ronnie Kaye, PhD, LMFT, CoChairs

Curriculum Committee

Van DeGolia, MD, Chair

Lynn Kuttnauer, PhD

Jill Model Barth, PhD

appreciate the patience of the Clinical Associates and other members and NCP staff as we navigated the transitions of the last year.

I am excited to introduce myself as the Clinic Coordinator, having just started in this position in March 2023. My name is Alison Davies, and I'm an LCSW. I currently treat adults in a private group practice led by NCP member Justin Shubert. After attending Smith College School for Social Work for my graduate degree, I completed a two-year fellowship at Reiss-Davis Child Study Center and Institute. Having benefited from excellent supervision by NCP members and enjoyed NCP continuing education programming for several years, I am excited to deepen my involvement with the community as Clinic Coordinator.

#### 2022-2023 Clinic Statistics

Given the transitions in Clinic management and record-keeping from hard copy to digital over the course of the past year, there are gaps in the data typically reported for Clinic operations. The figures below are tentative and reflect information I have ascertained thus far from our files, current staff, and the Clinical Associates.

	2022-2023	2021-2022
Fees Collected	TBD	\$15,095
Total Calls		136
Inquiries	Unknown-	111
Community Referrals	many calls!	59
Member Low-Cost Referrals		1
Child-Adolescent Clinic		3
Intakes	38	25
Applications Sent	16	8
Applications Received	7	7

	Adult
Active Cases	4
Cases Assigned this Year (not including Cases	3
Converted from Private Practice)	
Cases Converted from Private Practice	1
Cases Interrupted this Year	1
Cases Completed this Year	TBD
Clinical Associates Ready for Assignment	3*
Clinical Associates still needing to complete the Clinic	9
Requirement	

<sup>\*</sup>Includes one CA planning to convert a private case to a Clinic case.

#### **Current Priorities**

My position is currently budgeted for approximately 5 hours per week, with the following priorities:

- Continue resolving a backlog of inquiries/applicants pending assignment or referral out
- Respond to Clinic inquiries in a timely manner and conduct intakes or refer out, as appropriate
- Continue the transition to digital record-keeping of calls, intakes, applications, etc.
- Collaborate with Tina Walters to implement payment tracking for

Sule Ozler, PhD, PsyD

Dahlia Nissan Russ, LCSW

Martha Slagerman, PsyD, PhD

Janet K. Smith, PhD

Travis Tanner, PhD, LMSW

Julie Tepper, PsyD, MFT

Sheryl White-Chase, PhD

Committee on Diversities dr Sociocultural Issues Joseph Verrone, LCSW and Michele Gomes, PsyD, Co-Chairs Rachel Bartur, LCSW Elizabeth Diamond, PhD Fredrick Edo, PsyD, LMFT Ethan Grumbach, PhD, LCSW Manal Khan, MD Tamer Mattar, PsyD Kristen Melnyk, MD Alison Picard, MA, LMFT Justin Shubert, PsyD, PhD Brian Stachowiak, LMFT Julie Tepper, PsyD, MFT

Ethics Committee
Meiram Bendat, JD, PhD,
MFT, Chair
Robin D'Arvin Frasier, MD
Elyn Saks, JD, PhD, LLD, Hon
Barbara Friedman Sax, MD
Fredelle Spiegel, PhD
Louis Weisberg, MD
Richard Weiss, PhD

Mara Thorsen, PhD

cases and supervisors for better fiscal responsibility

 Keep interested parties informed of Clinic operations by sharing the monthly Clinic report with the Dean, Progression Committee, the Education Committee, the Institute Director and the Executive Director

#### Additional Notes

Most of the inquiries we've received are for potential cases based in Los Angeles. However, it appears that our LA-based Clinical Associates are unlikely to need any new Clinic cases assigned until next fall at the earliest. As such, in the near future most inquiries will be referred out. We do have CAs in Orange County who are awaiting case assignment, so I am collaborating with Communications Manager Stephanie Carbone to advertise the Clinic there.

I welcome input and introductions from all; please don't hesitate to reach

Respectfully submitted, Alison Davies, LCSW Clinic Coordinator

#### ADULT PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM

Greetings All! It's been another great year for the APP program!

A stellar group of diverse learners, exciting courses, and dedicated faculty and mentors all contributed to a gratifying and stimulating educational experience for all. It seems as if the program has found its footing as a remote, Zoom-only, learning environment.

As we draw to the end of the academic year and head towards graduation, I'd like to share the highlights of the 2022-2023 Adult Psychoanalytic Psychotherapy program.

#### **APP PROGRAM MANAGER**

First of all, the APP program ran smoothly and efficiently because of our new hire last year, Christian Bold, MS. Christian came out the gate running and got up to speed in no time. For those of you not familiar with what the manager of the Psychotherapy programs does, trust me, it's a lot! Her job is to make sure everything goes smoothly and gets handled efficiently. Remote classes depend on the technical end working perfectly. Christian accomplishes all this with a smile, grace and intelligence. Bravo, Christian and thank you! You have been invaluable!

#### **EDUCATION**

FIRST-YEAR CLASS:

- 13 students were admitted (with a Waiting List remaining!) we have found that 13 is the maximum number we can admit on the Zoom platform and still preserve the qualities of participation and intimacy that is the hallmark of the program.
- The cohort included 4 distance-learners.
- The class was composed of 5 psychiatrists and 8 mental health professionals.

Faculty Committee

Janet K. Smith, PhD, Chair Carol Hekman, PhD Heather Silverman, MD Travis Tanner, PhD, LMSW

Institute Admissions Committee Sidonie Freeman, PsyD, Chair Jill Model Barth, PhD, PsyD (ex officio)

Nanette Karapetian, PsyD, LCSW Lynn Kuttnauer, PhD Luis Nagy, FIPA, PhD

Gerard Sobnosky, LMFT Scott Tommey, PhD

Richard Weiss, PhD

Membership Committee Luis A. Nagy, FIPA, PhD, Chair

Jeffrey Seitelman, MD

Outreach & Recruitment

Committee

Natalia Boucher, LMFT, and Aimee Martinez, PsyD, Co-Chairs

Elaine Nabel, PsyD Luis A. Nagy, FIPA, PhD Brian Stachowiak, LMFT

#### SECOND-YEAR CLASS:

• Strong cohort of 9 students comprised of 7 psychiatrists and 4 mental health professionals.

#### COHESION BUILDING:

- A priority for the program, and we aim to build personal and professional connections to each other and to NCP that endures past graduation.
- Accomplished through interactive course instruction, free periods to get to know each other, using WhatsApp between classes, mentor relationships, office hours with the Director, private get-togethers, and mentor hangouts throughout the year. We are always thinking of creative, fun, inexpensive activities. For example, there was a Christmas cookie bake at a student's home. And some students who live near each other went to each other's homes on Wednesday evenings and "attended class" together on Zoom. It was really sweet to see them sitting on the couch together, under blankets, with pets, sharing the screen and class together!

#### ADAPTIVE BENEFITS:

- Zoom continues to be a more comfortable, accessible, and relaxed format for evening classes at the end of long workdays. Even though the long evening is challenging for everyone after the workday, the consensus is to keep it as it is.
- Students and Faculty less fatigue, more energy, not having to commute and deal with traffic.
- We are able to attract faculty who live further afield and this expands our teaching pool and enriches our offerings.

<u>APsA MEETINGS</u> – Two students and one APP graduate attended the meetings in New York. Stipends were awarded to our students. A great time was had!

**SCHOLARSHIPS** - All who applied received some financial aid.

<u>FACULTY</u> - Excellent - STELLAR EVALUATIONS!!! BRAVO! Our faculty continues to impress and bolster our reputation!

- Student evaluations are strongly positive.
- Faculty evaluations of the caliber and commitment of our students are also strongly positive.

#### Lessons learned:

 Zoom teaching must be dynamic and interactive – all-lecture format can be dull, and students can fade and withdraw, especially for the 8:20pm class.

### <u>DIVERSITY/INCLUSIVITY/SENSITIVITY</u> - Mindful focus in all readings, discussions, and interactions

• Increased faculty sensitivity regarding re-reading papers for out-ofdate ideas, insensitive language; including more recent research. Program/Extension Committee
Heather Silverman, MD, Chair
Thomas Brod, MD,
Coordinator, Film & Mind
Program
Jennifer Langham, PhD
Sule Ozler, PsyD, PhD
Paulene Popek, PhD
Joshua Richmond, MPW
Dahlia Nissan Russ, LCSW
Apurva Shah, MD,
Coordinator, Film & Mind
Program
Brian Stachowiak, LMFT

Progression Committee
Deborah Kirschbaum, PhD,
Chair
Jill Model Barth, PhD
Van DeGolia, MD
Nanette Karapetian, PsyD,
LCSW
Heather Silverman, MD
Martha Slagerman, PhD

Psychotherapy Committee
Lucia Melito, PhD, Director
Linda Goodman, PhD
Timothy McCajor Hall, MD,
PhD
Nitzan Keynan, LMFT
Duc Nguyen, MD
Lisa Oxman, MFT

Doug Wilson, PhD

 An increasingly diverse student body in both setting and demographics makes for a great learning environment.

<u>CURRICULUM</u> - Improving and restructuring to reflect the mission goals of inclusivity, diversity, sensitivity, and fairness by:

- Adding new courses such as "Community Psychoanalysis,"

  "Suicide: Psychoanalytic Perspectives," "Couples and Attachment,"

  "Psychedelic Medicine and Psychoanalytic Psychotherapy."
- Offering a 5-week Diversity course taught by BIPOC instructor.
- Holding an ice-breaker session to loosen up new students.
- Five new instructors added.

<u>COMMUNITY OUTREACH</u> – Director and committee members consistently reach out across the community and country seeking interesting courses and faculty to teach. Community outreach volunteering talks and workshops to promote the program to mental health professionals interested in psychoanalytic thought and practice.

• Open House - well-attended; 4 applications from the event.

<u>APP COMMITTEE</u> – Cohesive, working group, dedicated to the APP program – meets monthly.

- Members teach, mentor, work together on policy, admissions, curriculum, faculty, recruitment, problem solving.
- Two new members added.

Thank you to the APP Committee members who are passionately devoted to making NCP's Adult Psychoanalytic Program the best in Los Angeles! These are the people behind the scenes, and it's so much fun to work to create a vital, evolving program together! Lisa Oxman, Doug Wilson, Cage Hall, Duc Nguyen, Linda Goodman, and Nitzan Keynan. Thank you! I appreciate you!!! Bravo!!!

And "Thank you" doesn't begin to cover the debt of gratitude the APP owes to our great NCP staff! Amber, Tina, Cheryl, Stephanie, and Christian! These women truly hold NCP and the APP program together. They work tirelessly and cheerfully for many hours and I love them!

Respectfully submitted, Lucia Melito, Ph.D. Director, APP

### CHILD & ADOLESCENT PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM (CAPP)

Current CAPP Faculty: Katharine Gould, Anita Saunders, Mark Thompson, Rachel Bartur, Deborah Lynn, Melissa Jacobs, Fay Gawryn, Stan Leiken, Sandra Landen, Jill Greenwald, Barton Blinder, Andrea Weiss, Carol Silbergeld, Joseph Verrone, Eli Diamond

The following CAPP graduates who have expressed interest in teaching cotaught with the CAPP Faculty this year: Carolyn Carlson, Marya Samuelson, Cynthia Rachman, Elaine Nabel. This has always been a goal of

Research Committee

Barton Blinder, MD, and

Andrei Novac, MD, Co-Chairs

Morris Eagle, PhD

Linda Goodman, PhD

Beverly Feinstein, MD

Sule Ozler, PsyD, PhD

Richard Rosenthal, MD

Heather Silverman, MD

Research Training Committee Aranye Fradenburg, Chair

Scholarship Committee
Lisa Bode, PhD, LMFT, Chair
Cheryl Difatta
Cynthia Lucas, LCSW
Tamer Mattar, PsyD
Colette Thomas, LCSW
Joseph Verrone, LCSW

Strategic Planning Committee
Paulene Popek, PhD, Chair
Michele Gomes, PsyD
Ethan Grumbach, PhD
Leon Kaplan, JD
Sandra Landen, PhD
Suzanne Dworak Peck, LCSW
Myra Pomerantz, PhD
Dahlia Nissan Russ, PsyD
Gabrielle Taylor, PhD
David Thomsen, MBA

our program, interrupted by COVID and the resultant online classes. Since we moved back to in-person and hybrid classes, we were able to have a number of alumni co-teaching and I hope they will continue in the next school year.

First Year Students: Clare Knudson, PhD, Gabrielle Amoils, MFT, Amy Woods, MD, Nithya Ravidran, MD, Eurama Sackey, MD, Trevor Shaddox, MD, PhD, Maria Levine, MD, Jody Churko, MFT: this class of 8 students will continue into the Second Year in the fall.

Second year students: Wyndy Bailey, MD, Clarence Glenn, MD, and Manal Khan, MD, will graduate on June 4 as part of the end of the year celebration for CAPP Faculty and Students at the home of the Program Director, Katharine Gould.

Each CAPP Faculty member has taught, and is continuing to teach, two classes in the Charles Drew medical programs, fostering relationships with those students interested in psychoanalytic psychotherapy. In accord with NCP's desire to cultivate diversity, CAPP students continue to represent a cross-cultural mix. Additionally, they are working as clinicians with a wide range of at-risk and diverse populations.

Respectfully submitted, Katharine Gould, LCSW Director, CAPP Program

#### OUTREACH & RECRUITMENT COMMITTEE REPORT

Co-Chairs: Natalia Boucher, Aimee Martinez, Luis Nagy

The RC goal is to outreach equally for all programs, and cultivate an open, creative, diverse, and inclusive Institute where everyone can belong, grow, and thrive.

#### **OPEN HOUSE ACTIVITIES**

- I. NCP hosted its first hybrid Open House, Sunday, March 5, from 2-4:30pm. Participants engaged in-person or online in both general session and breakout rooms. We highlighted the "Community" aspect of the Institute and training life. This was the first Open House with an in-person component since 2019!
- 2. The event consisted of 3 parts: a social hour, introduction of programs and breakout rooms, followed by a Q and A. The social hour showcased time with prospective students, graduates, members, and faculty from all programs.
- 3. OPEN HOUSE ADVERTISEMENT
  - Together with NCP's Social Media & Communications Manager, the Committee selected a color scheme and a theme for the OH
  - A comprehensive social media campaign was employed via Facebook, Instagram, and LinkedIn that included OH advertisements
- 4. OPEN HOUSE RESPONSES

Training & Supervising Analysts

Sub-Committee

Jill Model Barth, PhD, PsyD

Carol Hekman, PhD

INSTRUCTORS/
PRESENTERS

Adult Psychoanalytic Training Program

Afsaneh Alisobhani, PsyD

Joseph Aguayo, PhD

Howard Bacal, MD

Jill Model Barth, PhD

Elena Bezzubova, PhD

Thomas Brod, MD

Susan Cofsky, PsyD

Candace Cotlove, MD

Van Dyke DeGolia, MD

Susan Donner, MD

David Downing, PsyD, ABPP, FAPA

Beverly Feinstein, MD, PhD

Claudia Feldman, PhD

David James Fisher, PhD

Sidonie Freeman, MFT, PsyD

Michele Gomes, PsyD

Ethan Grumbach, PhD

Carol Hekman, PhD

- 77 RSVPs from prospective students plus 23 RSVPs from NCP members; this represents a decrease compared to last year
- 56 prospective-student attendees 26 in-person, 30 online

#### 5. OPEN HOUSE ANALYTICS

Data collected the time of RSVP through the end of the OH event.

- First time attending NCP OH: 48
- Licensed (CA) Attendees: 28. Not licensed: 28
- Types of Licenses held by attendees: 13 MDs, 11 LCSW/MSW/LMFT, 2 Psychologists, 1 research, 1 DO
- 9 attendees were international prospects 3 attended Data from the OH event and breakout rooms record of attendance (many initially expressed interest in multiple programs):
  - APT: 38 expressed interest; 28 attended; 18 breakout one; 9 breakout two
  - CAPT: 13 expressed interest; 10 attended; 3 breakout one; 4 breakout two
  - APP: 33 expressed interest; 25 attended; 18 breakout one; 5 breakout two
  - CAPP: 10 expressed interest; 6 attended; 3 breakout one; 2 breakout two

#### 6. POST OPEN HOUSE RESULTS

- APT had 4 local post open house requests for information and 5 international. No applications as of this date
- CAPT has had no inquiries or applications
- APP has had 6 applications to date 4 were from Open House
- CAPP (no information at this time)

#### RECOMMENDATIONS FOR 2023/2024

- Better coordination between Recruitment Committee and Admissions Committee: historically, the Open House Committee was a subcommittee of the Admissions Committee (AC); however the AC only represents the APT program. The Recruitment Committee was created as a separate committee to represent all four programs, but there remains a gap in coordination between the two committees.
- Consolidated applications: consolidating the four different programs' applications so they are more streamlined, consistent; consider making them accessible online (NCP staff is already in the process of doing this for the 23-24 enrollment season).
- Technical considerations: Camera placement/speaker
  positions—during the Q and A the camera view was of the
  presenter's backside; Zoom breakout rooms—the sound was
  not great; Zoom attendees wanted to be able to chat but
  couldn't, making breaks awkward and diminishing their
  experience; needs a facilitator who can speak and moderate
  chat.

#### TRANSITION PLAN

• There is an ongoing challenge finding people to volunteer for the Recruitment Committee and as co-Chairs. Many

Christine Hradesky, MD

Alan Karbelnig, PhD

Ronnie Kaye, PhD, MFT

Deborah Kirschbaum, PsyD, PhD

Robin L Kissell, MD

Ben Kohn, MD

Lynn Kuttnauer, PhD

Sandra J. Landen, PhD

Doryann Lebe, MD, PhD

Stanley Leiken, MD

Barnet Malin, MD

Kristen Melnyk, MD

Glenn Mowbray, PsyD, MFT

Joseph Natterson, MD

Sule Ozler, PhD

Regina Pally, MD

R. James Perkins, MD

Jeffrey Prager, PhD

Warren Procci, MD

Agnes Regeczkey, PhD

Dahlia Nissan Russ, PsyD

Jeffrey Seitelman, MD, PhD

Estelle Shane, PhD

Justin Shubert, PsyD, PhD

Janet K. Smith, PhD

Julie Tepper, PsyD, MFT

Scott Tommey, MD

other institutes are also facing this challenge. Four members, including the two co-Chairs, will be stepping down, leaving one member (who is a Full NCP Member) remaining. Two APP Program graduates have expressed interest in joining.

• The RC to meet with all four program directors in September, around their back-to-school nights, to engage them in the process of planning Open House.

#### **QUESTIONS REMAIN**

- What is the future of the RC?
- Who is the RC responsible to? How does it relate to Membership, Admissions, and the other siloed committees?
- How will it maintain inclusion of all four programs?

#### MEMBERSHIP DIVISION REPORT

We are pleased to report the membership of NCP remained stable for the third year in a row. Sadly, we lost some valued members of our NCP community; but this year we have also added an exciting and diverse group of graduates from our programs and welcomed professionals from the greater psychoanalytic community, including some previous grads and guest faculty that have joined us in membership, for a total of 17 new members in 2022-23!

#### **EDUCATIONAL PROGRAM GRADUATES**

We are thrilled to extend our congratulations to our program graduates who transitioned into membership this year.

Adult Psychoanalytic Training (APT) Program graduates who are now Full Members:

1. Gerard Sobnosky, LMFT

Adult Psychoanalytic Psychotherapy (APP) Program graduates who are now Affiliate Members:

- 1. Tamer Mattar, PsyD
- 2. Alison Picard, MA, MFT
- 3. Joshua Poole, MD

#### **INVITEES**

Cecilia Peck was made an Honorary Member upon her retirement.

#### **APPLICANTS**

We are so pleased to welcome (and welcome back) the following members from the psychoanalytic community into NCP.

- . Kati Breckenridge, PhD, PsyD Full Membership (Dual)
- 2. Cheryl Goldstein, PhD, PsyD Full Membership (Dual)
- 3. Nathan Szajnberg, MD Full Membership (Dual)
- 4. Rachel Bartur, LCSW Psychotherapy Affiliate Membership
- 5. Laurie Grotstein, LMFT Psychotherapy Affiliate Membership
- 6. Elizabeth Horstmann, MD Psychotherapy Affiliate Membership
- 7. Nitzan Keynan, LMFT Psychotherapy Affiliate Membership
- 8. Annia Raja, PhD- Psychotherapy Affiliate Membership

Richard Tuch, MD

Joseph Verrone, LCSW

Shirah Vollmer, MD

Andrea Weiss, PhD

Sam Wilson, MD

Child & Adolescent Psychoanalytic Training Program

Silvia Bell, PhD

Bart Blinder, MD

Van Dyke DeGolia, MD

Susan Donner, MD

Stan Leiken, MD

Adult Psychoanalytic Psychotherapy Program

Jill Model Barth, PhD

Orna Benjamin, PhD

George Bermudez, PhD, PsyD

Bart Blinder, MD, PhD

Angel Cienfuegos, MD

Susan Cofsky, PhD

Lance Dodes, MD

JD Fuller, LCSW

Linda Goodman, PhD

Jill Greenwald, JD, MFT

Timothy "Cage" Hall, MD, PhD

- 9. Jenna Cheng, DO Student Membership
- 10. Melissa Julian, MA, PhD Student Membership
- 11. Nicholas McElroy, BA, MA Student Membership
- 12. Violet Yeager, DO, MSPH Student Membership

#### 2022-2023 MEMBERSHIP STATISTICS

Membership by Type

Full Active Members - 108

Emeritus - 24

Clinical Associates - 28

Corresponding - 6

Psychoanalytic Psychotherapy Associates - 15

Psychotherapy/Professional Affiliates - 32

NCP Psychotherapy Students - 34

Student Member - 6

Honorary - 10

Inactive/Retired Members - 7

Total Membership: 270

(Total Membership from 2021-2022 was: 260)

#### **IN MEMORIAM**

Roman Anshin, February 2023 Sharon Bassett, April 2023 Frank M. Klein, March 2023 Joan Jutta Lachkar, October 2022 Mary L. Thomsen, March 2023

The loss of beloved and esteemed members leaves us shocked and saddened. Our community feels their absence, and we honor their memory and contributions.

#### **BYLAWS REVISION**

In collaboration with the Bylaws Task Force, the Membership Division has been actively engaged throughout the year in proposing significant amendments to our existing bylaws. These changes aim to align our bylaws more closely with our mission and enhance the overall sense of participation and belonging among our members within the psychoanalytic community. We believe these proposed revisions will positively impact our organization and further strengthen our commitment to our members' needs.

The Membership Division remains committed to ensuring our members stay informed and connected to the latest updates regarding our Center, APsA, and IPA through the NCP Newsletter and social media. In addition, we will actively engage in social initiatives and continue to assist members in need. Furthermore, we will sustain our ongoing outreach efforts while carefully assessing membership applications to welcome new individuals into our vibrant community.

Luis Alejandro Nagy, PhD Director, Membership Division Lawrence Hedges, PhD

Christine Hredesky, MD

Ronnie Kaye, PhD

Deborah Kirschbaum, PhD

Lynn Kuttnauer, PhD

David Leviadin, MD

Jill Lummus, PhD

Barnet Malin, MD

Lucia Melito, PhD

Robert Moradi, MD

Glenn Mowbray, PsyD

Luis A. Nagy, FIPA, PhD

Duc Nguyen, MD

Lisa Oxman, LMFT

Alison Picard, LMFT

Joshua Poole, MD

Warren Procci, MD

Daniel Plotkin, MD

Elyn Saks, JD, PsyD

Jeffrey Seitelman, MD

Edward Shafranske, PhD, ABPP

Mark Thompson, MD

Mara Thorsen, PhD

Sheila Traviss, LMFT

Richard Tuch, MD

Lisa Vitti, PhD

#### CLINICAL ASSOCIATES ORGANIZATION REPORT

Many candidates and faculty have returned to NCP to attend courses in person for the first time since Spring of 2020! While it has taken time to navigate the varying challenges of hybrid, in-person, and online courses, keeping issues of safety and inclusion at the forefront, each cohort of candidates has found the mode of instruction that best suits their needs. Candidates continue to do their best to stay connected to the institute, each other, and the analytic community.

- r. NCP welcomed international students into APT for the second year! The Dean's Welcome event in August allowed 2<sup>nd</sup> and 4<sup>th</sup> Year and Post-Seminar candidates to meet and connect with the incoming 1<sup>st</sup> year cohort. The CAO will continue to facilitate opportunities for greater connection and cohesion among all candidates and cohorts.
- 2. The first candidate writing retreat was held in Desert Hot Springs the weekend of December 9<sup>th</sup>, 2022. The weekend provided candidates the opportunity to support each other in their writing of their 6-month and final reports during the day and to relax together at night! The next writing retreat will take place the weekend of June 29<sup>th</sup>. Details to follow!
- 3. APsA's 2023 National Meeting was held in-person for the first time since before the pandemic and was well-attended by NCP candidates. **Twelve candidates** attended in addition to many NCP graduates and faculty. Students found the APsA programming and the opportunity to connect with the larger analytic community and each other enriching. Special recognition goes to post-seminar candidates Eli Diamond and Aimee Martinez, as well as 4<sup>th</sup> year and 2<sup>nd</sup> year candidates Tina Nguyen and Steve Razo, respectively, for their excellent presentations at the national meeting. Also, it appears that NCP candidates and faculty have begun a karaoke tradition while together in New York and look forward to seeing more of you at future karaoke nights.
- 4. The analytic book club, started by fourth-year candidates
  Natalia Boucher and Jennifer Flores, is going strong. Book club
  members' reading of Léon Wurmser's Torment Me, but Don't
  Abandon Me, with discussions facilitated by Heather Silverman
  and Mike Gales, is nearly complete. Book club meetings are
  attended by current candidates, recent graduates of both the 2year and 4-year analytic programs, and established members of
  the analytic community. Participants consistently contribute to
  a rich and lively discussion of the material. Stay tuned for
  announcements of future meetings and book selections.
- 5. For the 2<sup>nd</sup> year, Natalia Boucher and Aimee Martinez co-lead the Recruitment Committee with graduates from various NCP programs. They successfully planned and executed the 2022 Open House.
- 6. Additional Clinical Associates and CAPT students serve in leadership roles across NCP programs: Joe Verrone is Co-Chair of the Diversities Committee and serves on the Scholarship Committee; Travis Tanner is very active on the Curriculum Committee and serves as Jr. Faculty Representative on the Education Committee, and also acts as a support liaison to our international students; Andrei Novac is Co-Chair of the

Shirah Vollmer, MD

Doug Wilson, PhD

Garret Wyner, PhD

Child and Adolescent Psychoanalytic Psychotherapy Program

Rachel Bartur, LCSW

Bart Blinder, MD, PhD

Carolyn Carlson, LCSW

Elizabeth Diamond, PhD

Fay Gawryn, PhD

Katharine Gould, LCSW

Jill Greenwald, JD, MFT

Melissa Jacobs, PhD

Sandra Landen, PhD

Stan Leiken, MD

Elaine Nabel, PhD

Cynthia Rachman, PhD

Marya Samuelson, PhD

Anita Saunders, PhD

Carol Silbergeld, LCSW

Mark Thompson, MD

Joseph Verrone, LCSW

Andrea Weiss, PhD

- Research Committee; and Eli Diamond, Freddie Edo, and Mara Thorsen all serve on the Diversities Committee.
- 7. Several candidates have taken on new training cases and completed successful IACs in the last school year: Jade Yu, Steven Razo, Luis Vallejo, Jack Brennan, Angel Cienfuegos, Aimee Martinez, Jill Smith, Andrei Novac, and Jennifer Flores.
- 8. Multiple Clinical Associates act as clinical supervisors at clinics around LA including: Wright Institute Los Angeles, Maple Counseling Center, and Airport Marina.
- 9. The nomination process for upcoming CAO elections began in May.
- 10. The CAO Co-Presidents are coordinating an online "candidate campfire" for later this school year at a time that best suits our international candidates. Planning for an in-person end-of-year candidate karaoke night in the Los Angeles area is also underway.

Respectfully submitted, Natalia Boucher, CAO Co-President Jennifer Flores, CAO Co-President

### REPORT FROM THE COMMITTEE ON DIVERSITIES AND SOCIOCULTURAL ISSUES

Chairs: Joseph Verrone, Michele Gomes

Members: R. Bartur, E. Diamond, F. Edo, E. Grumbach, M. Khan, K.

Melnyk, J. Shubert, B. Stachowiak, J. Tepper, M. Thorsen

Meetings: Held the second Wednesday of the month at 8pm

The Committee on Diversities and Sociocultural Issues has had a productive year, working to honor our mission to hold ourselves responsible for the messages that we communicate about Diversity and Sociocultural Issues both within the New Center for Psychoanalysis and towards the broader community.

To that end, here are a few of the projects we have worked/are working on:

- The NCP Committee on Diversities and Sociocultural Issues is proud to report that our proposal for expanding supervision opportunities for Clinical Associates based on Diversities considerations has been passed by the NCP Education Committee. It is the beginning step in a process of trying to make full use of NCP supervisors and faculty, while recognizing that sometimes there may not currently be the expertise in a particular area or the appropriate supervisor at NCP for a particular Diversities need. This has been shared with clinical associates by email and will be included in the upcoming revised Clinical Associates Manual.
- The NCP Committee on Diversities and Sociocultural Issues has created a fellowship to support its mission and vision to bring in and expand diversity opportunities and awareness for

Extension & Scientific Meetings Program

Joseph Aguayo, PhD

Seth Alt, PhD

Gila Ashtor, PhD

Jill Model Barth, PhD

Michael Berlin, PhD

Elena Bezzubova, PhD

Barton Blinder, MD, PhD

Thomas Brod, MD

Lesley Caldwell, LC, MA, PhD

Andrea Celenza, PhD

Alain J.-J. Cohen, PhD

Tim Dean, PhD

Diana Diamond, PhD

Robert Hinshelwood, MD

Judy Leopold Kantrowitz, PhD

Ronnie Kaye, PhD, LMFT

Deborah Lynn, MD

Luis Alejandro Nagy, PhD

Andrei Novac, MD

Agnes Regeczkey, PhD, LMFT

Annie Reiner, PhD, PsyD, LCSW

Joshua Richmond, MPW

Dahlia Nissan Russ, PsyD, LCSW

Shahin Sakhi, MD, PhD

Apurva Shah, MD

the community around and within NCP. A fellowship of this nature is an actionable step toward addressing identified gaps in Diversity, Equity and Inclusion in psychoanalysis beyond institutional position statements.

The 2-year fellowship will begin in the Fall of 2023. Objectives:

- a. To bring psychoanalytic thinking, theories, techniques, and practices to communities historically excluded from this work.
- To foster professional development of fellows from underrepresented, minority, and minoritized groups interested in psychoanalytic work.
- c. To encourage inclusion and influence of diverse voices and perspectives in how psychoanalytic work is conceptualized and delivered.

Who:

- a. Any fellow from an underrepresented, minority, and minoritized group who is interested in psychoanalysis.

  Examples: medical students, psychology students, psychiatry residents and fellows, psychology interns and post-docs, social workers, marriage and family therapists, psychiatry nurses, community mental health workers, etc.
- 3. Our committee co-sponsored "The Fear & Hatred of Sex: The Faithful Infidelity of Jean Laplanche" at NCP on November 19 & 20, 2022. Speakers were: Tim Dean, PhD and Gila Ashtor, PhD, LP. Big thank you to Brian Stachowiak, the Diversities representative on the Program Committee, for all of his hard work. Also, a big thank you to Christopher Walling for proposing this event to the Program Committee and leading two study groups prior to the event.
- 4. Michele Gomes and Joseph Verrone taught the Diversities
  Course to the First-Year class in the Adult Analytic
  Program. Ethan Grumbach and Justin Shubert taught the
  Gender & Sexuality class to the Second-Year class in the Adult
  Analytic Program.
- 5. Joseph Verrone (along with Bart Blinder and Jeffrey Prager) taught a 5-class Introduction to Psychoanalytic Psychotherapy series to Third and Fourth Year medical residents at the Charles R. Drew University of Medicine and Science in Los Angeles. CDU is "committed to cultivating diverse health professional leaders who are dedicated to social justice and health equity for underserved populations." We look forward to further ongoing dialogue and collaboration with CDU.
- 6. We continue to serve as consultants for members and committees experiencing issues related to diversities.
- 7. We welcomed two Adult Psychotherapy Program graduates to the committee Tamer Mattar and Alison Picard.
- 8. Committee members continue Diversities work at the American Psychoanalytic Association. This includes: Justin

Gerard Sobnosky, LMFT

Bettina Soestwohner, PhD, PsyD

Link Swanson, PhD

Travis Tanner, PhD, LMSW

Richard Touch, MD

Christopher Walling, PsyD, MBA, C-IAYT, SEP

Shubert's work as both the Diversities Editor of The American Psychoanalyst (TAP) and as Co-Chair of the Committee on Gender & Sexuality (COGS); Ethan Grumbach's work as the COGS liaison to the APSA Program Committee; and Joseph Verrone's teaching with Susan Donner at APSA on devising a curriculum on Gender for the NCP Child Study Group.

- 9. We continue to advocate for Diversities needs on various committees at the Institute.
- 10. And finally, Joseph Verrone and Michele Gomes will be stepping down as Co-chairs of the Committee on Diversities and Sociocultural Issues at the end of June. We have served as cochairs (along with Justin Shubert for over half of our term) for over five years, and have decided it's time for new leadership to emerge on the committee. As of the writing of the Faculty report we don't have a definitive new chair but that information should be coming very soon. Both Joseph and Michele will remain on the committee and serve in a consultation capacity with the new chair(s).

Submitted by, Joseph Verrone, LCSW

#### PROGRAM COMMITTEE REPORT

The Program Committee has undergone numerous significant changes since our 2022 report. With the welcome support of our new Executive Director Amber McLarin and our new audio/visual guru Byrd Brown Stanton, we have produced a steady flow of new programs.

This year we have coordinated programming with the Education, Child, Research, and Diversities committees, as well as other institutes. We continue to hone our approach to "hybrid" programming with real time interactions between in-person presenters and in- person and online attendees.

Efforts to contain costs have been challenging as we adapt to our changing economic climate at NCP.

Plans for next year include offering programs on a wide range of topics important to our membership and community. We hope to bring back more in person meetings while continuing to offer online and hybrid programs. Lastly, as I will be leaving my post to assume presidency at NCP, we are currently searching for a new chair which we hope to accomplish by the start of the academic year.

I am most grateful to have worked with my fellow committee members Tom Brod, Jennifer Langham, Paulene Popek, Joshua Richmond, Dahlia Russ and Brian Stachowiak, and greatly appreciate their many contributions. I also want to thank our staff, Amber McLarin, Byrd Brown Stanton, Tina Walters, and Stephanie Carbone, to whom we are indebted.

Respectfully submitted, Heather Silverman, Chair DONORS 2022-2023

Anonymous

Jill Model Barth

Nicholas Bartlett

Barton Blinder

Sheldon Bloch

Steven Craig

Van Dyke DeGolia

Ann De Lancey

Cheryl A. Difatta

Susan Donner

Claudia Feldman

David James Fisher

June Fujii

Bruce Gainsley

Michele Gomes

Linda S. Goodman

Anna Goslicka

Robert & Katherine Gray

Kenneth House & the House Family Foundation

Amanda Hutchison

Robin & Gary Jacobs

Ronnie Kaye

Sandra J. Landen

Peter & Josefine Loewenberg

David F. Mann

#### RESEARCH COMMITTEE REPORT

This report has been updated since the Faculty Meeting in May. This was a challenging year for all as we emerged from the restrictions of COVID. The monthly meetings were held by Zoom with continuation of a member-generated study group format, with selected readings for review and discussion, alternating every few months with presentations by an invited guest of both ongoing and proposed psychoanalytic research and scholarly review.

We are fortunate to welcome one new member, Aranye Freidenburg, and two in-process future members of NCP and our committee, Nathan Szjanberg (San Francisco/Israel) and Daniela Mosri (Mexico City/Assoc. Editor, Neuropsychoanalysis).

We completed our study of Empathy after extensive multidisciplinary, theoretical, and clinical review of both empirical studies and theoretical perspectives. Morris Eagle and Sule Ozler were most helpful and encouraging in our discussions and selection of readings.

Our next study area was Therapeutic Change and Associated Processes with an overview of research approaches and measures, with presentations by Morris Eagle on enactment and change, and by Beverly Feinstein on the interpretation from multiple theoretical and clinical perspectives. Andrei Novac and Bart Blinder presented on Free Association, Spontaneous Thought in Evolutionary Perspective.

Our guest presenters during the year were:

- John Auerbach, PhD (NYU/ Univ Florida), "Overview and History of Psychoanalytic Research"
- Christopher Perry, MD (Univ Montreal), "Research on Changes in Defense and Psychotherapeutic Progress"
- Daniela Mosri, PhD (Mexico City, Assoc. Editor Neuropsychoanalysis)
- "Research in Neuropsychoanalysis: Principles and Progress: Depression and Addiction"
- Nathan Szjanberg, MD (San Francisco/ Israel) "Emotion Recognition by the Analyst Review Research Proposal"
- Richard Touch, MD (Spontaneous Thought/Free Association) "Free Association Reconsidered in the light of Spontaneous Thought"

Our "Research Capsule" has appeared monthly/bimonthly in the NCP newsletter with contributions by Bart Blinder, Andrei Novac, Morris Eagle, Beverly Feinstein, Daniela Mosri, and John Markowitz. We hope by featuring important areas of theoretical and clinical study with links to significant current research papers our institute members candidates will be encouraged and stimulated to update and explore new areas of interest.

We are continuing discussion and planning for an NCP Eagle Annual Research Lecture by an invited honoree Beatrice Beebe, PhD. A review of candidates has occurred and final selection is in process. We would hope to have the presentation by the Spring of 2024 if funding and scheduling can be arranged and staff assistance provided. Columbia University has accepted

Teri McCasland

Amber McClarin

Kristen Melnyk

Ingrida Nasvytis

Andrei Novac

Cecilia Peck

Suzanne Dworak Peck

Myra Pomerantz

Paulene Popek

Agnes Regeczkey

Annie Reiner

Joshua Richmond

Dahlia Nissan Russ

Avgi Saketopoulou

Anita Saunders

Martha Slagerman

Pepper Starobin

Travis Tanner

Gabrielle Taylor

Julie Tepper

Mark Thompson

Priya Tiwari

Joseph Verrone

Tina Walters

Andrea Weiss

Harriet Wilburne

Samuel Wilson

our invitation and will deliver the honor lecture at this planned inaugural meeting.

Linda Goodman and Bart Blinder continued in their effort in coordinating the IPA MODE Study as part of the MODE Study Group (Heather Silverman a member). Bart will present his participant therapist experience at a MODE Report Panel with Marianne Leutzinger and Brad Peterson at IPA in Cartagena in July.

Our Committee members in their faculty teaching duties and efforts on the Curriculum Committee and Education Committee continue to promote inclusion of research studies in the syllabi readings of all Courses where appropriate and critical thinking in approach to all theoretical and clinical issues.

Respectfully submitted, Bart Blinder, MD, PhD, Co-Chair NCP Research Committee

#### APSA DIRECTOR'S REPORT

At the February 2023 meeting in New York the Expanded Membership bylaw amendment passed which allows APsA to evolve from "being a home for psychoanalysts" to a home for psychoanalysts and colleagues interested in psychoanalysis, granting full membership privileges to psychoanalytic psychotherapists, academics, and researcher members. This shift in the organization solidifies membership inclusiveness in our organization.

A Commission of the Economics of Psychoanalysis was recently launched to examine the economics of training, practice, and local and national professional institutes/organizations. The Commission will deliver their findings February 2024.

The APsA and DPE leadership established the Inter-institute Initiative in order to provide a forum for institute leaders to meet together in small groups to share leadership challenges and potential solutions. Typically, leaders from three institutes are invited to participate at a time.

The Holmes Commission on Racial Equality in American Psychoanalysis (CO-REAP) delivered their preliminary report at the June, 2022 meeting in Boston. The Commission is investigating how systemic racism and its impact plays out in our psychoanalytic organizations. The Commission is currently working on their final report that will likely be presented to the membership in the upcoming months.

The APsA board of directors is addressing the current crisis at APsA that resulted from a conflict between the Executive Committee and the Program Committee regarding postponing a potential speaker for the June meeting. The APsA President Kerry Sulkowicz, MD, recently resigned and Dan Prezant, PhD, the President-elect has moved into the role of APsA President. The APsA BOD is meeting frequently to address the leadership issues and recent resignations.

#### Garret Wyner

Mrs. Thomsen Young

On a final note, the Department of Public Information working closely with APsA leadership welcomed Michele Rada as the new Director of Public Affairs. APsA just went through a rebranding that coincided with the May launch of the new website. Take some time to explore the website, it offers a more comprehensive look at the work of the various departments and committees as well as the APsA position statements. We have significant contributions from our NCP members also active in leadership at APsA!

Respectfully submitted, Sandy Landen, PhD Director, APsA Board of Directors

#### NCP STAFF

### COMMUNITY PARTNER ORGANIZATIONS

Rose City Center

UC Interdisciplinary Psychoanalytic Consortium Lake Arrowhead Retreat

Valley Community Counseling Clinic

Wright Institute Los Angeles

Incoming Executive Director: Amber McClarin

Outgoing Executive Director: Cecilia Peck

Director of Operations: Tina Walters

Administrative Director, Analytic Training Program: Cheryl Difatta

Analytic Training Program Coordinator: Christopher Reyes

Manager, Psychotherapy Programs: Christian Bold

Extension Program Coordinator: Byrd Brown Stanton

Communications and Social Media Manager: Stephanie Carbone

Library Services Coordinator: Christine Morse



2014 Sawtelle Blvd., Los Angeles, CA 90025 phone: 310.468.6541 www.n-c-p.org





"Life's not just being alive, But being well"