



Frequently Asked Questions Adult Psychoanalytic Training Program (APT)

What are the requirements for admission to NCP's Adult Psychoanalytic Training Program (APT), and what is the process for all applicants?

Applications are welcomed and encouraged at any time throughout the year but must be submitted in full no later than June 30 to be considered for matriculation in September. The application fee will be waived for those who apply by May 15. Application forms are available on our website in the APT Admissions section.

The application packet includes a completed application, verified academic transcripts, proof of insurance coverage and licensures, an autobiography, a case write-up, 2-3 letters of reference, and a medical release. If an applicant's materials pass the first review, they will also have to participate in three interviews by NCP faculty, two personal and one clinical.

What are the requirements for admission to NCP's Adult Psychoanalytic Training Program for applicants residing in California?

All California applicants must hold a PhD, MD, PsyD, LCSW, LMFT, or LPCC, and a license to practice in California and will be verified on the California Department of Consumer Affairs (DCA) BreZE Online Service.

What are the requirements for admission to NCP's Adult Psychoanalytic Training Program for international applicants?

Currently, international applicants should hold the local equivalent of a graduate degree in a mental health field, as well as a clinical license to practice in the area in which they live and work.

Please note: After matriculation, all international candidates must be prepared to attend classes remotely on Wednesdays, at any time from 7:45 am until 1:00 pm Pacific Time. There are no alternatives to these class days and times.

Is the New Center for Psychoanalysis able to offer students F-1 Visas to International Students?

No, NCP does not offer student visas. If an international student is enrolled, they must participate from their country remotely. If a student was trained internationally, they must obtain a license in California before they begin training.

I have heard the NCP Training Program referred to as a "four-year" program, but doesn't it take longer?

In addition to four years of theoretical and clinical seminars, candidates must also study infant observation (contact us for the latest details about this requirement), prepare for the Colloquium examination (usually taken after the 4th or 5th year), complete the requirements for three training cases, with a minimum of 50 hours of supervision each (the total number of hours required for graduation is 200); and take post-seminar classes (at least one theoretical and one clinical course) until graduation. Completing these requirements typically takes longer than four years.

I am currently in psychoanalysis; do I have to switch to an NCP psychoanalyst if I am admitted?

Enrolled students have until November 1 to begin working with or transition to an NCP Training Analyst (T/A), who must be seen four to five times per week for the first year of training. There are two potential exceptions to the requirement of working with an NCP Training Analyst: a) If a California applicant is currently in analysis with a California-licensed IPA or APsA analyst, the analyst may meet the criteria for a T/A waiver; b) If an international applicant is currently in analysis with an IPA Training Analyst, that analyst may also meet the requirements for a waiver. For both exceptions, the frequency of the current analysis is four to five times per week for a minimum of one year. Please email the Dean at aranyef@n-c-p.org with any questions about Training Analysis and Supervision or to request a waiver.

Are reading materials available in any other language than English?

No, the materials are all in English. To participate in the program, one must be able to speak, read, and write fluently in English and be able to utilize the PepWeb, a database collection of articles and books on psychoanalysis (access will be provided to you on enrollment).

Can I simultaneously pursue the Child and Adolescent Psychoanalytic Training Program (CAPT) and the Adult Psychoanalytic Training Program?

Yes, one can apply to the CAPT program after the first year of training. One can also begin participating in the Child and Adolescent Psychoanalytic Training Program after one has completed the requirements for the Adult Psychoanalytic Training Program. It is not possible to graduate from the Child Program without also graduating from the Adult Program. If you want more information about the Child and Adolescent Psychoanalytic Training Program, its brochure is on our website.

Do I qualify for professional memberships as a Clinical Associate at NCP?

Yes. Upon enrollment as a Clinical Associate at NCP, one becomes a Clinical Associate member of the American Psychoanalytic Association (APsA). Clinical Associates are required to remain a member of APsA throughout their training. Clinical Associates are also automatically Candidate members of the IPA for as long as they are in training. Among the many benefits of these memberships is participation in important psychoanalytic conferences which NCP strongly encourages.

Acceptance into the IPA after graduation is determined by current IPA policies. The IPA has recently mandated that after June 1, 2023, Training Analyses must be conducted in person. See Appendix I for NCP policy for the 2024-2025 academic year only. NCP's 2024-2024 policy regarding in-person vs remote class attendance, supervision, and personal analysis is stated below in Appendix I.

Graduates who begin remote Training Analyses after June 1, 2023, may not qualify at this time to become members of the IPA. Please contact the IPA if you have questions about its membership policies.

Among other benefits, these memberships allow for participation in important psychoanalytic conferences, which NCP strongly encourages.

All graduates of NCP's Adult Psychoanalytic Training Program are eligible for full membership at NCP or dual membership if the graduate is also a member of another institute and can apply to be a member of the faculty.

Can I transfer to NCP from another institute?

Please see Appendix II for details.

Do you offer a PsyD or PhD?

We are not offering a PsyD or PhD at this time.

Do you offer training to Academics?

NCP is not reviewing applicants for the Research Analyst program at this time, but interested academics should email ncpadmissions@n-c-p.org if they would like to know more about future possibilities.

Is the APT program offered online?

NCP's seminars are currently combined, with a mix of local and international students attending classes in-person or online.

What are the approximate costs of psychoanalytic training?

The largest expense is the training, psychoanalysis, and supervision. Training Analysts and Supervising Analysts set their own fees and should be consulted individually. Training Analysis fees may be reduced to \$100-\$150/session. Supervision fees are determined directly by the Supervising Analyst. Each Clinical Associate must take on a low-fee clinic case; for these cases, supervision is offered at no cost to the candidate. The clinic case patient's fees must be paid to the Clinical Associate (candidate), who then turns the fees over to NCP once the case has begun.

Tuition, fees, supervision, and personal analysis costs must be considered before applying for training.

NCP does not offer or facilitate any loans. Once an applicant is accepted for training, they may apply for a private scholarship based on financial need to cover partial tuition costs as funding is available.

NCP does not discriminate based on age, race, color, gender expression, marital status, religion, sexual orientation, or national and ethnic origin in the administration of its educational policies, admissions policies, and scholarship programs. According to California and federal law, NCP has a nondiscrimination policy for persons with disabilities who are otherwise qualified for training. We welcome and do our best to support all applicants who are devoted to the study of the mind.

Questions and applications can be sent to ncpadmissions@n-c-p.org.

We look forward to hearing from you.

APPENDIX I

2024-2025 Attendance Policy

For those joining APT and CAPT next year, the program will be combined, meaning that international students will use Zoom to attend classes. Students who live in Los Angeles County will attend classes in person if at all possible. Faculty will teach in person if at all possible. In-person activities significantly enhance communication and connectivity, both core psychoanalytic values. But we also recognize that Zoom significantly enables access and remains a very valuable tool.

Students who live in Orange, Santa Barbara, Ventura, Kern, Riverside, or San Bernardino counties are also strongly encouraged to attend classes in person since classes happen only once a week and end by 1:00 PM, and the friendships forged thereby are so valuable. People who live in these counties must, at minimum, attend the first and last class of each course.

Currently enrolled Clinical Associates who live in Los Angeles County are also strongly encouraged to attend class in person and should, at minimum, attend the first and last class of each course beginning in January of 2024.

Convenience is not an acceptable reason to Zoom in for classes. Acceptable reasons include illness, disability, and preparing and caring for children, partners, or older relatives. Students will not be asked what their reasons are; however, *this is an honor system.* If students in the above categories cannot attend class in person, they must inform their instructor before or at the beginning of class. If a faculty member cannot teach in person, we recommend that they discuss their reasons confidently with the Dean or the Chair of the Faculty Committee, but this is not required.

We rely on everyone's capacity for care and cooperation if an instructor or a student requests that masks be worn in the classroom. If they wish, Instructors and students may report their preferences to the Dean in private, and she will inform the class and Instructor if masks need to be worn. Please do not attend class if you are ill; let your instructor know that you are ill and attend on Zoom instead.

N.B.: The International Psychoanalytic Association (IPA) policies mandate that candidates' personal analyses and training cases be conducted in person. Supervision sessions may be on Zoom. Fortunately, we have Training Analysts in some of the counties mentioned above. Currently, we are not bound by IPA standards. Still, students wishing to join IPA in the future should be aware that membership may be denied if a candidate's Training Analysis or Training Cases have been conducted on Zoom.

Note that NCP's attendance policies are subject to change. This policy is for one year only.

12.4.2023

APPENDIX II

Transfer of Credit Policy

Potential transfer students may be considered for admission into the Adult Training Program (APT) under the following conditions:

Curriculum

- Previously completed coursework was conducted as part of psychoanalytic training at another psychoanalytic institute approved by the American Psychoanalytic Association (APsA), or at an International Psychoanalytic Association (IPA) institute (or an institute with equivalent standards).
- Applicants must petition the Dean of NCP to receive credit for coursework and/or casework completed at another such institution. The petition will be reviewed by an *ad hoc* committee composed of the Dean, the Chair of the Faculty Committee, and a representative from the Training Analyst/Supervising Analyst Subcommittee (TA/SA).
- Transfer applicants must provide a transcript of their previous coursework and indicate the specific courses for which the student is seeking transfer credit.
- The transfer applicant must successfully complete a minimum of two years of didactic seminar work at NCP, regardless of the number of years the student has trained elsewhere.
- Please note that once admitted into the program, transfer students will, like all other candidates, need to conduct a private study or take an additional course to prepare for the Colloquium, an oral exam typically taken in the fourth year or equivalent, which is based on NCP's curriculum.

Supervision

- If the applicant is seeking credit for training cases that have already been completed or are in progress, the applicant must provide documentation of Supervision hours, signed by the Supervisor of each case and the chief academic officer of the applicant's prior Institute.
- A letter of recommendation from one Supervisor is required in addition to the other letters of recommendation that must accompany the student's application to the APT.
- If a training case is still active and the student wishes to remain with that Supervisor, that Supervisor must submit a "waiver" application form to NCP's TA/SA Subcommittee, obtainable from the Office of the Dean. A similar waiver process must take place if a transfer student wishes to remain with their Training Analyst from a prior Institution.
- **Credit for only one supervised case may be considered. NCP requires that transfer students complete two training cases while at NCP.** Each training case must accrue a minimum of 50 Supervision Hours. Overall, the student's training cases must represent more than one gender, and one case must be an adult case. A prior training case at another institute must also accrue a minimum of 50 Supervision Hours. Like any other Candidate at NCP, a transfer student must have accumulated 200 Supervision Hours for graduation, with all Supervisors approved by NCP.

Because of this extra review, the admissions process will take extra time for transfer students, and such applications are **due by April 15** for consideration for the fall of the same year. Applicants wishing to be dually enrolled in the Child & Adolescent Psychoanalytic Training program must apply to both programs after completing one year in the Adult program.

Please note: NCP does not evaluate nor accept credit by means of challenge examinations, achievement tests, or experiential learning at this time.

11.28.2023

1.12.2024