



Frequently Asked Questions Adult Psychoanalytic Training Program (APT)

What are the requirements for admission to the New Center for Psychoanalysis's (NCP) Adult Psychoanalytic Training Program (APT), and what is the process for all applicants?

Applications are welcomed and encouraged at any time throughout the year but must be submitted in full no later than **May 31** to be considered for matriculation in September. The application fee will be waived for those who apply by **April 30**. To request an application, please email CherylD@n-c-p.org.

The application packet includes a completed application, verified academic transcripts, proof of insurance coverage and licensures, an autobiography, a case write-up, and 2-3 letters of reference. If an applicant's materials pass the first review, they will also have to participate in three interviews by NCP faculty, two personal and one clinical. ALL deadlines stated ensure application review for consideration for the upcoming Fall. Applications submitted after these deadlines are subject to an admissions-process decision for the following academic year.

What are the requirements for admission to NCP's Adult Psychoanalytic Training Program for applicants residing in California? All California applicants must hold a PhD, MD, PsyD, LCSW, LMFT, or LPCC, and a license to practice in California, and will be verified on the California Department of Consumer Affairs (DCA) BreEZe Online Service.

What are the requirements for admission to NCP's Adult Psychoanalytic Training Program for international applicants? NCP accepts applications from international applicants as permitted by federal and state laws.¹ International applicants should hold the local equivalent of a graduate degree in a mental health field, as well as a clinical license to practice in the area in which they live and work. The deadline for applications from individuals who live and work outside of the U.S. is **April 18** of every year. Please note: After matriculation, **all international PTs must be prepared to attend classes remotely on Wednesdays, at any time from 7:45 am until 1:00 pm Pacific Time**. There are no alternatives to these class days and times for our core classes.

FOREIGN TRANSCRIPT EVALUATION

All foreign transcripts and degrees must be evaluated by a member of the National Association of Credential Evaluation Service (NACES). The following is a sample of foreign transcript and degree evaluators. NCP does not endorse any evaluators.

- Educational Credential Evaluators: <http://www.ece.org/>
- Educational Perspectives: <http://www.educational-perspectives.org/>
- International Consultants of Delaware: <http://www.icdel.com/>
- International Research Foundation, Inc.: <http://www.ierf.org/>
- World Education Services: <http://www.wes.org/>

Additional third-party evaluators can be found at: <https://www.naces.org>

¹ Potential applicants should contact NCP administration with any questions pertaining to current U.S. agencies and multilateral governing bodies that regulate international trade, business affairs and educational services.

Is NCP able to offer F-1 Visas to International Trainees?

No, NCP does not offer student visas. If an international student is enrolled, they must participate from their country remotely. PTs trained internationally who now reside in California and wish to train at NCP must obtain a California license to practice before they can matriculate.

I have heard the NCP Training Program referred to as a "four-year" program, but doesn't it take longer?

In addition to four years of theoretical and clinical seminars, PTs must also study infant observation (contact us for the latest details about this requirement), prepare for the Colloquium examination (usually taken after the 4th or 5th year) or alternatively, writing a thesis paper of publishable quality. To complete the requirements for three training cases, one must accrue a minimum of 50 hours of supervision each (the total number of hours required for graduation is 200); and take post-seminar classes (at least one theoretical and one clinical course) until graduation. In addition, PTs must be in their own Training Analysis per the guidelines in the Training Manual. Completing these requirements typically takes longer than four years.

I am currently in psychoanalysis; do I have to switch to an NCP psychoanalyst if I am admitted?

Enrolled Psychoanalytic Trainees have until **November 1** to transition to an NCP Training Analyst (T/A) or an NCP-Approved Training Analyst. If a California applicant is currently in analysis with a California-licensed IPA or APsA analyst, the analyst may meet the criteria for a T/A waiver. If an international applicant is currently in analysis with an IPA Training Analyst, that analyst may also meet the requirements for a waiver. In some cases, California applicants may wish to work with an NCP analyst who is not a designated Training Analyst, and may seek a waiver. In all cases, the frequency of the training analysis is four to five times per week for a minimum of one year. Please email the Dean at Aranyef@n-c-p.org with any questions about Training Analysis and Supervision or to request a waiver. Waiver applications should ideally be submitted when the student application is submitted.

Are reading materials available in any other language than English?

No, the materials are all in English. To participate in the program, one must be able to speak, read, and write fluently in English and be able to use the PepWeb, a database collection of articles and books on psychoanalysis (access will be provided to you on enrollment).

Can I simultaneously pursue the Child and Adolescent Psychoanalytic Training Program (CAPT) and the Adult Psychoanalytic Training Program?

You can apply to the CAPT program after the first year of training. You can also begin participating in the Child and Adolescent Psychoanalytic Training Program after you have completed the requirements for the Adult Psychoanalytic Training Program. *It is not possible to graduate from the Child Program without also graduating from the Adult Program.* If you want more information about the Child and Adolescent Psychoanalytic Training Program, its brochure is on our website.

Do I qualify for professional memberships as a Clinical Associate at NCP? Yes. Upon enrollment as a Clinical Associate at NCP, one becomes a Clinical Associate member of the American Psychoanalytic Association (APsA). Psychoanalytic Trainees are required to remain a member of APsA throughout their training. PTs are also automatically Candidate members of the IPA for as long as they are in training. Among the benefits of these memberships is participation in important psychoanalytic conferences, which NCP strongly encourages. Acceptance into the IPA after graduation is determined by current IPA policies. The IPA has recently mandated that after June 1, 2023, Training Analyses must be conducted in person. See Appendix I for NCP policy for the 2024-2025 academic year only.

For the most current policy on attendance and in-person analytic work requirements please email the Dean's office CherylD@n-c-p.org.

NCP's 2024-2025 policy regarding in-person vs remote class attendance, supervision, and personal analysis is stated below in Appendix I. Graduates who begin remote Training Analyses after June 1, 2023, may not qualify at this time to become members of the IPA. Please contact the IPA if you have questions about its membership policies. Among other benefits, these memberships allow for participation in important psychoanalytic conferences, which NCP strongly encourages.

All graduates of NCP's Adult Psychoanalytic Training Program are eligible for full membership at NCP or dual membership if the graduate is also a member of another institute and can apply to be a member of the faculty.

Can I transfer to NCP from another institute? Please see Appendix II for details.

Do you offer a PsyD or PhD We are not offering a PsyD or PhD at this time.

Do you offer training to Academics?

NCP is not reviewing applicants for the Research Analyst program at this time, but interested academics should email ncpadmissions@n-c-p.org if they would like to know more about future possibilities.

Is the APT program offered online?

NCP's seminars are currently combined (live via Zoom), with a mix of local and international Trainees attending classes in-person or online.

What are the approximate costs of psychoanalytic training?

NCP tuition costs are low-to-moderate by comparison with other U.S. psychoanalytic institutes. The largest expenses are the personal psychoanalysis, and supervision. Training Analysts and Supervising Analysts set their own fees and should be consulted individually. Training Analysis fees may be reduced to \$100-\$150/session. Supervision fees are determined directly by the Supervising Analyst. Each (California-based) Clinical Associate must take on a low-fee clinic case; for these cases, supervision is offered at no cost to the candidate. The clinic case patient's fees must be paid to the Clinical Associate (candidate), who then turns the fees over to NCP once the case has begun.

Tuition, fees, supervision, and personal analysis costs must be considered before applying for training. U.S. applicants should also note that some educational costs are often tax-deductible and costs of personal analysis may be a deductible educational or medical expense.² NCP does not offer or facilitate any loans. Once an applicant is accepted for training, they may apply for a private scholarship based on financial need to cover partial tuition costs as funding is available.

NCP does not discriminate based on age, race, color, gender expression, marital status, religion, sexual orientation, or national and ethnic origin in the administration of its educational policies, admissions policies, and scholarship programs. According to California and federal law, NCP has a nondiscrimination policy for persons with disabilities who are otherwise qualified for training. NCP makes a significant effort to attract diverse Trainees and retain them regardless of their ability to pay the full cost of the program. We welcome all who are devoted to the study of the mind.

Questions and applications can be sent to ncpadmissions@n-c-p.org. We look forward to hearing from you.

3.7.2025

² Applicants should consult a tax expert to ensure that they have the most current information on deducting educational expenses and the cost of personal analyses mandated by educational programs.

APPENDIX I

Attendance Policy Adult Psychoanalytic Training Program

For Psychoanalytic Trainees aka (PTs) in APT, the training programs will remain hybrid. International Trainees will use Zoom to attend classes and conduct their personal analysis and Supervision.

All PTs who live in Los Angeles County will attend 50% of their seminar classes in person.

Trainees who live in Orange, Santa Barbara, Ventura, Kern, Riverside or San Bernardino counties are also strongly encouraged to attend classes in person. Psychoanalytic Trainees who live in these counties must at minimum attend the first and last class of each course.

All PTs may appeal to the Dean in writing or by appointment for additional Zoom sessions if they have special circumstances. Special circumstances include pregnancy, caring for very young or elderly family members, ill health, difficulties with mobility, fertility treatments and other challenging circumstances. After obtaining permission from the Dean, PTs must notify Faculty two weeks before classes begin of any such special arrangements so that Faculty can properly track your attendance throughout the term.

Faculty are expected to attend the first and last class of their seminar in person, and strongly encouraged to attend all other classes in person. Faculty may also discuss their constraints or special needs (as indicated above) with the Dean at any time if in-person attendance expectations interfere with their availability to teach. Guest Faculty who do not live in Southern California are exempt from in-person expectations.

Please keep the following points in mind: while debate over the appropriateness of online psychoanalytic education and experience continues, research increasingly points to the attenuation of relational vitality owing to significant losses in sensory data on Zoom. Discussion of this research by the IPA's Task Force 2 can be found on the IPA website. The Task Force's conclusions are now under consideration by APsA. Those conclusions include the following:

- PTs must be in analysis throughout the treatment of all training cases. The first year of your analysis must be in person; subsequently your analysis may be 50% in person. Supervision should be in-person as much as possible.
- *The first year of one training case must be in person; subsequent years may be 50% in person. Your other two training cases may be 50% in person.*
- Online experience is by no means a straightforward substitute for in-person work, educationally or therapeutically. Many of the effects of online work on vitality affects and relational dynamics are not conscious.
- However, access to psychoanalysis is the *sine qua non* of treatment, and remote technologies like the telephone and Skype were used before the pandemic to good effect.
- Online and in-person modalities have different as well as shared analytic potentials. For example, some patients feel safer online; for others, Zoom can feel like an intrusion into their private space. The patient's and analyst's choices of either modality have serious psychodynamic implications and should be analyzed as aspects of transference, countertransference and beyond, like all other aspects of the treatment process and frame.
- For these reasons, all Psychoanalytic Trainees and Faculty need continuing experience of and education as to the nature and value of these two modalities and how best to use them in the classroom and the

consulting room.

We are accordingly developing curriculum and special programming, and attending to new technological developments in order to study and benefit from both modalities as much as possible.

Finally, we expect everyone's cooperation in the event that an instructor or a student requests that masks be worn in the classroom. Instructors and Trainees may report their preferences to the Dean in private, and the Dean will inform the class and Instructor if masks need to be worn. Please do not attend class if you are ill; let your instructor know that you are ill and attend on Zoom instead.

Note that NCP's attendance policies are subject to change.

3.7.2025

APPENDIX II

Transfer of Credit Policy

Potential transfer Psychoanalytic Trainees may be considered for admission into the Adult Training Program (APT) under the following conditions:

Curriculum

- Previously completed coursework was conducted as part of psychoanalytic training at another psychoanalytic institute approved by the American Psychoanalytic Association (APsA), or at an International Psychoanalytic Association (IPA) institute (or an institute with equivalent standards).
- Applicants must petition the Dean of NCP to receive credit for coursework and/or casework completed at another such institution. The petition will be reviewed by an *ad hoc* committee composed of the Dean, the Chair of the Faculty Committee, and a representative from the Training Analyst/Supervising Analyst Subcommittee (TA/SA).
- Transfer applicants must provide a transcript of their previous coursework and indicate the specific courses for which the student is seeking transfer credit.
- The transfer applicant must successfully complete a minimum of two years of didactic seminar work at NCP, regardless of the number of years the student has trained elsewhere.
- Please note that once admitted into the program, transfer Trainees will, like all other PTs, need to conduct a private study or take an additional course to prepare for the Colloquium, an oral exam typically taken in the fourth year or equivalent, which is based on NCP's curriculum.

Supervision

- If the applicant is seeking credit for training cases that have already been completed or are in progress, the applicant must provide documentation of Supervision hours, signed by the Supervisor of each case and the chief academic officer of the applicant's prior Institute.
 - A letter of recommendation from one Supervisor is required in addition to the other letters of recommendation that must accompany the student's application to the APT.
 - If a training case is still active and the student wishes to remain with that Supervisor, that Supervisor must submit a "waiver" application form to NCP's TA/SA Subcommittee, obtainable from the Office of the Dean. A similar waiver process must take place if a transfer student wishes to remain with their Training Analyst from a prior Institution.
 - **Credit for only one supervised case may be considered. NCP requires that transfer PTs complete two training cases while at NCP.** Each training case must accrue a minimum of 50 Supervision Hours. Overall, the student's training cases must represent more than one gender, and one case must be an adult case. A prior training case at another institute must also accrue a minimum of 50 Supervision Hours. Like any other Candidate at NCP, a transfer student must have accumulated 200 Supervision Hours for graduation, with all Supervisors approved by NCP.

Because of this extra review, the admissions process will take extra time for transfer Trainees, and such applications are due by **April 1** for consideration for the fall of the same year.

Applicants wishing to be dually enrolled in the Child & Adolescent Psychoanalytic Training program can apply after completing one year in the Adult program or later in their training, or after graduating from APT. Please note: NCP does not evaluate nor accept credit by means of challenge examinations, achievement tests, or experiential learning at this time.