

Adult Psychoanalytic Training Program (APT) Frequently Asked Questions

Thank you for your interest in the New Center for Psychoanalysis (NCP). We understand that choosing to pursue psychoanalytic training is a significant and personal decision, and we're honored that you're considering this path with us.

This FAQ outlines the key requirements and structure of our Adult Psychoanalytic Training Program (APT). We're here to support your exploration and look forward to hearing from you.

What are the requirements for admission to the New Center for Psychoanalysis's (NCP) Adult Psychoanalytic Training Program (APT), and what is the process for all applicants?

Applications are welcome at any time throughout the year. However, international applicants who may require additional credentialing services or language proficiency tests are encouraged to apply by April 17 to allow for timely evaluation. To be considered for enrollment in the 2026-2027 academic year, early decision and international applicants whose applications do not need extra time should apply by May 15, 2026. The final deadline is June 12, 2026, for all applicants.

All applications should be complete when submitted. The application packet includes a completed application form, verified academic transcripts, proof of insurance coverage and licensure, an autobiography, a case write-up, and two to three letters of reference. The autobiography should be personal; it is an opportunity for you to explain how your life experience has led you to an interest in psychoanalysis.

If an applicant's materials pass the initial review, they will also be required to participate in three interviews with NCP faculty, two personal and one clinical. All deadlines stated above ensure that applications will be reviewed for the upcoming Fall. Applications submitted after these deadlines will be considered for the following academic year.

What are the requirements for admission to NCP's Adult Psychoanalytic Training Program for applicants residing in California? All California applicants must hold a PhD, MD, PsyD, LCSW, LMFT, or LPCC, and a license to practice in California, and will be verified on the California Department of Consumer Affairs (DCA) BreZze Online Service.

What are the admissions requirements for international applicants to NCP's Adult Psychoanalytic Training Program? NCP accepts applications from international applicants as permitted by federal and state laws.¹ International applicants must hold the local equivalent of a graduate degree in a mental health field, as well as a clinical license to practice in the region where they live and work. **After matriculation, international Psychoanalysts-in-Training (PTs) must be prepared to attend classes remotely on Wednesdays. Currently, seminars are held between 7:45 a.m. and 1:00 p.m. Pacific Time. Class days and times are subject to change as the program evolves.**

¹ Potential applicants should contact NCP administration with any questions pertaining to current U.S. agencies and multilateral governing bodies that regulate international trade, business affairs and educational services.

Foreign Transcript Evaluation. Some international transcripts and degrees may need to be evaluated by a member of the National Association of Credential Evaluation Services (NACES). This ensures consistency with U.S. academic standards and supports accurate application review. Below is a sample list of NACES-approved credential evaluation services. Please note that NCP does not endorse or recommend any particular provider:

- Educational Credential Evaluators: <http://www.ece.org/>
- Educational Perspectives: <http://www.educational-perspectives.org/>
- International Consultants of Delaware: <http://www.icdel.com/>
- International Research Foundation, Inc.: <http://www.ierf.org/>
- World Education Services: <http://www.wes.org/>

Additional third-party evaluators can be found at: <https://www.naces.org>

Is NCP able to offer F-1 Visas to International Trainees? No, NCP is not authorized to issue student (F-1) visas. International trainees who enroll must be prepared to participate in the program remotely. If you have trained internationally and now reside in California, you must obtain a valid California clinical license before you matriculate into the program.

I've heard the NCP Training Program referred to as a "four-year" program; is that accurate? While the core seminar curriculum spans four years, most trainees take longer to complete the full requirements for graduation. In addition to four years of theoretical and clinical seminars, PTs must complete:

- Infant observation, typically in the first year (please contact us for current guidelines)
- The Colloquium examination (typically taken after the 4th or 5th year) or a Capstone Paper (thesis) of publishable quality
- Three supervised training cases, each requiring a minimum of 50 hours of supervision (200 hours total)
- Post-seminar courses: at least one clinical and one theoretical course taken annually until graduation
- Ongoing Training Analysis, per the Training Manual guidelines
- Given these academic, clinical, supervisory, and personal analysis requirements, most trainees take longer than four years to complete the program.

I am currently in psychoanalysis; do I have to switch to an NCP psychoanalyst if I am admitted?

Enrolled Psychoanalytic Trainees must plan on starting personal analysis by **November 1** with either an NCP Training Analyst (TA) or an NCP-Approved Training Analyst.

If you are already working with a non-NCP Training Analyst before you apply, your analyst may apply for a Waiver if they meet certain requirements (e.g. 5 years out from graduation, member of APsA- or IPA-approved Institute). All other Waiver requests must wait until you have made a good-faith effort to consult NCP's TA/SA training list. For example, if, after consulting the list, a California applicant can't find a TA who is a good fit, they may also be able to work with an NCP analyst who is not a designated Training Analyst if the analyst in question applies for a Waiver. Please email the Dean's office to request a waiver form or the Dean at Aranyef@n-c-p.org with any questions about Training Analysis and Supervision. Waiver applications should ideally be submitted when the student application is submitted, but we understand this may not be possible.

Are reading materials available in languages other than English? No, all program materials are currently available only in English. To participate in the program, trainees must be able to speak, read, and write

fluently in English and be comfortable using Pep-Web, a digital library of psychoanalytic texts and journals. (Access to Pep-Web will be provided upon enrollment.)

Can I simultaneously pursue the Child and Adolescent Psychoanalytic Training Program (CAPT) and the Adult Psychoanalytic Training Program? You can apply to the CAPT program after the first year of training. You can also begin participating in the Child and Adolescent Psychoanalytic Training Program after you have completed the requirements for the Adult Psychoanalytic Training Program. ***It is not possible to graduate from the Child Program without graduating first or simultaneously from the Adult Program.***

Do I qualify for professional memberships as a Psychoanalyst-in-Training at NCP? Yes. Once enrolled, you will become an Associate Member of the New Center for Psychoanalysis (NCP). You will also be registered as a Psychoanalyst-in-Training member of the American Psychoanalytic Association (APsA) and automatically enrolled as a member of the International Psychoanalytic Student Organization (IPSO). Both memberships provide reduced fees for ApsA, IPA, and IPSO events for the duration of your training. APsA membership is required throughout the program. These memberships provide access to professional networks and conferences, which NCP strongly encourages you to attend.

Upon graduation, you'll be eligible for full membership at NCP. You may also apply to join the NCP Faculty. Acceptance into the IPA after graduation is determined by current IPA policies. Please note that ***the IPA now requires at least 51% of your Training Analysis to be conducted in person. Graduates who do not meet this requirement or who begin remote Training Analyses after June 1, 2023, may not qualify at this time to become members of the IPA after graduation.*** IPA requirements are in flux while negotiations continue between APsA and IPA regarding in-person requirements. NCP will be seeking the most favorable possible outcome for our online students.

Can I transfer to NCP from another institute? We accept transfer applications. Contact the Dean's office for details.

Do you offer a PsyD or PhD? NCP does not currently offer a PsyD or PhD, but we are exploring options to expand our academic offerings in the future.

Do you offer training to academics? While NCP is not currently reviewing applicants for the Research Analyst (RP) program, we are actively exploring ways to expand academic training opportunities in the future. If you're an academic interested in psychoanalytic study, we encourage you to reach out. Please email ncpadmissions@n-c-p.org to express your interest and receive updates about future offerings.

Is the APT program offered online? NCP's seminars are currently combined (live and via Zoom), with a mix of local and non-local trainees attending classes in-person or online.

What are the approximate costs of psychoanalytic training? NCP's tuition is considered low to moderate compared to other U.S. psychoanalytic institutes. However, the most significant expenses are typically for personal analysis and supervision.

- Training Analysts and Supervising Analysts set their own fees, and trainees negotiate with them directly.
- Training Analysis may range from \$100–\$150 per session, but many Training Analysts charge more.
- Supervision fees are determined directly by the Supervising Analyst.
- California-based trainees are required to take on a low-fee clinic case. For these cases, supervision is provided at no cost, and the patient's fee is paid to the trainee, who then remits it to NCP once the case begins.

Applicants should carefully consider the combined costs of tuition, analysis, and supervision when planning for training. While NCP does not offer or facilitate loans, once accepted, trainees may apply for a need-based private scholarship to help cover part of the tuition when funding is available. U.S. applicants should also be aware that some training-related costs, including analysis, may be tax-deductible as educational or medical expenses. Please consult a tax professional for details.

Nondiscrimination Policy. NCP does not discriminate based on age, race, color, gender expression, marital status, religion, sexual orientation, or national and ethnic origin in the administration of its educational, admissions, or scholarship programs. In accordance with California and federal law, NCP also maintains a nondiscrimination policy for individuals with disabilities who are otherwise qualified for training.

We welcome all who are committed to the study of the mind and to the deep, transformative work of psychoanalysis.

Email the Dean's Office % CherylD@n-c-p.org for more information on attendance and in-person analytic work requirements, or for details about transferring from another institute.

To request or submit your application, please email us at ncpadmissions@n-c-p.org.

We look forward to hearing from you and supporting your journey into psychoanalytic training!

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