

Child and Adolescent Psychoanalytic Psychotherapy Program

The Child and Adolescent Psychoanalytic Psychotherapy Program (CAPP) follows a child's development from birth through adolescence, examining and building on the internal and external challenges inherent in the experience of the child. Students become more knowledgeable and effective in treating complex intrapsychic, interpersonal, and behavioral issues utilizing evidence-based treatment approaches. Additionally, the program addresses the importance of initiating and maintaining alliances with parents during the treatment process. Our focus is on fostering an understanding of the variety of constellations that compose the "parental couple" today (LGBTQ+, adoptive, divorced, immigrant, single parent).

Our courses include readings from classical and contemporary theorists and psychoanalytic journals. Clinical examples demonstrate the application of psychoanalytic concepts and developmental theories presented in class.

NCP offers many events, lectures, and guest speaker programs at a discount to our students.

TUITION AND FEES

Annual Application Fee: \$100

Annual Administration Fee: \$100

Tuition: \$2,400 for 2024-2025

"The CAPP course has added a richness to how I experience my patients. Through NCP, I have met some wonderful colleagues, collaborators, and friends and I feel energized and inspired by all the amazing work that is being done."

- Manal Khan, MD - CAPP Alum

FIRST YEAR :

Focuses on theory and human development:

- Infancy: Relationship Between Infant and Caregiver
- An Overview of Child Therapy
- Theory & Technique of Play, and Countertransference Implications
- 3-6: Psychosexual Development
- Latency/Middle Years
- Failures in Attachment/Trauma

SECOND YEAR :

- Creating a Psychoanalytic Mind
- Early Adolescence Through Emerging Adulthood
- Psychoanalytic Developmental Theory
- Identity Formation, Gender Identity, LGBTQ+
- Body Dysmorphia, Eating Disorders, Substance Abuse, Aspergers Disorder
- Anxiety, Depression, Aggressive Behavior, ADHD
- Forming an Alliance with Parents: Adoptive, Divorced, Immigrant, and Single parents

Classes meet in person and if needed via Zoom

Tuesday mornings
September to May
8:30 am - 11:30 am

Space is limited

Early applications are encouraged

NCP Admissions
ncpadmissions@n-c-p.org

Michael Mikael, Administrator
michaelm@n-c-p.org

For Applications and
Further information

Please visit our website

n-c-p.org

NCP does not discriminate on the basis of age, race, color, gender/gender identification, marital status, religion, sexual orientation, or national and ethnic origin in the administration of its educational policies, admissions policies, and scholarship programs. In accordance with California and federal law, NCP has a policy of nondiscrimination for persons with disabilities who are otherwise qualified for training.